



## MESABA'S SPORTS TEAMS ARE ON THE BALL!

### Women's Bowling Team

The 1991-92 Mesaba Women's Bowling Team are the team to beat! This year bowling was held at Wells Fargo Lanes in So. St. Paul, MN. The season is split into two halves in which any team can make it into the "Roll Offs" at the end of the season. At the end of the second half, Mesaba's women had to bowl against the number 2 team to take the championship - and won by 3 pins! With Mesaba's Women Bowlers winning both halves, this left no room to doubt who was #1! Dawn Wheeler received recognition for being the "Most Improved Player" of the year, and the whole team received patches, pins, and a miniature trophy of the Championship Trophy. The Championship Trophy stands in the Awards Showcase in the General Office's front lobby. The team has proven to be winners all

season by bowling high games and winning various prizes along the way. This league is considered a "fun league" - it doesn't matter how good or poorly you bowl. If anyone is interested in joining the Mesaba Women's Bowling Team, give Joleen a call at extension 380 in the G.O. They promise to have a great time.

Pictured at left are (top row) Bonnie Gerikovskiy, Char Roden, Dawn Wheeler (bottom row) Stacy VamPykeren, Capt. Joleen Sobaski, Pam Fonteyn

### Men's Softball Team

The Mesaba Men's Softball Team consists of 24 MSP Mechanics and 4 Parts Personnel. With 28 people on the team they were expecting it to be tough having two teams show up for one game and playing for the same side, but the Monday night time - coupled with summer vacations, work related schooling, and Dash 8 projects - had the team playing with 10-13 players a week which is about right. The teams record is 3-7 with 2 games to go in the season - not bad for the teams first year together and the fact that this is primarily for fun. Next year the team may play at Lake Nokomis rather than Bossen where they played this year, and the possibility of forming two teams so people get more

playing time is a consideration. If you're interested in playing next season, contact Wade Slagle at the MSP General Offices. Both Teams would like to take this opportunity to thank Mesaba for helping sponsor them - they had a lot of fun!

Pictured below (back row l-r): Mark Reede, Tony Shaaf, Roger Lien, Dean Zimmel, Mark Fode, Tom Garfield; (front row l-r): Dean Baumgartner, Scott lange, Mark Miller, Dave Moser, Jeff Neuman, Duane Franklund; Center: Coach Wade Slagle. Not pictured are Dan Trampush, Eric Roland, Mike Walter, Steve Behm, Chuck Worum, Mark Neuman, Pat McDowell, Steve Manseth, Rob Dufresne, Jim Swanson, Jim Thonet, Dave Pankratz, Derrek Peron, Ron Dahl and Mark Shoemaker.



# EMPLOYEE BENEFIT INFORMATION

## NORTHWEST TRAVEL MADE EASY

Employees, their spouses and eligible dependent children may now purchase NWA passes at airport ticket counters rather than submitting applications to the pass bureau.

Special forms for NWA travel were co-mailed in mid-June to airports as well as the pass bureau. Requests for business travel on NWA still must go through the pass bureau.

Employees may turn in the forms to any NWA ticket counter. A letter accompanying the forms explains the procedure for obtaining NWA passes at those airports.

The forms are good for travel on NWA only. These passes are not valid on airlin partners.

### Procedures For Requesting Personal Passes On Northwest

#### Eligibility

Active employees with 6 months of service, their spouse and unmarried dependent children through the age of 20 years (not yet reached age 21). Parents of XJ employees are NOT eligible for passes on NWA.

### How To Obtain A Pass

Complete the new application form (print all information), sign the form and present to any NWA ticket counter with valid Mesaba Identification badge. Payment must be included with pass request. **NOTE:** You are allowed to obtain passes for yourself and immediate family members only. You cannot pick-up a pass for a fellow employee nor can a family member pick-up a pass without the employee being present.

### Form Of Payment

Employee personal check or money order for exact amount of pass. Credit cards and cash not accepted.

### Validity Of Pass

Passes are valid for 6 months from date of issue. Passes may not be refunded, extended, reissues or transferred. Passes are for pleasure travel only and within the 48 contiguous states, Alaska and Canada.

**NOTE:** Service charges may change without notice. If you purchase a First Class pass and have to ride in coach due to the First Class section being full, you are NOT entitled to a refund for the difference.

**ALL BUSINESS, INTERNATIONAL, HAWAII, MEXICO AND CARIBBEAN PASSES MUST BE REQUESTED THROUGH THE MSP PASS BUREAU.**

### Service Charges (round trip)

Domestic 48 States	\$30.00Y	\$60.00F	
Canada - YWG/YUL/YYZ	35.00Y	65.00F	
Canada - YEG	38.00Y	68.00F	
Alaska	36.00Y	66.00F	
Caribbean/Mexico	80.00Y	50.00F	
Hawaii	76.00Y	146.00F	
Europe/Orient/Australia	135.00Y	165.00C	255.00F

# ABOVE AND BEYOND

**APRIL 3, 1992**

Since the first part of December, I have been a regular traveler between the airports in Moline, Illinois and Minneapolis/St. Paul on Mesaba Airlines.

I have been very impressed by the service of Ms. JoAnn Taylor. She takes a real interest in the passengers on the flights I have taken where she is the Flight Attendant (3 different times). She has made a very good impression on me, in fact, a passenger would almost think they were in first class judging by the service she renders to the passengers.

Len Novak

**APRIL 8, 1992**

Yesterday, two business associates and I traveled on your flight #3389 from Lexington to Detroit. Thanks to the excellent service provided by your flight attendant Candi Angott, it was the most enjoyable flight I can recall in many years of flying.

My associates and I would like to express our extreme satisfaction with Candi's performance. She was very personable, cheerful, attentive, friendly and provided excellent service. Quite frankly, she made our day!

On behalf of my associates and I, congratulations on your excellent employee selection and the quality of service provided by Candi Angott.

Ronald Hoffman  
Group Controller

**APRIL 6, 1992**

Thank you! Thank you! Thank you! A year ago, February 26th, we were issued FREE Tickets at the MSP airport for giving up our seats on an overbooked flight. In Dec., we went to a Travel Agency in Watertown to handle our tickets...using our FREE tickets for Orlando in Feb. and BUYING tickets for Phoenix in March. A week before leaving for Orlando, we went to the Travel Agency to confirm everything, and to make a long story short, the Travel Agency said we had our FREE tickets, and we know that we left everything with them in December. It was basically, sorry-nothing we can do.

We knew it said on the tickets..if lost, they would not be reissued. However, we called Northwest in Watertown. We called Neal Bratland at Northwest in Minneapolis because he was the one who issued our FREE tickets in Feb. A special thanks goes out to Neal for all the time he spent in finding our number on those tickets. The computer showed that our ticket numbers had not been used of that date. We called Customer Relations....that lady was GREAT!!! We told her what Neal had shared with us. And she said she would do everything she could to help us. In a couple of hours, she had it all worked out. This was a very important business trip, as well as a vacation....and everyone believed in us! Everyone working for Northwest was fantastic...Thanks for everything! You'll never know how much it meant to us.

We plan on doing a lot of traveling, and we'll be flying Northwest and remembering how you helped us.

Jim & Beth Thoreson Watertown, SD

**JUNE 12, 1992**

I would be most remiss if I did not write and express my appreciation for a tremendous job done by your staff at the Hamilton airport. On June 11th I flew on flight 3084 from Detroit to Hamilton and one of my bags was lost. the error was with American Airlines, in that they tagged the bag incorrectly from Little Rock to Detroit. However, Carolyn Jameson and several of her staff went well out of their way to retrieve it. Today was my wedding anniversary and my wife's gift was in the bag and I firmly believe they were going to find that bag come hell or high water. They did and I can't say more about their attention to a customer's need.

Your parent ailine, Northwest, has stated 1992 was to be a year of customer service. They could learn a lot if they visited your Hamilton airport office.

Thanks Again.  
W.J. Kimball President BTL  
Specialty Resins Corp.

# ABOVE AND BEYOND

## SAY SOMETHING POSITIVE

### How Self-Talk Affects Your Attitude

Most people carry on a silent conversation with themselves during much of the day. This "self-talk" has a direct effect on your thoughts and behaviors. Understanding self-talk, and its effects on you, can help you learn to rewrite your own self-talk "script" and maintain a positive mental attitude.

### Positive Or Negative?

You've probably heard the term "self fulfilling prophecy." Self-talk is very much like a self fulfilling prophecy— something you can think about so much you can actually make it happen. When your self-talk is positive - "Things will work out," "I know I can do the job" - you are giving yourself permission to succeed, and chances are, you will. When your self-talk is negative - "I know I'll have a terrible time," "I'm not good enough to be a supervisor" - you're giving up on yourself and chances are you won't even try to succeed. Often your self-talk reflects the values and behaviors you learned as a child, and the self-esteem you now have as an adult.

### Thoughts And Behaviors

Self-talk can direct your thoughts and behaviors. If you think, "I know I can do the job," you'll be more willing to apply. During the interview, you'll be more likely to exhibit confidence

in yourself and your abilities, and have a better chance at success. But if you say to yourself, "I'll never get hired for that position," you may not even apply, guaranteeing that you won't get the job.

### Physical And Mental Effects

Negative self-talk can increase your distress, and can make effects such as headaches or stomach pain much worse. It can also encourage you to behave in self-destructive ways which further distress your body. ("No one cares, so why shouldn't I have another drink?") Fortunately, positive self-talk can have the opposite effect, leading to a confident, positive attitude.

### Rewrite Your Script

Learn to listen to your own self-talk. One good way is to use pencil and paper to note your automatic responses to an idea. Draw three columns on the sheet. In the first column, write several things you would like to happen. "I'd like to try for a promotion."

"I'd like a new car." Then close your eyes and listen to how you react to each item. Write your self-talk in the second column. (Example: "Me, a manager? Forget it." "I shouldn't have any trouble getting a loan.") In the third column, write down a thought which is the opposite of the one in column two. Now look at your list. If column two is more positive than column three, you're already on your way to thinking positively. If column two is more negative, look at column three for a more helpful, healthier response. Practice choosing positive self-talk. You'll feel happier and more confident.

This information has been brought to you by T.E.A.M., Mesaba's 24 hour confidential counseling and referral service - provided to all employees and their family members at no cost. T.E.A.M.'s phone number is 612-642-0182 or 800-634- 7710.

## TRANSFERRING OR MOVING?

Employee's of Mesaba Airlines can receive up to a **45% discount** on interstate moves. All inquiries should be directed to Bob Kane at the Mohawk Agency of United Van Lines, (612-784-1000 or 800-328-2995). Moves can be coordinated through this agency regardless of the origin.

# EMPLOYEE INFORMATION

Welcome Aboard and Good Luck to the following employees who were hired in . . .

## . . . April, 1992

Beth Fox . . . . . CSA BJI  
Kathleen Kehoe . . . . . CSA GPZ

## . . . May, 1992

Michael Seavitt . . . . . CSA DTW  
Steven Karkkainen . . . . . Maint. DTW  
Linda Sims . . . . . CSA DTW  
Jennifer Krupinski . . . . . CSA DTW  
Brian Wright . . . . . CSA DTW  
John Clextion . . . . . CSA DTW  
Brian Lause . . . . . CSA DTW  
Daniel Fox . . . . . CSA DTW  
Bonnie Kaiser . . . . . CSA DTW  
David Wolstencroft . . . . . CSA DTW  
Charles Gray . . . . . Stock Clerk DTW  
Donna Allen . . . . . CSA BGM  
Barb Ellenbecker . . . . . Pilot DTW  
Terry Westphal . . . . . Pilot DTW  
Michael Teitlebaum . . . . . Pilot DTW  
Thomas Gordon . . . . . Pilot DTW  
Robert Nischwitz . . . . . Pilot DTW  
Todd Purfeerst . . . . . Pilot DTW  
Curtis Nelson . . . . . Pilot DTW  
Roy Jones . . . . . Pilot DTW  
Eric Hollander . . . . . Pilot DTW  
Randall Zeafla . . . . . Pilot DTW  
Eric Czajka . . . . . CSA PLN  
Steve Bolla . . . . . CSA DTW  
Tonia McCoy . . . . . CSA BGM  
Steven Bilkey . . . . . CSA MQT  
Kenneth Sabo . . . . . Maint. MSP  
Shane Rust . . . . . Maint. MSP  
Glenn Gunn . . . . . Maint. MSP  
Tim Daubler . . . . . Maint. MSP  
David Sanborg . . . . . Stock Clerk MSP  
Daryl Boyer . . . . . CSA BRD  
Brad Rohlf's . . . . . CSA BRD  
Mark Blau . . . . . CSA MSP  
Janice Shattuck . . . . . Shuttle Driver MSP  
Peggy Anderson . . . . . Personnel Clerk MSP

## . . . June, 1992

Hillard Anderson . . . . . CSA DTW  
Sharon Richardson . . . . . CSA DTW  
Kelly Burke . . . . . CSA DTW  
Michael Owens . . . . . CSA DTW  
Carl Beardsley . . . . . CSA BGM  
John Chorkey . . . . . CSA DTW  
Rebecca Jewell . . . . . CSA MQT  
Jennifer Murray . . . . . CSA DTW  
Dean Olson . . . . . Avionics DTW  
Denise Griffith . . . . . CSA PIR  
Mike Barnes . . . . . CSA TVF  
Rick Haskins . . . . . CSA MSP  
Kippy Stuhr . . . . . F.A. MSP  
Cynthia Frerichs . . . . . F.A. MSP  
Veronica Perry . . . . . F.A. MSP  
Mary Joe Lasswell . . . . . F.A. DTW  
Judith Zgol . . . . . F.A. DTW  
Timothy Griffin . . . . . CSA DTW  
Joseph Nolden . . . . . Pilot DTW  
Theresa Riddle . . . . . CSA DTW  
Timothy Young . . . . . Pilot DTW  
Debra Sarazin . . . . . CSA DTW  
Rebecca Jarvis . . . . . CSA HTS  
Bonnie Shephard . . . . . F.A. DTW  
Chris Azzone . . . . . Pilot DTW  
Evelyn Willey . . . . . CSA PLN  
Michael Noess . . . . . Pilot DTW  
Anthony Hilla . . . . . Pilot DTW  
Lisa Wright . . . . . CSA DTW  
Dianna Adams . . . . . CSA LEX  
Oscar Espejo . . . . . Pilot DTW  
Bonnie Grenier . . . . . F.A. DTW  
William Blizzard . . . . . CSA HTS  
Patricia Glinz . . . . . F.A. DTW  
Gregory Francis . . . . . Pilot DTW  
Devaree McCartney . . . . . F.A. DTW  
Charles Mason . . . . . Pilot DTW  
Christi Albright . . . . . CSA HTS  
James Drieman . . . . . Pilot DTW  
Timothy Goins . . . . . F.A. DTW  
Timothy Hughes . . . . . Pilot DTW  
Brett Simmons . . . . . CSA HTS  
Amy Fowler . . . . . F.A. DTW  
Mark Andrew . . . . . CSA DTW

Jennifer Wild . . . . . F.A. DTW  
Paula Kwiatkowski . . . . . CSA PLN  
Earcella Henderson . . . . . F.A. DTW  
Valerie Perrone . . . . . CSA DTW  
Kelly Ryononen . . . . . F.A. DTW  
Cindy McCarthy . . . . . CSA YXU  
Ann Douglas . . . . . CSA DTW  
Franklin White . . . . . F.A. DTW  
Mark Brewer . . . . . CSA HTS  
Janie Billups . . . . . CSA HTS  
Kerri Keesee . . . . . CSA HTS  
Amy Alfonso . . . . . CSA CWA  
Beth Abair . . . . . CSA DTW  
Tessa McDermott . . . . . CSA DTW  
Cynthia Baxter . . . . . CSA DTW  
Elizabeth Reid . . . . . CSA HTS  
Robert Putanzu . . . . . CSA DTW  
John Phelps . . . . . A & P Mech.  
Jeffrey Waterbury . . . . . A & P Mech.  
Robert Cox . . . . . CSA DTW  
Christopher Kurzuniec . . . . . A & P Mech.  
Thomas Schnaubelt . . . . . A & P Mech.  
Kathy Mollenauer . . . . . CSA YNG  
Carla Madison . . . . . CSA MSP  
Craig Janey . . . . . Computer Operator MSP  
Brad Rohlf's . . . . . CSA BRD  
Carol Rydell . . . . . CSA ROA  
Connie Johnson . . . . . CSA DTW  
Scott Weatherby . . . . . CSA BGM  
Mary Beth Gregory . . . . . CSA CRW  
Jerrell Samples . . . . . CSA CRW  
Michael Ward . . . . . CSA DTW  
Jeffrey Baillargeon . . . . . CSA PLN  
Diane Schneeloch . . . . . CSA ROA  
Timothy Callahan . . . . . CSA ROA  
Carole Yerman . . . . . CSA DTW  
Reginald Stevens . . . . . CSA ROA  
Charles Mitchell . . . . . CSA DTW  
Gloria Ferguson . . . . . CSA ROA  
Craig Chapman . . . . . CSA YXU  
Barbara Webb . . . . . CSA PLN

ooooooooooooops! We missed someone in March:

Brian Senior . . . . . CSA YNG

## CONGRATULATIONS TO:

- Brad and Kelly Barker on the birth of their daughter Rachael.
- Duane Frankland on his marriage to Rachel.
- Steve Hanifl on his marriage to Vicky.
- Brian Teske on his marriage to Vildan.
- Rodney Vigstol and his wife on the birth of their daughter Sarah.
- Bill Wallace on his marriage to Kathleen.
- Scott Wilkinson on his marriage to Leah.
- Jonnee Bauer and her husband on the birth of their daughter Michelle.
- Jerry Carlisle and his wife on the birth of their son Isaiah.
- Tina Carlson (Baross) on her marriage to Darryl.
- Alan Lowman and his wife on the birth of their daughter Alannah.
- Karla Waldenstrom (Strand) on her marriage to Tim.
- Leah Considine and her husband on the birth of their son Joshua.
- Jeff Betzler on his marriage to Terry Ann.
- David Dufour and his wife on the birth of their son Joseph.
- Greg Johnson on his marriage to Kelly.
- Steve Lang on his marriage to Angela.
- Jeff Shoemaker on his marriage to Kelly.
- Joe Restifo and Stephanie (Wilson) on their marriage.
- Pam McCray and her husband on the birth of their daughter Brittany.

## CREDIT UNION NEWS

Refinancing mortgages has been a hot topic in real estate circles these days, as interest rates have dropped to levels not seen in over ten years. Even so, some homeowners are still wondering if refinancing is right for them.

The common rule of thumb is that refinancing pays if you can obtain an interest rate that is 1.5% to 2% less than the rate you are currently paying. However, if you plan on staying in your home for another ten years or more, you might want to consider an interest rate spread of less than 1.5% simply because you have a longer time frame in which to recoup your savings.

Another option in refinancing would be to switch from a 30 year term to a 15 year term to save on long-term interest payments. Many people do this today to have their home paid off by retirement or in time for their child's entry to college.

For more details on refinancing, call the credit union serving your division.

**Western:** TCU at 612-636-9852  
or toll-free at 1-800-331-8244.

**Eastern:** USFCU at  
313-942-4711.

**THE MOST CONVENIENT CARSEAT IS ALSO THE SAFEST**

**\* SAFETY INFORMATION**

-The Sit'n'Stroll 2-in-1 Carseat/Stroller is Federally certified and FAA approved to 32 lbs as a carseat (45 lbs as a stroller). This makes it the highest weight-rated rear-facing carseat on the USA market. Quite simply, a parent may keep a child rear-facing in a Sit'n'Stroll longer than in any other carseat made in the United States.

-American and European Pediatric journals have reported many instances of severe neck injury causing paralysis sustained by children properly secured in forward-facing carseats. Their conclusion is almost universal that children should be kept rear-facing *AS LONG AS POSSIBLE*.

-According to United Nations statistics, of all the industrialized nations, the USA has the 2nd highest rate of death among children under-6 due to traffic accidents. Only France has a higher mortality rate.

-Sweden had the lowest mortality rate. This is attributed to the fact that ALL children ride in REAR-FACING carseats through age 4. "During the more than 20 years these seats have existed three children have died in rearward facing seats. In one of those cases there was a severe fire that killed the child and the other two cases were side impacts directly into the child seats." Most importantly, there has not been a death in a rear-facing carseat in Sweden since 1979. There have also been a number of severe collisions where rearward facing child seats were involved and in several cases the child has been the only survivor in the car. (Swedish Road and Traffic Research Institute - 1990)

-A child properly secured in a certified carseat has a better chance of survival in a severe crash than an adult using both an airbag and a shoulder harness.

-Traffic accidents are the #1 killer and cause of injury for children under 4 in the United States. Many of these deaths could be prevented if Children were properly secured in their carseats.

-NHTSA (The National Highway Traffic Safety Administration) estimates that roughly half of all carseats in the United States are used improperly, and Safety-BeltSafe, a national nonprofit organization that promotes the use of seatbelts and child restraints says their studies show up to 90% of carseats are used improperly.

-In 1990, according to the National Electronic Injury Surveillance System, 13,967 babies were injured so badly in stroller-related accidents that they required emergency room attention.

-Because it is also a carseat, the Sit'n'Stroll is the only stroller with a crash tested stroller safety restraint. It is also much more likely to be used properly since the child needs to be buckled only once into the unit even on a multi-stop car trip.

**THE SAFEST CARSEAT IS ALSO THE MOST CONVENIENT**

**\* CONVENIENCE OF THE SIT'N'STROLL**

-The Sit'n'Stroll works in harmony with the way a parent really travels with their baby. For a parent to go out, it is quite difficult to dress the baby, pack the diaper bag and plan around naps and feedings. Hence, parents tend to run all of their errands at once. (Groceries, hardware, dry cleaners, movie rental, visiting) To use a conventional stroller is impractical, since a multi-stop trip requires several times to the trunk, setting up the stroller and moving the child back and forth from carseat to stroller. Because the Sit'n'Stroll is an integrated compact unit, the child need not be removed when converting between carseat and stroller.

-The Sit'n'Stroll is nice because you always have both a carseat and a stroller at all times. Perfect for unexpected stops and for daycare situations, when you need to drop off the child.

-For airline travel, it is a dream come true, since it can be wheeled right onto the airplane and strapped into a seat or placed in an overhead bin. Just reverse the process on the way to the rental car!

-The Sit'n'Stroll is ideal for urban dwellers who must travel by subway, bus and cab. The child is safer traveling in a crash-tested carseat, but the convenience of a stroller is still available.

-Our unique trademarked *FLEX-STEER* handle design makes the Sit'n'Stroll the most maneuverable stroller in its class. In the past, stroller handles were stiff and rigid to allow you to muscle your child in the direction you wanted to go. The Sit'n'Stroll handle causes the entire shell to flex - similar to the way a skateboard or bicycle leans into a turn. The result, is a stroller that is unbelievably easy to steer - even with one hand!

-Since the Sit'n'Stroll is the highest weight-rated rear-facing carseat on the market, it can be used longer than any other infant style safety restraint. Medical growth charts show the 50th percentile female hitting 25 lbs. at 21 months and the 50th percentile male hitting 25 lbs at almost 18 months.

-The Sit'n'Stroll saves space in today's smaller cars.

-The Sit'n'Stroll works great as a booster seat in a restaurant or at the movies.

-With the wheels stowed, but the handle up, the Sit'n'Stroll can be used as a floor rocker.

-Of course all of this is backed by Safeline's unique 30 day money back 100% satisfaction guarantee.

Think of it as a car seat...  
with landing gear.



Sleek, lightweight, secure. The ultimate in traveling convenience. No parts to add, no gears to turn. In one simple motion, the Sit'n'Stroll wheels lock into place, and faster than you can say "groceries, hardware, movie rental, scouts", you've changed forever how you travel with your baby. Made with aircraft alloy aluminum, space-age plastic and a soft cover that comes off in a snap for washing, the Sit'n'Stroll is perfect for parents on the go. Since it's a carseat tested to meet all applicable federal safety standards for car and aircraft travel, you can count on it being one of the safest strollers on the road. And when we designed it, we didn't forget about comfort and style. With our plush, double-padded fabric, rest assured your baby will always travel first class.



The Next Generation in Baby Transportation™  
**Sit'n'Stroll™**  
The 2-in-1 Carseat/Stroller™  
U.S. & foreign patent pending

Certified to meet FMVSS 213 for infants to 25 pounds. Stroller certified to 45 pounds.

Made in the USA

**SAFELINE'S 100% SATISFACTION GUARANTEE**

Try our Sit'n'Stroll for 30 days. With a little practice, it's the happiest, most comfortable way to travel with your baby. Whether you're going across town or across the Atlantic, you will find *no other product* that provides the ease and convenience of Sit'n'Stroll. You have our guarantee. If you are not satisfied for *any reason*, then return it within 30 days for a full refund. We want you to be completely pleased.

From our family to yours,

*Annette Tillmann-Dick*  
Annette Tillmann-Dick  
(Originator of the Sit'n'Stroll and mother of nine)

For more information  
on the Safeline Children's  
"Sit'n'Stroll" Call  
1-800-829-1625 or you  
may contact Sammi Moe  
at 313-851-9106.

# **EMPLOYEE BENEFIT INFORMATION**

## **BENEFIT ENHANCEMENT TO INCLUDE PART-TIME EMPLOYEES**

You have a unique opportunity. You can purchase automobile and homeowners insurance through METPAY—a program offered by Metropolitan Property and Casualty Insurance Company.

What Makes MEYPAY different?

- Special rates for employees!
- Direct bill or opt to go directly through your checking account.

- Friendly, professional service from a Metropolitan Property and Casualty Insurance Consultant.

Get the scoop on METPAY. Call 1-800-GET-MET1. They are open Monday through Saturday, with evening hours during the week. You'll receive a no-obligation insurance review from a courteous METPAY Insurance Consultant.

Find out the good news about METPAY. Call today!

**Suggestions, comments  
or ideas for the  
Newsletter?**

**Call Molly Bergren  
MSP/GO—EXT 112**

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