

A monthly publication produced  
especially for employees and  
friends of Mesaba Aviation, Inc.

November, 1992 Issue  
Volume 5, No. 6

## Welcome LAFAYETTE, IN & BLOOMINGTON, IL To Mesaba's Growing Route System

*September 9th and 15th brought on more new stations for Mesaba. On the 9th LAF opened with flying colors and on the 15th BMI followed suite.*

### Lafayette, IN . . .

To commemorate its inaugural flight from Lafayette to Detroit, Mesaba held a ribbon cutting ceremony at the Purdue Airport. The ceremony was held in association with airport, civic and Purdue University officials.

The ceremony had a special twist as both the Captain and First Officer were both Purdue University graduates. Capt. Jay Reed and F.O. Craig Daniels graduated from the Purdue aviation program in 1989 and 1990, respectively.

It was a great tie-in with our inaugural service. Mesaba received a great deal of media coverage with the event and thank Jay and Craig for their extra efforts. A special thanks to Debbie LaFave (DTW Flt Ops) for producing the idea and helping organize the event.



### And Bloomington, IL . . .

A special thanks goes out to Tom Reede (BRD) and Pat Burke (ABR) on their help in getting BMI off and running.

Pictured above from left to right are BMI staff: Jodi Warrick, Shiela Hollander (CSM), Lisa Deehake, and Lisa Leake

Pictured below in the background are Tom (left) and Pat (right) with the rest of the BMI team.





# EMPLOYEE BENEFIT INFORMATION

## DIRECT DEPOSIT:

The Shortest Distance Between You and Your Paycheck!

Only 17% of all U.S. workers and about 50% of retirees have their paychecks directly deposited to their savings or checking accounts. By contrast, 92% to 99% of all Japanese, German, and Scandinavian employees have their companies directly deposit their paychecks.

Direct Deposit gives you faster access to your funds and is safer, too. If you're not taking advantage of it, Direct Deposit is a free service from TCU and USFCU that's worth checking into.

### It's Simple

Direct Deposit enables a payer to send your check directly to the Credit Union, where the funds are deposited into accounts that you specify. It's available to any member who has an account with us and whose employer participates in the program. By making simple arrangements, your checks can safely and conveniently be deposited into your account.

### Important Benefits

By setting up Direct Deposit, you'll enjoy the following important benefits:

- **Increased Interest Earnings:** You could gain extra interest on your funds by using Direct Deposit. Unlike checks

that are mailed or carried in, Direct Deposit checks are electronically credited to your account on the date of payment, so you can begin earning interest that same day.

- **Safety:** More than four million paper paychecks are lost or stolen each year. In fact, theft of mailed Social Security checks is the largest crime against the aged. On the other hand, the Social Security Administration reports that not one Direct Deposit has ever been lost. Misplacing or losing your check is impossible when your funds are electronically transmitted to your account.
- **Freedom to Travel:** Direct Deposit allows you the freedom to travel, confident that your check will be deposited even when you're not there to do it. They won't sit unprotected in your mailbox.
- **Convenience:** You no longer have to make special trips or

wait in line on payday to deposit your check. You may also save on time and gasoline!

- **Insurance Protection:** Your Direct Deposit funds are insured up to \$100,000 by the national Credit Union Share Insurance Fund, as are all other funds on deposit with the Credit Union.
- **Ease of Verification:** Verification of a deposit is as simple as making a phone call. If you are concerned as to whether a check has been deposited or not all you need to do is call 612 636- 9903 (TCU) or 313 942-4711 (US Federal Credit Union)

Banking with Direct Deposit is faster, easier, and most importantly, safer than traditional methods. It's our way of adding security to your paycheck and other regular deposits.

If you'd like to set up Direct Deposit of your paycheck, stop by Personnel in either MSP or

## TRANSFERRING OR MOVING?

Employee's of Mesaba Airlines can receive up to a **45% discount** on interstate moves. All inquiries should be directed to Bob Kane at the Mohawk Agency of United Van Lines, (612-784-1000 or 800-328-2995). Moves can be coordinated through this agency regardless of the origin.



# ABOVE AND BEYOND

## Flint Helps Contribute 40,000 Lbs. To Hurricane Andrew Relief Fund

On September 3, 1992 a collection drive was held by Mesaba Airlines (FNT), Northwest Airlines (MSB) and radio station WHNN to aid the victims of hurricane Andrew. The drive was held from 6:00am to 8:00pm and the public was encouraged to bring needed items to both airports where Mesaba and Northwest employees would accept them. In Flint, the supplies were loaded directly on a large semi-tractor-trailer and taken to MBS where Northwest employees inventoried and shipped via a Northwest jet to Miami.

The collection was a tremendous success as over 40,000 lbs. of goods were received! This was in just a day and a half of advertising!

Thanks to all the employees in Flint for supporting the hurricane relief efforts - we can be proud of their efforts to help those in need. Special thanks to the following employees for volunteering their time and assistance with this drive:

Jeff McWain, Colleen Wilson, and Margaret Malloy for working the entire drive on their day off! Also, thanks to Gary McKenzie and Teri Bray for assisting throughout the day and then helping after their work shift at the drive site.

Congratulations go out to Flint on their success and the example of voluntinteerism they set.

Pictured below are: (back row L-R:) Jeff McWain, Gary McKenzie, Aaron Church; (middle row L-R:) Kim Brinch, Colleen Wilson, Margaret Malloy, Teri Bray, Gail Carrasco; (kneeling:) CSM Tony Shaker





# ABOVE AND BEYOND

On October 30, 1992 Bill Shepherd, Mesaba's Assistant Director of Maintenance in Detroit, received the Seven Seals Award in recognition and acknowledgment of his superior accomplishment in promoting patriotism and dedication to the public good. Bill was nominated for this special recognition by Seven Torrsell of DTW for his support of Guard and Reserve employees.

More than a million men and women serve in the Guard and Reserve in circumstances similar to those employees who work at Mesaba, and support by an employer is critical to their ability to respond to emergencies such as Hurricane Andrew and the Los Angeles riots of this past year. Unless allowed time off for training, guardspersons and reservists cannot meet the demanding readiness requirements imposed by high technology equipment and new missions. Department of Defense research shows that positive employer attitudes and personnel policies that Mesaba and Bill have displayed are critical to the guardsperson and reservist making a decision on continued service. It is contributions of this nature that serves as a strengthening factor of our nations' Guard and Reserve programs.

**Suggestions,  
comments or ideas for  
the Newsletter?**

**Call Molly Bergren  
MSP/GO-EXT 123**

## **FOR SALE:**

- Purebred Lab Puppies  
Born: Oct. 8, 1992
- \$100.00 each.
- 4 yellow puppies and 3 black puppies.
- Bred from yellow lab father and black lab mother, both purebreds and excellent hunting dogs.

If interested, please call Anne Enstad (715) 345-2317 or send message to CWA Attn: Roger Tuutle.

***When you contribute to the  
United Way, you invest in  
early childhood development,  
literacy programs, health education,  
youth development,  
prevention of drug abuse and more.  
Thank You.***



# EMPLOYEE INFORMATION

Welcome Aboard and Good luck to the following employees who were hired in . . .

## . . . August, 1992

Kimberly Ward . . . Maint. Planner/MSP  
Michael Bisbee . . . . . Groomer/DTW

## . . . and September

Carol Smith . . . . . General Clerk/MSP  
Keri Johnson . . . . . CSA/GPZ  
Carole Blaz . . . . . FA/DTW  
Patricia Wylie . . . . . FA/DTW  
Wendy Brown . . . . . FA/DTW  
Judy Mouhot . . . . . FA/DTW  
Jesse Moinicken . . . . . Avion/DTW  
Melissa Hanes . . . . . FA/DTW  
Rita Lewis . . . . . FA/DTW  
Tammy Bratton . . . . . FA/DTW  
Philip LaFrance . . . . . Stock Clerk/MSP  
Carolyn Hepola . . . . . Records Clerk/MSP

Rhonda Cussen . . . . . Acct/MSP  
Tina Stephanoff . . . . . Groomer/DTW  
George Pawlik . . . . . Pilot/DTW  
James Hough . . . . . Pilot/DTW  
Mark Beczkalo . . . . . Pilot/DTW  
John Bruer . . . . . Pilot/DTW  
Robin Sahr . . . . . Pilot/DTW  
David Roche . . . . . Pilot/DTW  
James Calveri . . . . . Pilot/DTW  
James Berg . . . . . Pilot/DTW  
Douglas Kratz . . . . . Pilot/DTW  
Kristjan Thorfinnson . . . . . Pilot/DTW  
Perry Smith . . . . . Pilot/DTW  
Erik Selstad . . . . . Pilot/DTW  
Pete Johnson . . . . . Flt Standards Sup./MSP  
Gary Wilson . . . . . Maint/DTW  
Paul Conlin . . . . . Maint/DTW  
Brian Mindeman . . . . . Maint/DTW  
Kenneth Barbee . . . . . Maint/DTW  
Edward Boettger . . . . . Maint/DTW  
James Raymo . . . . . Maint/DTW

Todd Obritsch . . . . . Maint/DTW  
Barry Wegner . . . . . Maint/DTW  
Michele Martin . . . . . CSA/DTW  
Keith Hardison . . . . . CSA/DTW  
Leslie Kirk . . . . . CSA/YNG  
Michael Golaszewski . . . . . CSS/DTW  
Wayne Sourbeck II . . . . . CSA/DTW  
Jim Jozefowicz . . . . . CSA/DTW

## . . . October, 1992

Brenda Smude . . . . . CSA/BRD  
Timothy Hoehnke . . . . . CSA/MQT  
Kim Karau . . . . . CSA/CWA  
Vicki VanDuyn . . . . . Stock Clerk/MSP  
Raelene DePorter . . . . . CSA/MLI  
Christine Lustila . . . . . CSA/DTW  
Ann Marie Neubert . . . . . CSA/DTW  
Cheri Fickenworth . . . . . CSA/ERI  
Sharon Hernandez . . . . . CSA/DTW

## Congratulations To The Following Mesaba Employees . . .

- Mark Jordan and his wife on the birth of their daughter Halston
- Judy Alvarez and her husband on the birth of their twin daughters Vivian and Constance
- Robert Biddle on his marriage to Cheryl
- Mark Copeland on his marriage to Monica
- David Currier on his marriage to Mary
- Gerald Jagerson on his marriage to Lisa
- Beth Lock and her husband on the birth of their daughter
- Laura Maaske (Schreier) on her marriage to Corey
- Pam McCray (Welsh) on her marriage to Robert
- Ralph Walker and his wife on the birth of their son Cody
- Steve Simpson and his wife on the birth of their son Scott
- George Small on his marriage to Susan
- Ron Tutor and his wife on the birth of their daughter Beth Ann
- Kim Weber (Christenson) on her marriage to Scott
- Darcy (Wetzel) and Wade Slagle on their marriage
- Kevin Wilkes and his wife on the birth of their daughter Kristin
- James Zachariason and his wife on the birth of their son Andrew
- Michael Waltzer and his wife on the birth of their son Kyle
- Jon Lajame and his wife on the birth of their daughter Haley



## FOOD TALK

### Hot Food Safety Tips

Be sure any hot foods you pack in your child's lunch box remain hot until eaten. Here are some helpful tips:

- A stainless-steel or glass-lined thermos will keep food hotter (and safer) than a plastic-lined thermos.
- Use a thermos that is only slightly larger than the amount of food or liquid to allow for minimal air space. The smaller the air space, the hotter food will keep.
- Preheat a thermos by filling with hot water and letting it stand (covered) for a minute or two. Empty and refill with hot food; cover immediately with tight-fitting lid.

### Don't Reuse That Bread Bag

Reusing plastic bread bags to store or wrap food may seem like the ecological thing to do, but it may not be safe. According to Consumer Reports News Digest, lead paint was found in 17 of 18 plastic bread packages tested by the Environmental and Occupational Health Sciences Institute. These packages represented a cross-section of national brands of bread, bagels and pita breads.

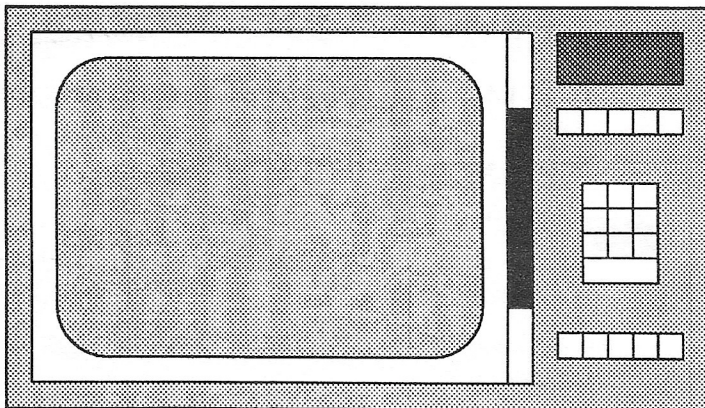
Many factors affect the amount of lead that actually gets into the food, but turning the bag inside out to store food may permit lead to rub or flake off. And tests done by Consumer Reports show that the amount of lead on the bag can be substantial, with the potential levels even higher than those now allowed in house paints.

Some companies no longer use leaded inks to print their bread bags, but for now the best advice seems to be not to reuse them.

### Microwave Container Warning

Even though a plastic container doesn't melt, that doesn't mean it's safe for microwave use. According to the U.S. Department of Agriculture, hot foods in such containers may cause chemicals to leach out of the plastic and contaminate the food. Refrain from using plastic containers in your microwave unless the label specifically states they are safe for such use. Margarine tubs, "foam" plates and single-use microwave food containers are off-limits.

The safest containers for your microwave are glass and "dual-oven" dishes for both microwave and conventional oven use. The warning also extends to plastic wrap: Choose a wrap specifically for microwave use, or keep conventional plastic wrap from contacting food.



**USE MICROWAVE-SAFE CONTAINERS FOR HEATING!**



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## Life After Cigarettes

It has been said that, if you keep away from cigarettes for three months, the worst is over. If you are smoke-free for six months, the battle is virtually won. There is always the possibility of a relapse, no matter how long you've gone without smoking, but turning your back on the cravings becomes easier with the passage of time.

### Keeping Away From Temptation

The best place to start is your own home. Throw out all your ashtrays or at least keep them out of sight. You might want to clean out your closets and clean your clothes to rid them of all tobacco odors. Air out all your rooms so they smell clean and fresh. Keep any reminders of your cigarette days out of sight.

When you are out, stay away from coffee or alcohol until you are absolutely sure you can drink them without smoking. For a while at least, do not patronize bars or other smoke-filled areas. Explain to your smoker friends what you are doing and ask them not to offer you any cigarettes. You might also ask them to refrain from smoking in your presence.

### Hone Your Techniques

Never let your behavior modification techniques get rusty. They'll be valuable for the rest of your life and you must always be able to call them into play when the urge strikes. Deep breathing can replace cigarettes

as your best friend in times of stress. Follow a regular exercise program. It doesn't matter whether you go to an exercise class or whether you exercise alone as long as you do it consistently. This will keep your mind off cigarettes and enhance your feelings of well being.

Continue to drink a lot of water and always eat a well-balanced diet.

### Appreciate Your New Health

You are going to start feeling better almost immediately. Your smoker's cough will begin to disappear. Your lungs will be cleaner. Your heart and blood pressure will improve. You'll

phone. Think of yourself as being freer than you ever have been since before you started smoking. Never even consider a return to smoking as an option in your life.

### If You Slip

It's no big deal if you slip. You aren't a failure. You've only made a mistake. It doesn't mean you are going to become a full-fledged smoker again, as long as you immediately go back to your cigarette-free life. Turn your slip into a learning experience by analyzing what caused you to smoke and deciding how to handle the situation in the future.

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***D-Day (November 19, 1992) is right around the corner. Why not take this information to Heart.***

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have more stamina and lung power and you'll be able to exert yourself for longer periods of time. Keep thinking about how much healthier you feel without cigarettes. In order to stifle the urge to smoke, compare how wonderful you feel now with how you felt before.

### Shift Your Perspective

You are a non-smoker now, so never think of yourself in terms of cigarettes. You no longer "have" to smoke when you finish a meal. You no longer "have" to smoke when you talk on the

*This information has been brought to you by TEAM. Mesaba's confidential counseling and referral service provided to our employees and family members at no cost. TEAM may be reached 24 hours a day at (612) 642-0182 or 1-800-634-7710. TEAM has counselors available in the Detroit area, for those interested.*



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## MESABA CUSTOMERS TOOK TIME TO TELL YOU....

Aug. 28, 1992

I am writing in regards to the most pleasant experience I had at the NW Airlink counter in Hancock, MI, with Mr. Roy Pikkarainen.

Due to my husbands death this past summer I had to make special travel arrangements which with Mr. Pikkarainen's courteous, efficient help he made a stressful situation a most pleasant one.

With employees like Mr. Pikkarainen, it will always be a pleasure to do future business with Northwest, and I will spread the good work about your airline.

Sincerely,

Elma Toumela

Sept. 15, 1992

On a Sept. 10th flight from Detroit to Minneapolis, I had the pleasure of meeting and flying with Sherron A. Gaughan.

Sherron was one of the most pleasant and informative young ladies that I have met in along tome. She is outstanding and an asset to Mesaba.

I also observed that she willingly gave up her seat so an elderly couple could be seated together on the flight.

I believe Sherron lives by the motto that I attempt to live by: God first, Others second, and I'm third.

Sincerely,

Earl Behning

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Minneapolis, MN 55450  
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