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Pieter Bouw,
President, KLM
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The KLM/Northwest seal of partnership on the cover of this publication is the symbol of our shared commitment.

The roots of our partnership date back to 1989 when Northwest was purchased by an investor group that included KLM Royal Dutch Airlines. KLM and the new owners of Northwest shared a

vision of the first truly global airline alliance, combining the strengths and networks of a major U.S. airline—Northwest—with one of Europe's most outstanding international airlines—KLM.

Cooperation between our two airlines has increased during the past three years. During this time, we have gone through a steady process of getting to know one another, becoming more and more familiar with each other's cultures and ways of doing business.

With the signing of an Open Skies agreement between the U.S. and Dutch governments, followed by the grant of antitrust immunity by the U.S. Department of Transportation (the first time this has been granted to a partnership of



U.S. and European airlines), the path is clear to fully realize the benefits of a combined operation. That means we can create a truly worldwide network, synchronizing schedules and marketing ourselves as one airline.

But why is this good for you, the customer? The cooperation means that we can offer nonstop flights or essentially single-airline connections to more destinations than any of the world's airlines. Feeding through the Minneapolis/St. Paul, Boston, Detroit, Tokyo and Amsterdam hubs, we offer you more than 300 destinations around the world without switching airlines, or terminals. This means less walking, one-stop check-in, and coordinated luggage handling—in short, simpler and more convenient travel. It means more affordable prices, as we can coordinate our fares and offer more attractive worldwide fare packages.

KLM and Northwest will integrate our frequent-flyer programs to produce a new

A message from the presidents of KLM Royal Dutch Airlines and Northwest Airlines.

The cooperation means that we can offer nonstop flights or essentially single-airline connections to more destinations than any of the world's airlines.

program. The combination of Northwest WorldPerks and KLM Flying Dutchman "World of Difference" is being recognized as the industry's best. The awards will, as now, include a range of free travel, award packages and travel-related services. The concept of a global airline will be reflected in WORLDFLIGHT—a new round-the-world award that will be the premier frequent-travel award in the industry.

The alliance between KLM and Northwest is also intended to enable both carriers to prosper in an extremely competitive commercial environment. This means we must retain our loyal customers who already fly KLM and Northwest and also attract many new ones. So that we may do so, KLM and Northwest drafted the following promise to our customers:

"Together KLM and Northwest are committed to providing customers from around the world the first high-quality worldwide airline product. We will

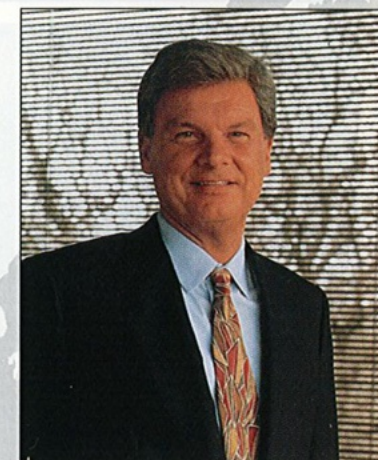
consistently meet and typically exceed our customers' expectations and set new standards for our industry, as we provide convenient, comprehensive, reliable and rewarding service to over 300 cities in more than 100 countries."

Our goal is to offer you every benefit the combined global network can offer. And we will do this while remaining two separate companies, each with its own management and financial structures. In the near future, we want customers to perceive our respective services as being integrated into one single system, offering superior, seamless travel at a competitive price.

The seal of partnership symbolizes that goal.

John Dasburg
President and Chief Executive Officer
Northwest Airlines

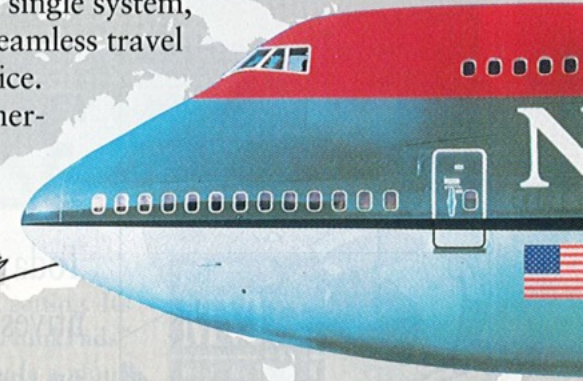
Pieter Bouw
President
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John Dasburg,
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For more details on KLM/Northwest routes and fleet, see the route maps and information beginning on page 104.

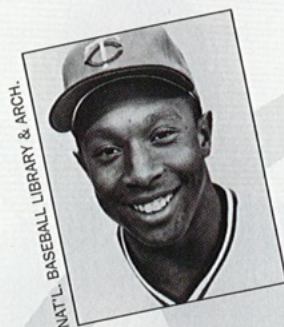


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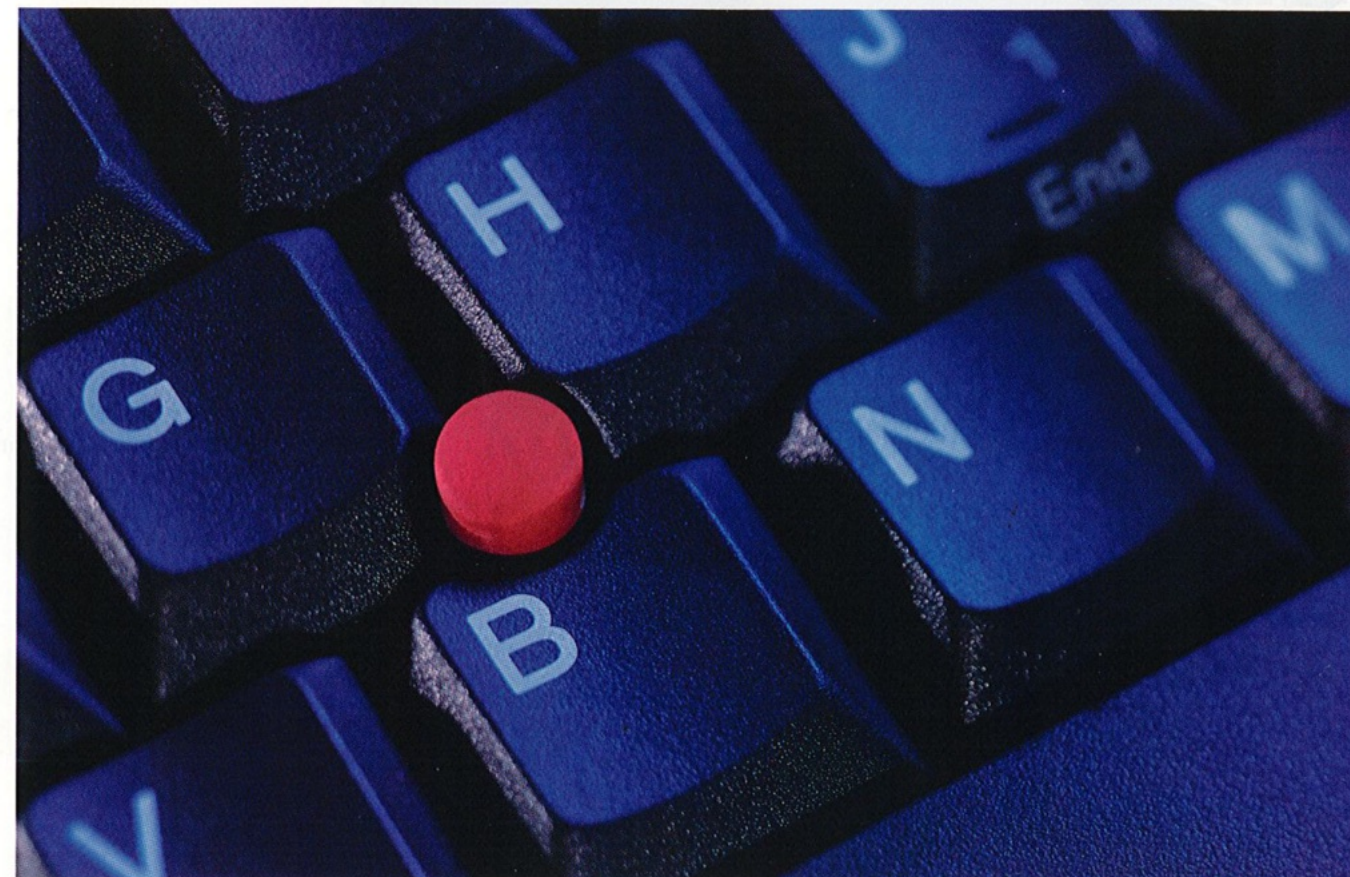
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CLAIRE LEWIS

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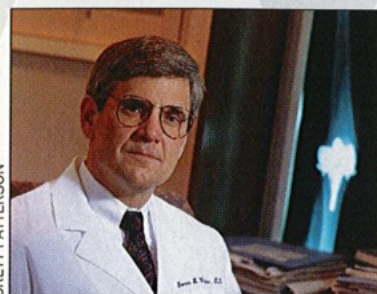
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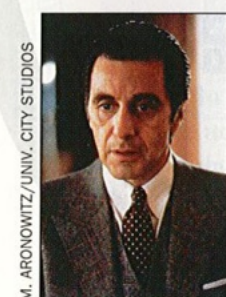


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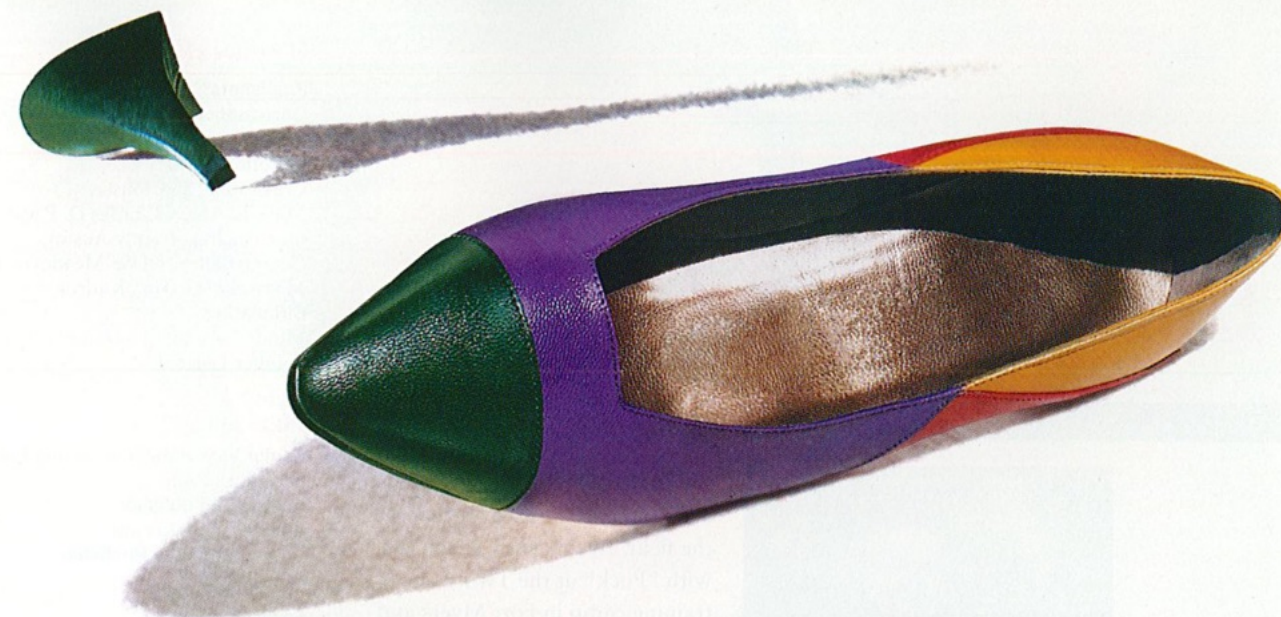
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In this issue



You may have already noticed a few new additions to this issue of *Northwest Airlines WorldTraveler™* magazine. It all begins with the cover, which features our new symbol of partnership with KLM Royal Dutch Airlines.

We want to make sure all our passengers understand the significance of this new and unique global alliance venture. Our new code-share service combines the strengths of our two companies and forms a truly global airline system. Together, KLM and Northwest fly to more than 300 cities in more than 100 countries. Learn more about the details of this first-of-its-kind agreement beginning on page 4.

KLM's home base, Amsterdam, is the focus of our travel section this month. After reading about this beautiful and interesting city, turn to page 64 to find out how you can enter to win two round-trip tickets on Northwest and experience Amsterdam firsthand.

Also this month, we feature a remarkable person and remarkable baseball player from the Minnesota Twins. Kirby Puckett is known for his outstanding athletic skills on

the field, as well as his charitable activities and positive attitude off the field. We recently caught up with "Puck" at the Twins' spring training camp in Fort Myers and we feature a discussion with the star centerfielder on page 14.

You never know who you might run into when you fly! We recently met Shari Lewis, her daughter, husband, and even Lamb Chop on a Northwest flight. Lewis has entertained countless people for many years with her unique brand of educational and interactive entertainment. But life has dealt Lewis a few bumps along the way. Read how she became a world-class children's entertainment superstar on page 24.

May marks the second month of our partnership with our Northwest Air Cares partner, Big Brothers/Big Sisters. On page 67, learn how the Big Brothers/Big Sisters program is making a big impact on today's youth. Northwest is committed to assisting charitable organizations, and we're excited to award 500 WorldPerks bonus miles to our WorldPerks members who make financial or free travel award contributions to Big Brothers/Big Sisters through our Air Cares program.

If there is anything we can do to make your travel experience better, please let us know. A comment card can be obtained from any flight attendant or customer service representative.

Thanks for flying with us today!

Chris Clouser
Chris Clouser, Publisher
Senior Vice President/
Corporate Communications
and Advertising

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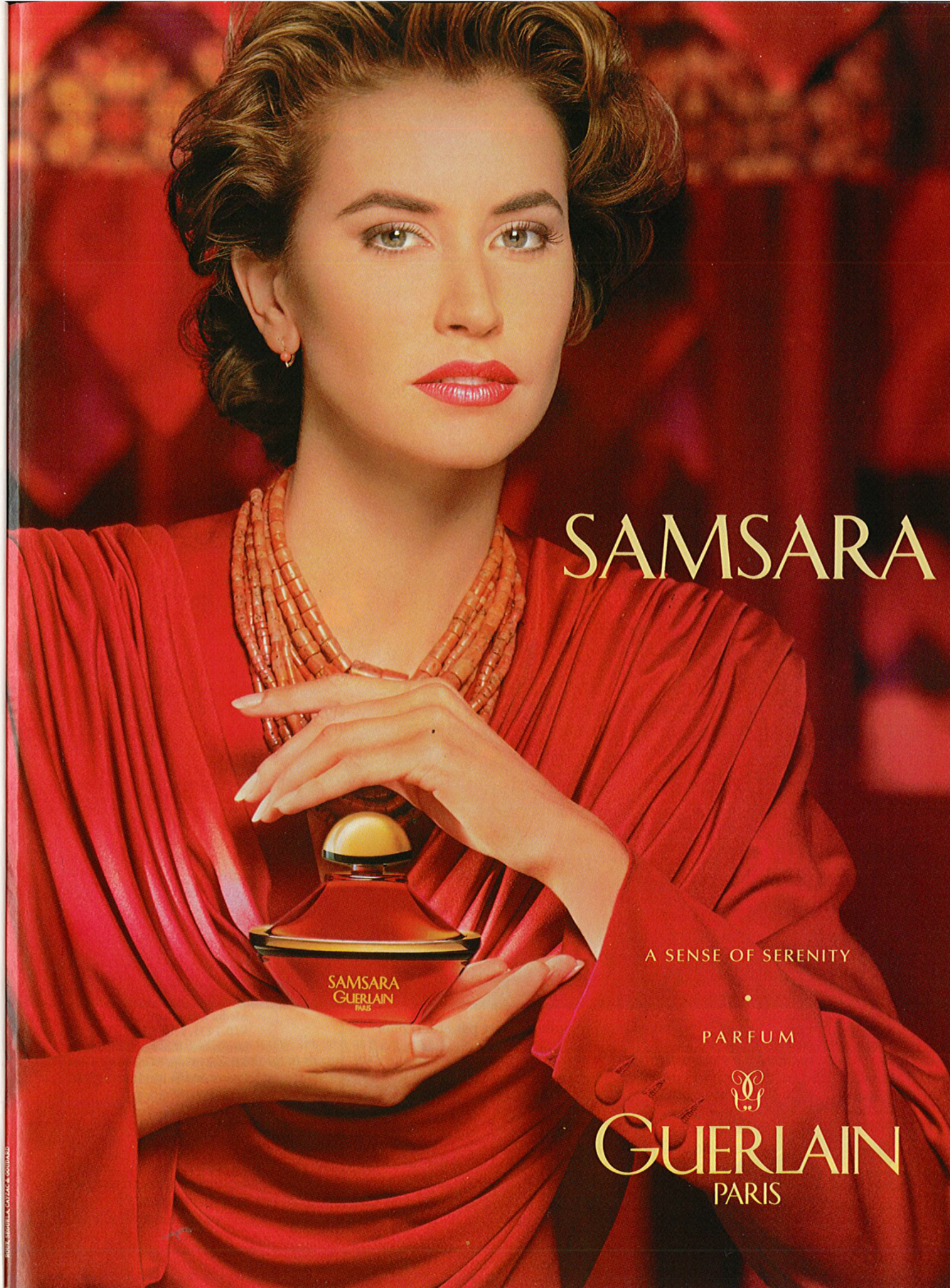
Orietta Patterson

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GLORY DAYS

With hard-hitting Kirby Puckett heading up the lineup, the Minnesota Twins are looking and feeling fine.

by Noel Hynd

Kirby Puckett, who was once told he was too small to play pro ball, has been with the Minnesota Twins since he was drafted in 1982.

At first glance, Kirby Puckett seems to be sitting in the unlikeliest of places—a minor-league clubhouse. And he is doing something that might scare the living daylight out of Minnesota Twins fans. His right hand—the right hand—is packed in enough ice to keep a pint of Häagen-Dazs frozen for a summer afternoon.

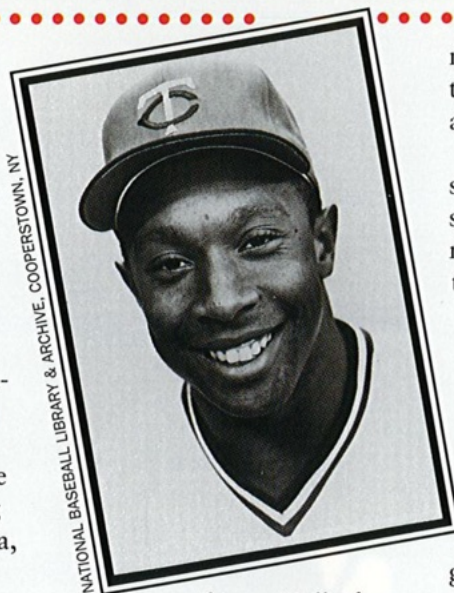
But, not to worry.

The minor-league clubhouse is at the Twins' spring training complex in Fort Myers, Florida, where Puckett—like most members of the hardworking Minnesotans—has reported days early for the new season.

And the hand? The one that has stroked more than 1,800 hits? No problem there, either. The hand is packed in ice on many days to minimize the swelling that takes place after a hard spring workout.

Kirby Puckett, as a veteran and leader on the team, has led a section of his squad through a day of training, almost functioning as a de facto coach or assistant manager. He has kept up the chatter and the pace of the workout. His presence by itself hypes the morale of his club. Then, after three hours on the field, he graciously positions himself to sign an autograph for any kid or adult who wants one.

He signs his name more times than anyone can count. Every day. He is the Twin all the fans want to see or get a piece of, and no one leaves disappointed. Thereafter he is on his chair before his locker, a



future Hall of Famer, a guy who'll probably zero in on his three thousandth hit somewhere around the turn of the century, talking baseball to any writer who wants him.

Future Hall of Famer? This roundish, muscular, bearded guy with an easy smile and perhaps the most identifiable shape in major-league baseball?

Yes, indeed.

"I like to think that I could have played baseball in the old days with the old guys," Puckett muses. "Not in the Jackie Robinson years when Jackie first started, but in the 50s and 60s. I'd like to have seen if I could have played with those guys. I like to think I could have played back then, but there's no way I'll ever get to see."

Know what? We've already seen. An era doesn't exist, a ballpark hasn't been built, in which Kirby Puckett would not have been a star.

"He has natural talent and he works hard," says Twins

manager Tom Kelly, citing only two of Puckett's most obvious assets.

"He's very powerful, with a short, compact swing and a small strike zone," comments rival manager Hal MacRae of the Kansas City Royals.

But why not go right to the source? If Kirby Puckett were a scout, how would he file a report on himself?

He smiles at the prospect.

"I'm the type of guy who goes all out, man. I don't have the flashiness, I just get the job done. I'm an 'old school' kind of player. I know what my team wants me to do and that's what I try to do—anything I can to help the team win. I'm the type of player who gives it his all, who hustles all the time and does everything I can. That's how I feel about myself."

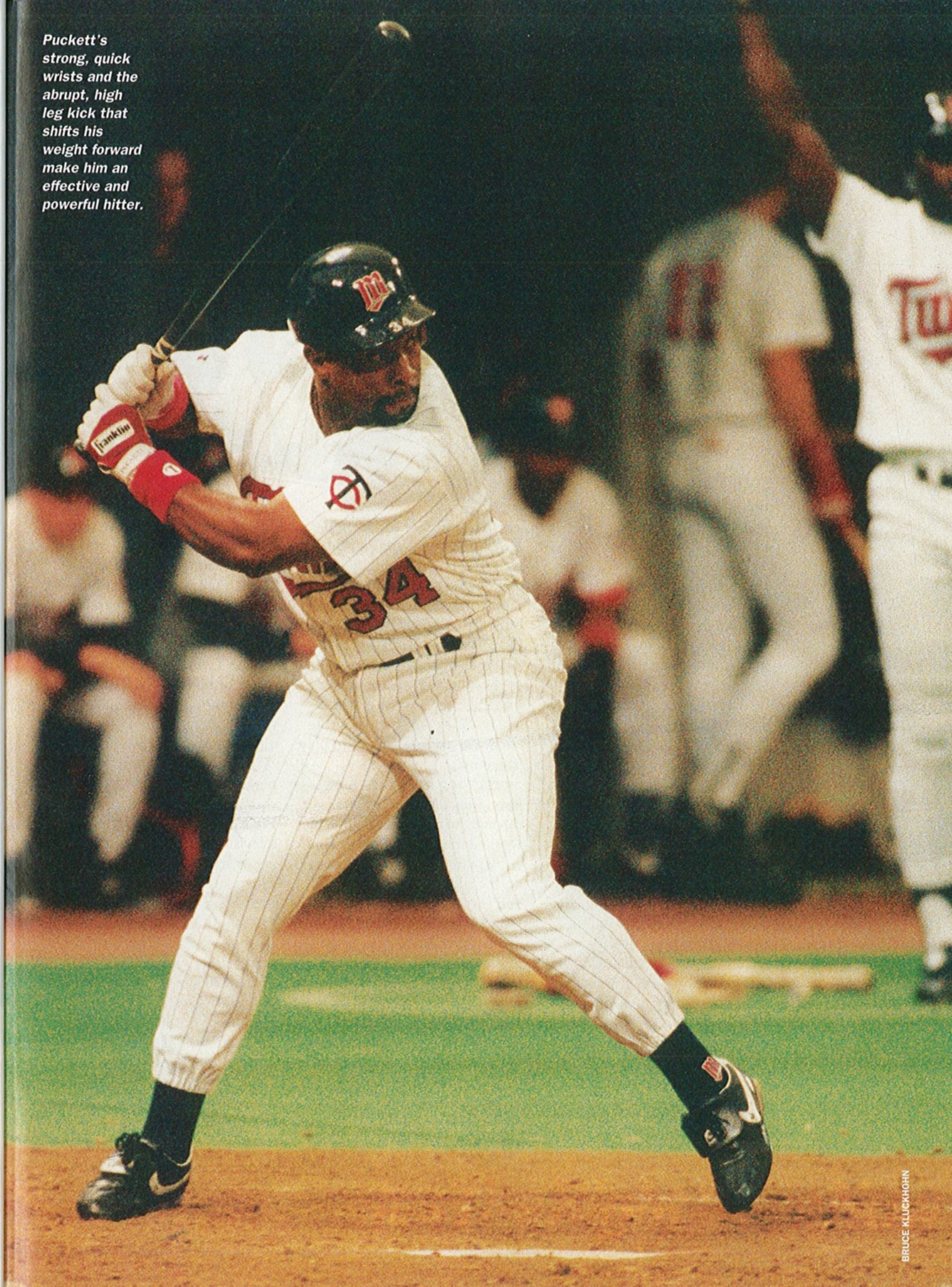
Funny. After two World Championships in the last six seasons, Twins fans have come to the same conclusion.

.....
If you've been paying any attention at all to major-league baseball over the last few years, the on-field heroics of one Kirby Puckett are almost an old story. Let's see...

There are the leaping catches against the crushable center-field fence at the Metrodome, Puckett high in the air, glove extended upward over the wall, pulling in someone else's home run...

The two World Championships for the Twins—"Still my biggest sports thrill, man," Puckett explains—including the

Puckett's strong, quick wrists and the abrupt, high leg kick that shifts his weight forward make him an effective and powerful hitter.





Puckett was warmly congratulated after coming through with an 11th inning home run in game six of the 1991 World Series.

October 87 home run that propelled the come-from-behind Twins into a seventh game against the St. Louis Cardinals...

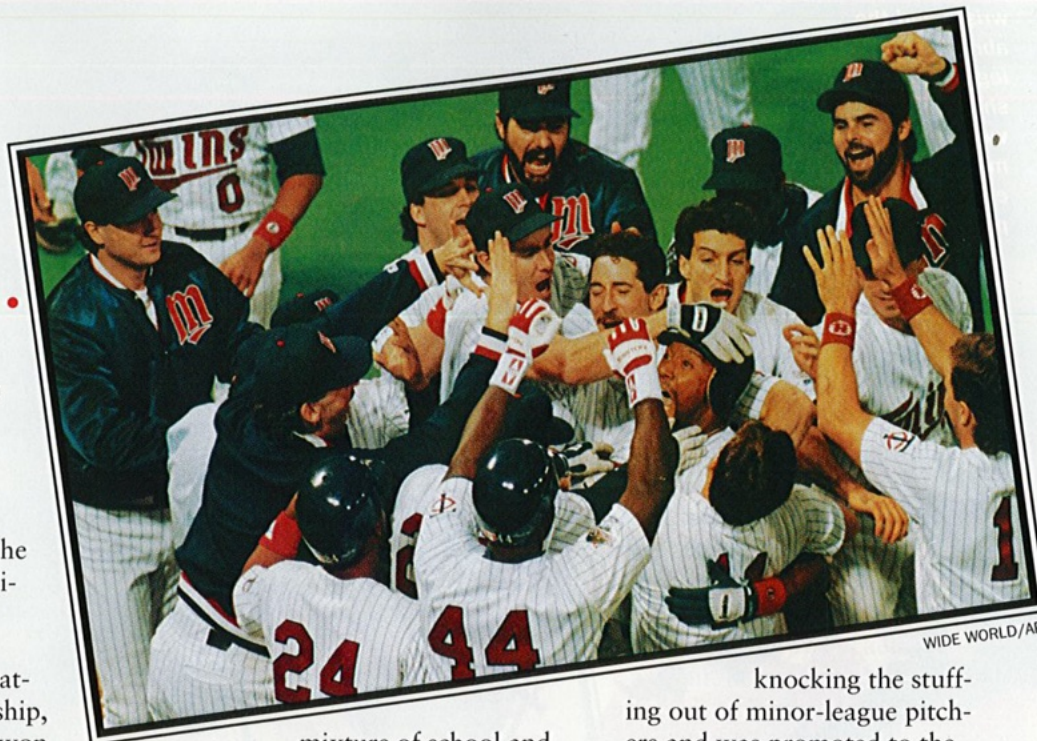
The annual battle for the batting championship, which Puckett won in 1989...

The weekend in Milwaukee in which Puckett destroyed the Brewers with 10 hits (including four home runs) in 11 at-bats, tying a major-league mark and setting an American League mark...

After awhile, it almost seems routine. And yet, strange as it might seem, there was a time when Puckett was not an integral part of the Minnesota sports scene. It wasn't even that long ago.

Kirby Puckett grew up in South Chicago—State and 43rd Streets—at the Robert Taylor Homes, a housing project often referred to as “the place where hope dies.” Mince no words. The Robert Taylor Homes are among the worst inner-city projects in the United States. Kirby was the baby of the family, the ninth of nine children. For him, obviously, for the two parents who raised him, hope never did die.

“We always had food, clothes and love,” Puckett recalls of his family. “My mom never let me have anything to do with the trouble on the streets.” Boyhood was a



WIDE WORLD/AP

mixture of school and pick-up baseball games. By age 12, Kirby was the only Puckett child living at home and the family moved to a better neighborhood. He went to Calumet High School where he was an All-American at third base and, of those scouts who ventured into Chicago's South Side to catch some games, most wrote Kirby off as “too small” to play in the majors.

The “too small” tag hung upon him for several years, through semi-pro ball while he worked in a Ford Motor Company plant (Torrance Avenue on the south side of Chicago), and through a tryout with the Kansas City Royals.

He did manage to land a pair of college baseball scholarships, first at Bradley University in Peoria, then at Triton College, closer to home outside Chicago. Still, no major-league team seemed interested enough in Puckett to talk contract until he became Junior College Player of the Year in 1981. Thereafter, good things happened quickly. He was the Twins' first draft choice in January 1982, the third player chosen over all. He spent two years

knocking the stuffing out of minor-league pitchers and was promoted to the Minnesota Twins early in the 1984 season. As any Twins fan can tell you, Puckett has been there ever since, barely missing a game.

The Twins' locker room is a sort of nirvana for T-shirts. It's a minor Twins tradition to have them made up for almost any occasion—not just World Championships. Some players still wear a black T-shirt that says on the front, BE LIKE MIKE, an allusion to the television ads featuring Michael Jordan. The back of the shirt reads, I WANT TO BE LIKE PUCK.

“Don't let anyone tell you that you can't do this or that for whatever reason,” is a Puckett theme. “I was told I would never be a ballplayer because of my size. I urge kids to remember that only they know their talents, and no one can stop them from accomplishing their goals.”

In his autobiography, *I Love This Game!*, which is being published this spring by HarperCollins, Puckett cites hard work and a belief in himself as keys to his success.

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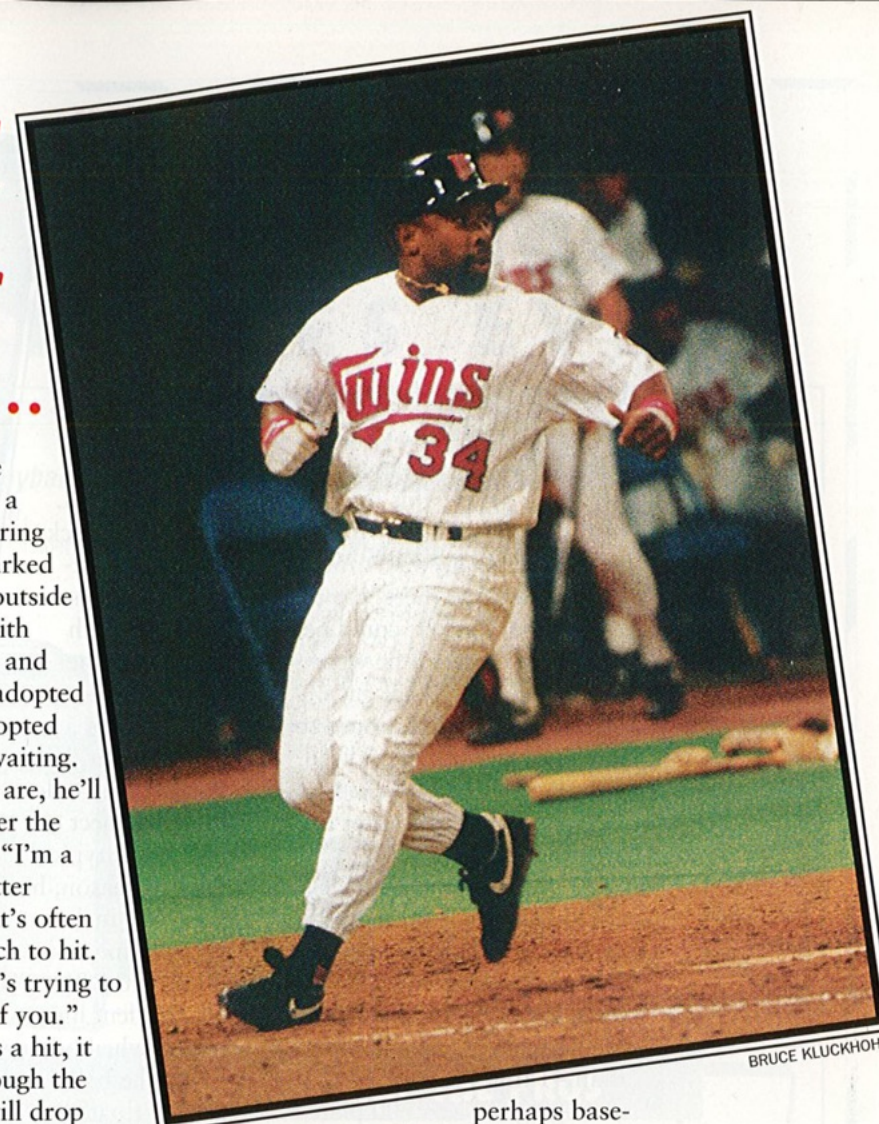
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*Puckett tied
a major-
league mark
with 10 hits
and four
home runs in
11 at-bats
against the
Brewers.*



BRUCE KLUCKHOHN

Clichés? Maybe. Puck frequently spouts clichés. But usually they happen to be true. Add to this the fact that Puckett really is a solid old-style hustling work-ethic ball player who does love the game and enjoys playing it.

There are players in the major leagues who hit a ball farther. There are players who hit more selectively. But all things considered, is there a consistently better hitter in baseball than Kirby Puckett? Over the last five years, no one in the majors has hit safely more often, either in terms of average or sheer volume of hits.

Batting is more than just an average, just as a player's contribution to a team is more than his numbers. But the numbers suggest that over the last five seasons, Puckett has been baseball's best hitter. His .329 average is the highest in the majors, 10 points better than both Tony Gwynn and Wade Boggs. His 1,018 hits rank him number one in total hits—98 ahead of Boggs.

Those numbers didn't just sort of happen to Puckett while his bat was sitting on his shoulder.

"I'm up there hacking, man," Puckett says. And he's not kidding.

In the same way that Puckett can't wait to get to spring training, can't wait to get to the game, and can't wait to get out onto the field, he just can't seem to wait to get on base. Sometime when you're watching the Twins, pay particular attention to each of Puckett's

at-bats. He approaches a plate appearing as if he's parked at a meter outside the park, with wife Tonya and family (an adopted son and adopted daughter) waiting.

Chances are, he'll go right after the first pitch. "I'm a first ball hitter because that's often the best pitch to hit. The pitcher's trying to get ahead of you."

If he gets a hit, it will go through the infield or will drop somewhere in right field. But as soon as you think you have this figured out, he will adjust to a pitcher or a game situation, find a ball to pull, and go for distance in the opposite direction.

"[The first pitch] might be the best pitch I see," he explains. "So why not go right after it? I'm hacking from the start. And if it's close enough for the umpire to call it a strike, it's close enough for me to swing. I don't worry much about whether it's down the middle or on the corner and I don't let the umps or the pitchers control my bat," Puckett says.

Puckett is saying—or admitting—to a lot with that statement. First, he's not afraid to use all parts of the ballpark to spray his hits.

But not only is he one of baseball's premier hitters, he is

perhaps baseball's best "bad ball" or "mistake" hitter. His eyes light up when this is mentioned. He seems to relish the title which, at first, would seem contradictory.

A "bad ball" is one out of the strike zone, a pitch that a batter has no business—theoretically, anyway—swinging at, much less hitting. A "mistake" is a pitch that is grooved down the center of the plate. Although Puckett will be vigilant enough at bat to seize upon one of those "mistakes," chances are that he will jump on a bad pitch first. In another generation, Yogi Berra was a similar sort of bad ball hitter, frequently lining a pitch that was over his head or beneath his knees into the right field seats at Yankee Stadium.

"Sometimes I tell the guys on the bench, okay, I'm going to take a pitch," Puckett explains.

Hard work and an "anything to win" attitude have made Kirby Puckett a favorite among Twins fans and fellow teammates.



WIDE WORLD/AP

The guys on the bench probably don't believe this for an instant and, well, why mess with success, anyway? A couple of years ago there was this theory that Puckett could be an even better hitter if he were more selective. What gave birth to this notion is hard to imagine since it materialized after Puckett had hit .328, .332, .356, and .339, the latter to lead the league in 1989.

"I thought that maybe I could help the team by getting on base a little more with walks," Puckett says, thinking back upon the 1990 season. He had never walked more than 41 times per season while averaging close to 700 plate appearances. "Whatever my thinking was," he remembers, "it was bad."

Puckett earned 57 walks and his batting average nose dived to .297, a healthy number for most players and enough to lead the club during a poor season. But it was a clear disappointment to Puckett. His conclusion is concise. "Never again," he says. "Walking ruins me." He will be gloriously hacking away for the years to come.

There is, by the way, a certain geometry to this. The only other American League player with batting stats anywhere close to Puckett's is Wade Boggs, long of the Red Sox and now of the Yankees. Boggs has arrived at the same plateau of successful hitting by following exactly the opposite style. Boggs waits and waits, seldom swings and misses, and will

walk 80 or 90 times a season. Boggs and Puckett discuss hitting from time to time and each marvels at the other's style.

"I am not a power hitter," Puckett concludes on the subject of hitting. A typical Puckett season, however, will include 19 or 20 home runs with 90 to 100 RBIs. What he is, is an excellent hitter with frequent power when he's trying to pump the ball or when some pitcher floats one of those "mistakes" down the center of the plate.

Puckett hits the ball very hard and often very far for a man of five feet nine (much like Jim Wynn, the "Toy Cannon" of the Houston Astros 15 years ago). His power comes from strong, quick wrists and the abrupt high leg kick that quickly shifts his weight—and strength—forward. The lifted front foot is reminiscent of Mel Ott, perhaps the most successful front foot lifter of all time. Kirby has watched the old films of Ott. He may go up there hacking, he might not want to hear what the catcher's saying or even know what's coming. But he's enough of a student of the game to know exactly what he's doing.

During the summer of 1992, the Twins' owner, Carl Pohlad, made a decision. The Twins

had a tentative contract offer to Puckett of \$27.5 million over five years. Puckett probably would have accepted it at that point, but Pohlad rejected the contract.

As the season drifted to a close, Oakland opened up a lead on the Twins, the Minnesotans faded, and what could have been a pennant race turned into stories about Puckett's final days as a Twin.

In December, the Twins upped the offer that Pohlad had rejected the previous summer: \$30 million over six years. On one hand, staggering. On the other hand, a clear commitment by the franchise to their premier player.

Despite the fact that more money was probably available elsewhere, Puckett signed with the Twins. As the saying goes in his newly adopted state, "There are 10,000 Lakes, but only one Kirby Puckett." The new contract will probably keep Puckett in a Twins uniform for the rest of his career, which in turn will keep Twins fans smiling into the next century. ▼

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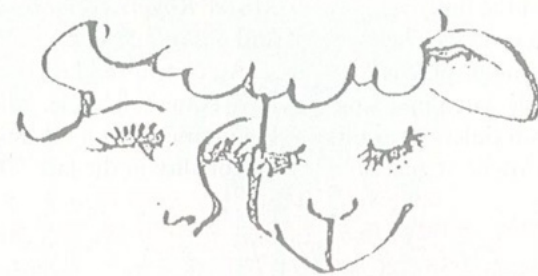
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V I R G I N I A



Kid at heart



by Jane Ammeson

Shari Lewis, whose face is familiar to millions who grew up watching her on television, takes a moment to relax in her Beverly Hills home.

Public television broadcasting may have begun in the United States in the early 1940s, but it wasn't until a decade later that television ownership became commonplace. The typical television, now hopelessly antiquated and incredibly heavy in comparison to its 1990s version, often as not became the family's chief source of entertainment. The TV generation was born.

• During television's first years, children grew up with such shows as *Leave It To Beaver*, *The Little Rascals* and *Kukla, Fran and Ollie*. Possibly the most benevolent character in the roster of children's shows, however, was Shari Lewis. Her show, *ShariLand*, which starred her wooly puppet companion Lamb Chop, brought happiness to the

With her high-octane children's show, Shari Lewis is getting kids off the couch and flying high alongside of Big Bird.

lives of children, and reassurance to parents that their offspring were watching the best in television entertainment. Three decades later, Lewis is still winning hearts of children and adults alike.

"The nicest thing that has been said to me lately was during the Festival of the Trees, a celebration in Atlanta," recalls Lewis. "A mother approached me on an escalator with her 10 year old in tow and said, 'I want to thank you for

(Left) WILL CROCKETT
(Above) DEBORAH DALY ILLUSTRATION



The artwork behind Lewis and Lamb Chop is part of an admirable primitive collection shared by Lewis and her husband Jeremy Tarcher.

keeping our kids, kids just a little while longer.”

As Lewis, a woman with a kid's heart and a kid's capacity to enjoy, says this, she smiles. But Shari Lewis is more than just a grown moppet with a mass of red ringlets, a big smile and an arsenal of cute puppets—she's a dynamo.

Her show, *Lamb Chop's Play Along*, is second in the ratings, right behind *Sesame Street*. It's a show chock-full of “anti-couch potato” (Lewis' term) antics, featuring instead magic tricks, sing-alongs, silly stunts, skits, games and riddles that are intended to get today's jaded television-watching children to interact. Make no mistake—these children, raised on *Ninja Turtles* and *Pee Wee Herman*, love the sheer innocence and exuberance of the show.

“I think children are tired of being spectators,” says Lewis. “I don't believe that children sing along with sing-alongs—they sit

and watch. When it gets to be physical, that's when they really start to join in the fun.”

According to Lewis, her audience's demographic is extremely wide, encompassing viewers from toddlers to adults, and from a variety of genera-

ryteller and teacher of language skills was already occupied by *Mister Rogers Neighborhood* and *Sesame Street*.

Au contraire. Lewis seems to have come full circle. She was the premier children's television personality in the late 50s and

“When I went to the head of PBS, Jennifer Lawson, she liked the concept of a total audience participation, anti-couch potato, don't just view it, do it show.”

tions. The baby boomers, the kids of the 60s, for example, are thrilled to share Lamb Chop, part of their childhood, with their own children.

In addition to the show, Lewis is also producing videos (17 at last count) and arranging licensing for Lamb Chop and Friends products.

Other merchandising efforts include Target Stores Inc., which sold 700,000 Baby Lamb Chop plush toys in three-and-a-half weeks in 1991. Lewis has also penned 51 books including 15 volumes of the *One Minute Bedtime* series (latest: *One Minute Birthday Stories* and *One Minute Stories of Teddy Bears*).

It surprised many that Lewis' show, which first aired on January 13, 1992, took off the way it did. *The Wall Street Journal* quoted a senior vice president at one of the cable networks for children as saying that Lamb Chop was old sock and Miss Lewis' niche as a sto-

early 60s, and now she's back again with her puppets.

“PBS was really looking for something that was different. When I went to the head of PBS, Jennifer Lawson, she liked the concept of a total audience participation, anti-couch potato, don't just view it, do it show.”

But just because Lewis has recently returned to a series-television format after three decades, don't make the mistake of thinking that she's been languishing. Lewis doesn't languish.

Lewis conducts symphony orchestras (she's performed and conducted with more than 100 orchestras, including the National Symphonies of the United States), has appeared before audiences around the world including four common performances for the Queen of England, entertained former President and Mrs. Bush by emceeding the annual White

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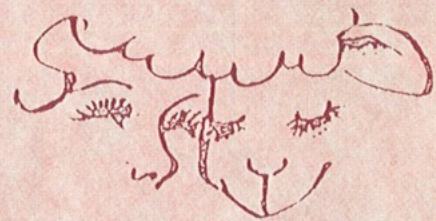
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(Right) As a teenager, Lewis, shown here on the set of *Lamb Chop's Play Along*, joined a ballet company, but soon returned to her natural gift of ventriloquism.

(Below) Lewis shows *Lamb Chop* the sights of London from her hotel room. Lewis was in town for an episode of the *Eamonn Andrews* show that would later air in the U.S. on June 24, 1966.



RON BATZDORFF

a star that is going nova," explains Lewis. "They transform themselves into electrical impulses and are traveling through the universe looking for compatible souls to digest. It is the struggle for the life of Scotty's girlfriend, Vera."

Lewis and her husband have done a lot of writing together. The couple has written books, scripts and a great many concepts for shows. Jeremy, she says, is "heavily into the business of my business."

Tarcher is also one of the leading book publishers in Los Angeles, with such recognizable self-help and New Age titles as *Drawing on the Right Side of the Brain*, and *Women Who Love Too Much*. Lewis describes her husband as "more soul-searching and introspective. I seldom look back and I don't take my emotional temperature, ever."

What Lewis does is work. "I am my own game," she says. "I like what I do. I think I'm very fortunate and the fact that I work very hard at [my job] does not take away from the fun. I'm always aware of the tennis and golf analogy. I see people working on their tennis game and this is my game. I

am my own instrument and the fun for me is to see how fully I can realize the potential of who I am and what I was given."

This ability to experience and appreciate the joy of life and the joy of learning comes from Lewis' youth. She grew up in New York City in the center of a family of Central European immigrants. Her father, Abraham B. Hurwitz, was not only a professor at Yeshiva University, he was also New York's official magician, known as Peter Pan the Magic Man. Her mother, Ann, was a music coordinator for New York City's public Music and Art.

"When [my parents] came over, their preoccupation was that their children should have what they didn't," says Lewis. "Their desire was to make their children's potential even greater."

The family emphasized learning as a way of increasing the potential of their two daughters. But not everyday, run-of-the-mill learning (though that wasn't neglected either). The Hurwitzs gave their daughters lessons in a magical, offbeat way.

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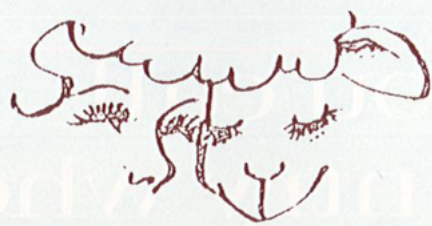
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WIDE WORLD/AP



"I am my own game. I like what I do. I think I'm very fortunate and the fact that I work very hard at [my job] does not take away from the fun."



In terms of ratings for children's shows, Lamb Chop's Play Along is second behind Sesame Street. Lewis says the secret to her show is that it's physical and encourages children to join in the fun.

folder, an origamist, taught me paper folding for one week. My daddy met a 99-year-old black man, John Cooper, whom he hired for every Wednesday at 4 p.m., no matter what the weather, to sit on the park bench and teach me ventriloquism."

Lewis also took lessons in cape twirling and in replicating animal noises as well as the more prosaic and typical childhood skills of piano, violin and ballet. But one lesson she never did get. "My parents were not the types who insisted I take typing 'just in case,'" says Lewis, who never doubted she'd be a performer.

Indeed, she became a part of her father's act at age two.

"He never sawed me in half," she says. "He never had me bring in his equipment. From the time I was two, I did my own little act within Daddy's act, which was very ego-building and very unusual for that time."

But the little magician and ventriloquist had other aspirations. Lewis wanted to be a dancer, and at age 16, she joined a ballet company, tossing aside the dummies and puppets her father had bought for her.

"But I could never get out of the chorus," she says. "There were other girls who were bet-

ter, and I just don't have the chorus ego. I went to my father and I said, 'Where did we shove those dummies?'"

In 1955, she won first place on *Arthur Godfrey's Talent Scout*, made two appearances on *Captain Kangaroo* and by 1957 had her own show, *Shari-Land*. Soon after that, she met her husband to be.

"He was a television producer," says Lewis of her husband of 35 years. "He tried to hire me and I was already employed, so he had to marry me." The couple has one child, Mallory Tarcher, a twice-published novelist who helps produce and edit her mother's show.

Life was good both personally and professionally for Lewis in the early years of her marriage. But if Lewis was in demand and riding high in the early 60s, she fell off the earth shortly after with a resounding crash. She describes the cancellation of her show in 1963 (it was replaced by the animated *Chipmunks*) as the worst time of her life.

"I recognized," she says, "that children's entertainment was going completely toward animation and that I was going to have to find my way elsewhere."

It is here, however, that the resiliency and flexibility she

learned as a child helped her remain strong and upbeat.

"The interesting thing to me is how often I have had to shift gears, to change a path, in order to escape from an industry that collapsed," says Lewis. "For example, when my show was canceled, all children's entertainment was replaced by cartoons. Then I started to do a great deal of Vegas, Tahoe and Reno [shows], and then all of the rock singers took over the front lines."

Lewis says she then started to do a lot of celebrity game shows until they too went out of vogue. She subsequently started conducting symphonies all over the U.S., Canada and Japan until, she says, they lost governmental financial support. As evidence of this statement, she points out that there are far fewer symphony programs than there were in the past.

"Luckily I was brought up to survive, to change paths comfortably and without being bitter. I have changed paths and now I'm back to the original path." ▼

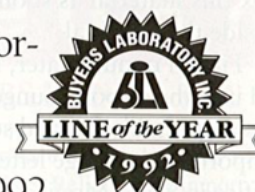


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Along for the ride

Today's technology allows busy executives to bring their office with them on the road.

by Walter Roessing

As the aircraft began to approach New York's Kennedy Airport, television talk show hostess June Cain Miller put away her laptop computer and portable printer. Turning to the producer of her show, she said, "We've got to fax this material as soon as we get inside the terminal."

Fifteen minutes later, Miller rushed into the airport lounge, plugged in her portable fax and sent off an important two-page letter to her office in Santa Monica, California.

Miller says, "My portable fax is always with me. It's a wonderful timesaver. It also saves a zillion dollars in overnight charges. You know, if I had a baby, I'd probably leave the baby home, but never my fax."

Rushing out of the lounge, Miller pulled a cellular phone out of her briefcase. She began making long-distance calls as she hurried toward the baggage area.

Never at a loss for words, Miller explains, "I always travel with a cellular phone. I'm one of those people you see walking through airports with a phone glued to their ear. Also, I won't get on an airplane unless it has a telephone."

Miller and millions of other on-the-go business executives are well aware that such immediacy is vital

to their work, productivity and careers. To stay in almost constant communication with their clients and home office, such executives have discovered the remarkable world of mobile automation.

A convergence of new technologies and falling prices have made it easier for corporate executives and entrepreneurs from Hollywood

to Savile Row and from Wall Street to the White House to trade four walls for a highly efficient office on the road.

Among the host of products being used by a growing legion of



MARIO TOTI

Talk show hostess June Cain Miller uses the Sharp Wizard 7000 Personal Organizer.

portable professionals are notebook, laptop, palmtop and pen computers, internal and external modems, fax modems, portable faxes, portable printers, personal



ELIZABETH KARMACHARYA

organizers, electronic rolodexes, cellular and mobile phones, voice pagers and pagers. These business tools are so compact, powerful and easily transportable that one can literally fit their desk in a briefcase.

That's the hardware. Savvy businessmen and women also keep up to date on the latest in software programs—dependent, of course, on whether they're using one of Apple's *PowerBooks* or they're working with *Windows* and *DOS* applications.

Whatever the choice, on-the-move automation provides travelers with instant access to the information they need, wherever they may be. It also gives mobile executives increased freedom from the conventional workplace because they no longer need as much supervision or support from the home office.

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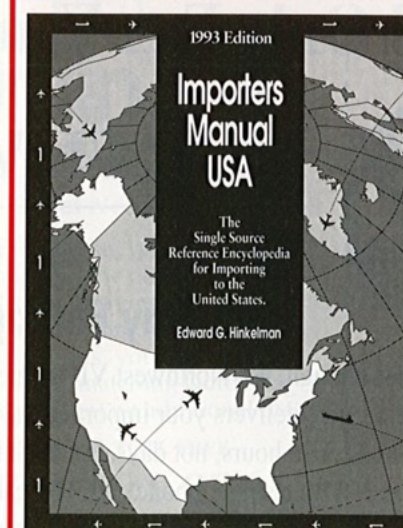
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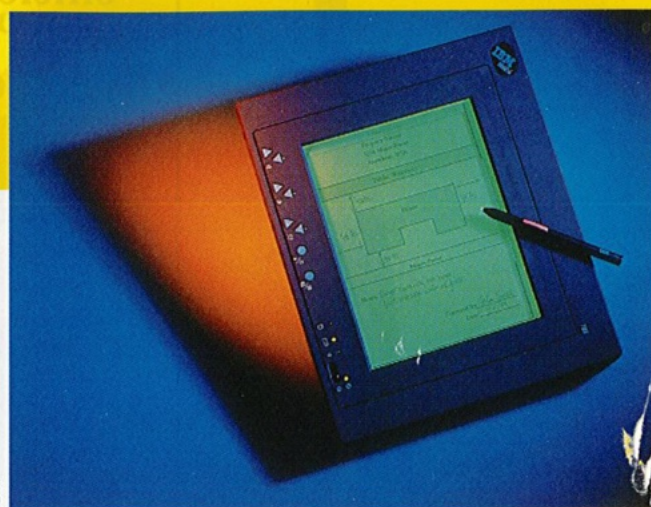
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time, reduces paperwork and increases efficiency.

Miller—whose daily cable television show, *Comin' Alive*, is seen nationally in 21.2 million households—explains, "I'm in a business where things are always changing. Maybe an upcoming guest like Charlton Heston, Phyllis Diller or Lloyd Bridges has to reschedule or cancel their taping. Or maybe my staff has added some new guests and I need more research information."

"When I'm traveling back and forth across the country, I need to be in contact with the home office four or five times daily."

Bob Salmi uses IBM's ThinkPad 700T. However, IBM has since upgraded the model (right) and named it the ThinkPad 710T.



Miller is practically a walking retail computer store. She travels with a laptop computer, electronic rolodex, personal organizer and such portable gadgets as a printer, modem and fax.

She says, "I've always worked extremely hard, but thanks to all

these new high-tech products, I'm now able to work a lot smarter. I'm also impressed with all the new companies we're creating with these new products. How did we ever do without them in the past?"

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I use it to access the electronic mail at the home office, either for obtaining or inputting messages. That's important because my key subordinates—all of whom travel extensively—and I keep our calendars on this system. We coordinate meetings and schedules by interfacing each other's electronic mail."

Additionally, Szydlowski utilizes his notebook computer for doing expense reports, performing personnel evaluations, keeping a daily appointment calendar and incorporating career development plans for 50 salaried employees.

He says, "It's a more economic, efficient and accurate way of keeping certain appraisals and records—and eliminates having to carry around a lot of paperwork. Anything we can do to lessen the impact of the paper chase is very beneficial."

Thanks to its multiple features, light weight and affordable pricing, the notebook computer is the industry's fastest-growing component. Since its introduction in 1989, the number of units in use has mushroomed from 73,000 to more than one million. Moreover, factory sales are expected to jump from \$3.2 billion in 1991 to nearly \$14 billion by 1996.

There's room for Szydlowski's cellular telephone, too, in his notebook computer's carrying case.

"I'm intrigued," he says, "by the portable fax machines. But I'm not quite ready to buy one yet. For the moment, I'll keep using the fax machines available at airports and hotels."

Judge Stephen E. Boswell of Atlanta says many executives may not be aware that almost all portable computers offer fax modems. Boswell—who left the bench January 1 after 10 years as a superior court judge—believes more businesspeople should depend on the modem feature of the notebook computer rather than fax machines.

He says, "Faxes are great for transmitting one- or two-page letters, but for sheer speed and economy, the modern modem is the answer for electronically transmitting important documents. Using your fax modem is as simple as printing."

Boswell is now a practicing attorney and teaches several computer courses each year at the National Judicial College in Reno, Nevada. His high-tech travel companions include a notebook computer with a fax modem board, a pocket rolodex for storing names and telephone numbers, and a CD-ROM reader.

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Laptop computers have proved to be major time-savers for those who use them.

He lauds the notebook computer as "a fantastic tool on the road. For example, I can physically interface my notebook computer with the computer in my office to transfer depositions and other important data.

"Unfortunately, the legal business has been slow in picking up on the importance of computers, and judges are even slower. At the National Judicial College, I try to show judges how the computer can eliminate mundane chores, like spending hours searching for case histories. I tell others in my profession—attorneys and law clerks—not to be scared of the computer. Making a mistake won't blow it up or destroy it."

Lew Harris is another solid advocate of both the notebook computer and the personal organizer. He is editor-in-chief of *Los Angeles Magazine*, one of the nation's most successful city publications.

"I love high-tech toys. That's how I got interested in these business gadgets," says the candid Harris.

"I must confess that my notebook computer has basically changed the way I do business when I'm away from the office. I now use it to edit or write stories, whether I'm in an airplane or on a

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The Sharp Wizard 02-7620 organizer is popular among travelers and nontravelers.

beach somewhere. When I return from a business or vacation trip, the work I've done on the notebook computer has saved me two days of hectic activity in the office.

"When I purchase a modem, I'll be able to fax off the computer. Also, I bought a spare battery. While I'm usually near a power source to re-charge my battery, having a backup is a good idea. It's small and doesn't take up much space."

Harris is equally sold on his personal organizer. Reaching inside his coat pocket, he pulls out his organizer and beams, "I absolutely love this high-tech toy. It has become such a crutch for me that I rely on it totally as a phone directory, an appointment book and for notations. I also use it to make lists of things I need to do, from business to shopping.

"Recently, I bought a city guide software program, which provides me with a list of restaurants, hotels and other essential details for all the major U.S. cities from New York to San Francisco."

Kent Myers is equally enamored with the personal organizer. As senior vice president of Colorado's Vail Associates—which owns Vail, North America's largest ski area, and Beaver Creek Resort—he travels outside the state a dozen times a year.

He used to carry a thick phone directory in his back pocket until his wife bought him a personal organizer.

Myers says, "Now I keep all my telephone numbers and addresses in the organizer. That includes a list of 310 for business, 178 for Vail Associates and 263 personal

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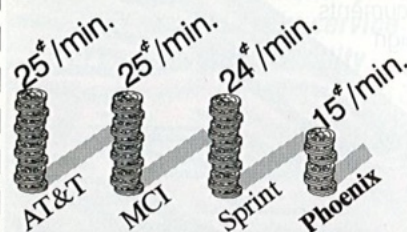
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where half the 82 regular-season games in this 27-team league are played on the road from October to April.

Starting last season, each NBA franchise was provided with a lap-top computer so the coaches could boost their productivity while traveling to the league's 26 cities.

"Some coaches are more advanced in using their portable office," says New York City-based Michael Goldberg, executive director, National Basketball Coaches Association. "Leading the way are the computer-literate coaching staffs of the Chicago Bulls, Milwaukee Bucks, New York Knicks and Orlando Magic."

Bob Salmi explains how technology is making an impact in the NBA. As a Knicks assistant coach, Salmi is the point man for the team's portable office, whose components are a laptop computer, equipped with a fax modem, and a portable bubble-jet printer.

Salmi, in his fourth year with the Knicks, explains, "Before our team got the laptop, I had never used a computer. I had to learn everything through a baptism of fire."

Now Salmi is an expert in using the laptop for (one) the manipulation of information and (two) motivating players.

He says, "During each game, we do shot charts on the computer. That information indicates how accurately each player is shooting from different places on the court. When we're on the road, the minute the game is over we all hurry to catch our plane for the next city on our schedule. Once on the plane, I print out copies of the game's shot chart for [head coach] Pat Riley—plus whatever

other information he wants to evaluate.

"The way we use our portable office—from scouting reports to league statistics—can sometimes make the difference between winning and losing games."

NBA players like Rolando Blackman, John Starks, Greg Anthony and Isiah Thomas have purchased computers, too.

Thomas, the 6'1" point guard who led Detroit to back-to-back NBA Championships, doesn't go anywhere without his laptop. That's so he can communicate with his offices in Bloomfield and Farmington Hills, Michigan. Indeed, off the basketball court, Thomas is the CEO of four thriving businesses.

In February, Salmi and the other NBA coaches received a new high-tech tool—a pen-based computer.

That device, which is one of the industry's most exciting new developments, is ideal for coaches who design plays during NBA timeouts, because they can hold the computer in one hand while writing with the other. Pen-based computers are designed to transfer the user's printing into electronic characters. The computer's software also has the capability of providing a coach with the key plays used by each opposing team plus their offensive and defensive tendencies.

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When it comes to customer service, Petrossian offers...

by Maxine Lipner
Will Crockett photographs

Petrossian caviar is made from sturgeon eggs taken from the Caspian Sea, whose salty waters are an ideal environment for the primitive fish.

For those who have "champagne wishes and caviar dreams," Petrossian is likely to be the restaurant of choice. Here it's not unusual to see tall flutes filled with the finest bubbly and caviar canisters of premier Ossetra, Beluga or Sevruga at every table. To be sure, there is a virtual sea of other mouth-watering epicurean delights from which to partake at this posh Manhattan restaurant, but it is Petrossian's own caviar and other exceptional products for which it is perhaps best known.

Petrossian is more than an elegant dining establishment; it is a multimillion-dollar enterprise.

In addition to the restaurant, there's a boutique at the 58th Street and Seventh Avenue location, a flagship shop in Paris, and shops in major

branches of Bloomingdale's and Nieman-Marcus—not to

mention a thriving mail-order business. Petrossian products are also served on cruise ships and in fine hotels as well.

It all began in the Paris of the 1920s when two Armenian brothers, Melkoun and Moucheg Petrossian, were inspired to introduce the French to top-notch Russian caviar. Procured solely from sturgeons caught in the Caspian Sea, Petrossian is still the caviar of connoisseurs. For 70 years, the Petrossian family has enjoyed a privileged relationship with the Russians, maintaining exclusive rights to import the finest caviar available from the area.

Today, under the skilled helmsmanship of Moucheg's son, 43-year-old Armen Petrossian, this once two-man establishment remains the preeminent purveyor of Russian caviar in France, the United States and Canada, and also re-exports to a host of other countries.

The company is also known for its choice net-caught salmon, smoked and processed by hand, and for its fine foie gras, hand-molded in a restored 12th-century abbey in the Perigord region of France.

Hard as it is to imagine looking around the elegant art-deco restaurant ensconced



behind a massive wrought-iron door in the landmark Alwyn Court building, life wasn't always

Christofle silver and Limoges china for the Petrossians. Two young Armenians who had the misfortune to be studying in Russia at the time of the Bolshevik Revolution in 1917, the Petrossian brothers suspended their law and medical pursuits and made their way to France. It was there that opportunity knocked, according to Eve Vega, co-director for the company's U.S. operations.

"When the brothers arrived in Paris, they realized that the City of Lights had everything except caviar,"

she says. With the French University unwilling to accept their school credits, the two knew they had to get into something quickly and took the key step to opening their own caviar kiosk. In doing so, the Petrossians became real trailblazers. "According to family legend, they placed the first phone call made from Paris to the Soviet ministry," says Vega. What

Only the best



ensued might have been a scene from *Gorky Park*.

"The Russians indicated that they should place all of their available cash on the steps of the embassy in the wee hours of the morning and they did so," she goes on. One month went by and then the next, with still no caviar. "After three months and a lot of apprehension and anxiety, the caviar finally started rolling in," Vega laughs.

At the time, Paris was welcoming exiled princes, intellectuals and aristocrats fleeing the Soviet Union, all people who appreciated good caviar. The French themselves, however, weren't initially too enthusiastic about the dream product. When the Petrossians first offered it at the Ritz Hotel, the French made ready use of the nearby spittoons. Not everyone felt the same. Americans like F. Scott Fitzgerald, Ernest Hemingway and Josephine Baker, who were in Paris at the time, fell in love with the product.

It wasn't for another 60 years that Petrossian products, which by this time also includ-

ed salmon, foie gras, French soups, truffles, chocolates and other delicacies, actually made their way to American shores. In 1980, upscale stores such as Bloomingdale's and Nieman-Marcus began to offer a selection of Petrossian products. The company, then under the leadership of Armen's cousin, Christian, also opened a small boutique in Manhattan.

It was almost immediately a hit. Word quickly got around about the high-quality Petrossian products, especially the caviar. Americans had been indulging themselves with caviar for years, but they soon found that the Petrossian brand was unique—it came from the Caspian Sea, whose salty waters provided a first-rate environment for sturgeon. The only two countries to border the Caspian were Russia and Iran, and Russia had drawn a tight net around its waters. The only non-Russians given access to their caviar were the Petrossians. They would periodically visit the area to hand-select the best caviar and then pack it in gold-plated tins for

shipment to the company's plant outside Paris.

Initially, the company faced an educational hurdle with the American public, but they soon overcame this. "Most Americans were calling anything that resembled an egg, caviar," explains Vega. "I think the Petrossians were very successful in stating the true facts—just like sparkling wine is sparkling wine and champagne is champagne; caviar from a sturgeon harvested from the Caspian Sea is considered caviar. Other than that, it's just fish roe."

The Petrossians also clearly brought to light the specific types of caviar. "Prior to Petrossian coming here, there were only two types of caviar: Beluga and Sevruga," says Vega. "Ossetra was always available, but where was it? No one really knew, because there was always this misrepresentation, this 'Oops, I made a mistake, this Beluga label got on this Ossetra tin.'"

Petrossian caviar was clearly defined, with price points set according to the size of the egg and the length of time it took

each sturgeon to mature. The Beluga sturgeon, which is the largest, weighing up to 1,800 pounds and reaching 20 feet in length, takes 18 to 20 years to mature before producing eggs. The resulting

caviar is light to dark gray in color and is the largest and most delicate available.

The Ossetra sturgeon is smaller than the Beluga, weighing between 80 and 200 pounds and taking 12 to 14 years to mature. Ossetra caviar is also a

The elegant decor in Petrossian's restaurant in the Alwyn Court building in New York City perfectly accents the fine food that is served—Petrossian products as well as other fare.



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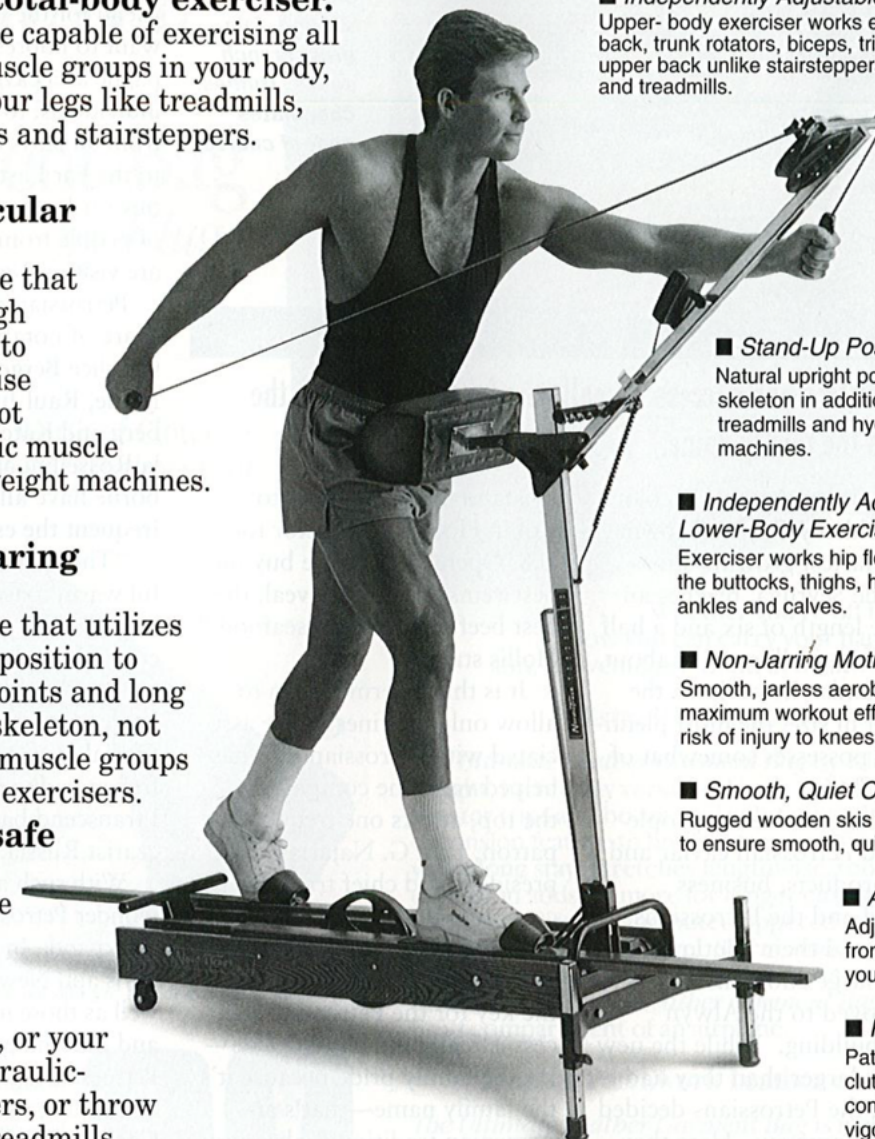
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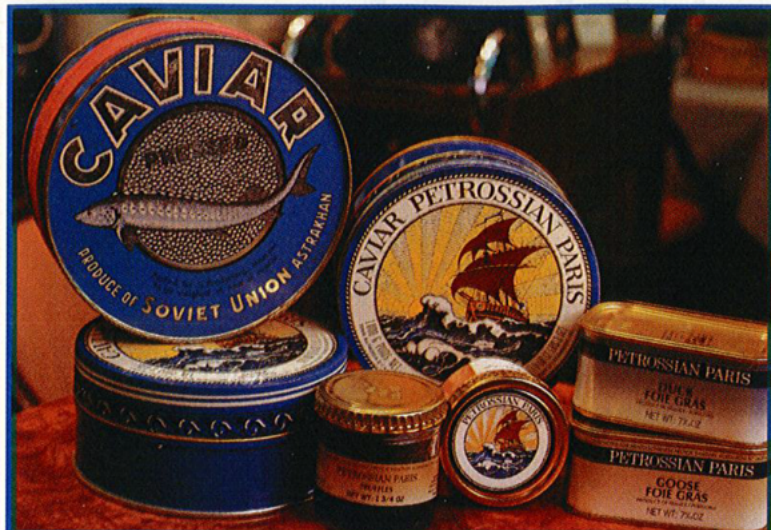
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At the Petrossian boutique, one can find such delectable items as smoked salmon, foie gras, French soups, truffles, chocolates and, of course, caviar.

"I think the key for the Petrossian success is really the family pride—it's the family pride because it's the family name."

large grain, and varies in color from golden yellow to brown.

The fastest growing sturgeon, the Sevruga, reaches an average length of six and a half feet and typically weighs about 170 pounds. Its caviar is the smallest in size, the most plentiful and possesses somewhat of a lusty flavor.

As more and more people sampled Petrossian caviar and other products, business boomed and the Petrossians soon found their boutique wasn't large enough. In 1984, they moved to the Alwyn Court building. While the new site was larger than they had sought, the Petrossians decided to take it anyway. Here they could not only expand the boutique, but also open an elegant restaurant, they reasoned.

Today that restaurant, which boasts an unusual triangular shape, displays tall, gray columns, a Finnish pink and Angolan black granite caviar bar backed by an Erte-inspired mirrored etching, and a nautilus-shape crystal chandelier.

While Petrossian products are a mainstay at the restaurant, other fare is served here as well. Such food, however, must also meet with exalted compa-

ny standards, according to Robin Hollis, co-director for U.S. Operations. "We buy the best venison, the best veal, the best beef and the best seafood," Hollis stresses.

It is this determination to allow only the finest to be associated with Petrossian that has helped vault the company to the top, attests one frequent patron, Jack G. Najarian, vice president and chief trader of the corporate desk and dealer for Societe Generale, a Manhattan-based French bank. "I think the key for the Petrossian success is really the family pride—it's the family pride because it's the family name—that's an Armenian tradition," observes the Armenian-born Najarian.

At Petrossian, patrons can indulge in the world's best vodkas and champagnes along with gastronomic delights such as Russian salmon roe with blini or toast points, Petrossian whole foie gras or smoked salmon, and "Teasers," which is an assortment of unusually prepared smoked-fish delicacies. Then, of course, there's the caviar. One has only to specify how much. Prices range from \$22 for a 30-gram presentation of pressed caviar to \$500 for a

250-gram presentation of Beluga caviar.

Patrons are not necessarily wealthy. "We have all sorts of people," says Hollis. "We have younger people who come here because they're taking out a girlfriend for the first time and they want to impress her with champagne and caviar, to wealthy individuals, to many foreigners from all parts of South America to the Far East to Japan and obviously an enormous amount of people from this country who are visiting New York."

Petrossian also attracts its share of notables. Madonna, Candice Bergen and Louis Malle, Raul Julia, Steven Spielberg and Kate Capshaw, Isabella Rossellini and Craig Claiborne have all been known to frequent the establishment.

"They bring you that beautiful warm toast with the caviar, and before the toast becomes cold, it's replaced with a new serving," says Najarian. "After having a vodka or two in those special frozen flutes with the frozen vodka and a little caviar, I transcend back in time to czarist Russia."

With such acclaim, it's small wonder Petrossian has decided to expand. In addition to the Paris and New York shops, as well as those in Nieman-Marcus and Bloomingdale's, Armen Petrossian is now in the process of opening new boutiques in Caracas, Venezuela, and in Mexico City.

Between the promise of such expansion and the amount of Petrossian products already available at hotels and on cruise lines, more and more individuals are enjoying access to delicacies once reserved for princes and czars. Indeed, it's not hard to imagine a time when people from nearly every corner of the globe will indulge in Petrossian caviar, of course with the proverbial champagne on the side and maybe some foie gras or smoked salmon to boot. ▼

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A restaurant unique to Long Island, Ben's Deli Express was recently honored with first place in a national architectural competition. Trade magazine *Chain Store Age Executive*, which sponsored the 1992 Retail Store of the Year Design Contest, voted Ben's the winner in the Specialty Food category.

The 1,240-square-foot self-service restaurant, which opened last August, was created to make a kosher deli as easily accessible as other popular fast foods. A prototype for future stores, it seats 16 people in a bright, modern setting. Tinted mirrors, a luminous yellow ceiling grille and yellow and gray tiles create a sophisticated and inviting atmosphere. Mall shoppers are lured in by the vivid neon signs and larger-than-life photo displays of Ben's mouth-watering frankfurters and deli sandwiches. Five other Ben's Deli Express outlets are in operation and more may be planned for the future.

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Guam makes room

Tourism is nearly a billion-dollar industry in the U.S. territory of

Ben's Deli Express is the winner of the 1992 Retail Store of the Year Design Contest.

Guam, which has a population of about 130,000. More than 700,000 people a year, nearly 80 percent from Japan, flock to this island to enjoy its tropical climate and pristine beaches and to swim, fish and golf.

This surge in tourism—an increase of about 100 percent in the past five years—has brought about plans to triple the size of its Antonio B. Won Pat Guam International Air Terminal with a \$235 million expansion and renovation. The project, which is under the supervision of The Parsons Corporation, involves adding 544,000 square feet that will increase the building's capacity from the present 1,500 passengers per hour to 5,000 per hour. The addition of access road overpasses, seven aircraft apron positions, an underground fueling system and the expansion of taxiways, parking facilities and utility systems are also included. Major portions of the expansion design are nearing completion and construction on the project will begin soon. ▼



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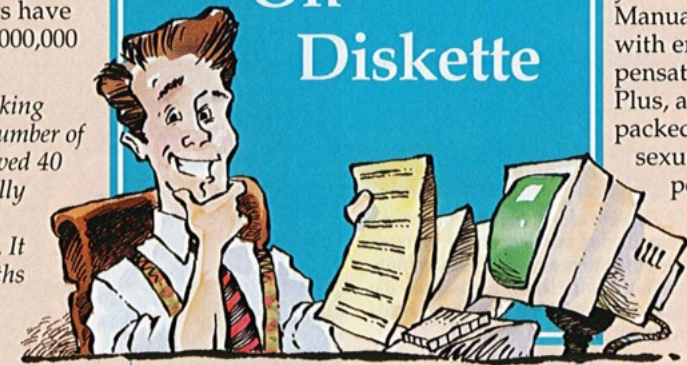
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Mind Machine Breakthrough!

Plug Your Brain Into This Powerful Micro-Computer To Zap Stress, Boost Brainpower, And Launch Your Mind Into An Amazing Universe Of Light & Sound. Plus Get \$600 Worth Of Free *MindWare*™!



By Dane Spotts

I put on my space age shades, plugged in the Thunderstorm soundtrack, and programmed the SuperMind™ computer for a "heavy-duty" Theta session. As I punched the start button I was reminded of NASA's virtual reality machines. Those billion dollar video games that transport your consciousness into an artificial computer world you manipulate with voice commands and gestures.

Of course, the SuperMind™ isn't virtual reality. No. It's more like electronic Zen.

Trip To Theta Land

After only a few moments of being plugged into this machine, I was sucked into a deep trance. Weird colors and patterns were created on the insides of my closed eyelids. I could hear the rumblings of a tremendous electrical storm brewing off in the distance. I experienced the sensation of being pulled down deeper and deeper into the eye of the storm. Suddenly I felt an orgasmic endorphin rush stream into my brain. Yes! I was launching into Theta-land. Big time.

Using pulses of sequenced light emitted from the glasses and computer generated sound frequencies, the SuperMind™ synchronizes your brainwave patterns, driving your brain into an altered state of consciousness.

Based on hard scientific evidence which associates states of consciousness with dominant brainwave activity, this machine coaxes your brain into an Alpha/Theta pattern (brain-

waves in the 4-10Hz range), which is associated with deep meditation and mental imagery. The result is greater control over your mental states. Increased intuition. Creativity. And enhanced well-being.

And because it's computer controlled you can experiment with thousands of different frequency combinations to induce optimal mental states. Or you can choose from 10 "preset programs" designed to produce specific states of consciousness - ranging from sleep and meditation to extreme alertness - all at the push of a button.

The size of a pocket calculator, it's so portable I take it with me on business trips to beat jet lag. A 20-minute session before landing gives me the equivalent of 8-hours sleep and helps reset my biological clock.

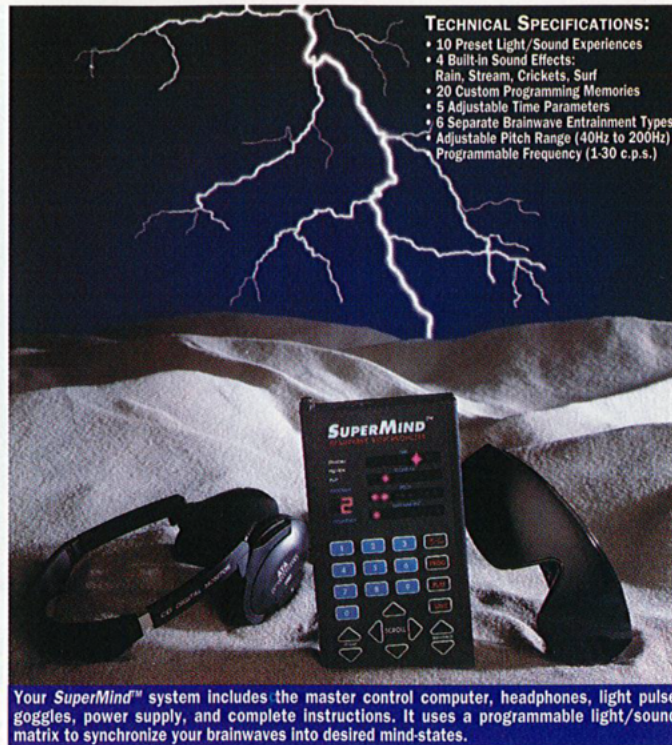
Brain Tune-Up

Look: Training your brain to generate Theta activity for even a few minutes each day has enormous benefits, including boosting the immune system, enhancing creativity, triggering peak experiences, along with feelings of psychological well-being.

For a little black box to do all that to your brain in 20 minutes is amazing enough, but it's only part of the story. Because this machine can also be used to accelerate learning and modify negative self-defeating behavior.

Automatic Hypnosis

Let's say you wanted to quit smoking, enhance your self-esteem, lose weight, or just play a better game of golf. You could pay a hypnotist \$100 an hour or more to reprogram these new self-image and behavior patterns into your subconscious. Or, by plugging into the SuperMind™ you could induce a hyp-



Your SuperMind™ system includes the master control computer, headphones, light pulse goggles, power supply, and complete instructions. It uses a programmable light/sound matrix to synchronize your brainwaves into desired mind-states.

TECHNICAL SPECIFICATIONS:

- 10 Preset Light/Sound Experiences
- 4 Built-in Sound Effects: Rain, Stream, Crickets, Surf
- 20 Custom Programming Memories
- 5 Adjustable Time Parameters
- 6 Separate Brainwave Entrainment Types
- Adjustable Pitch Range (40Hz to 200Hz)
- Programmable Frequency (1-30 c.p.s.)

notic trance in a matter of seconds. Then, while your subconscious is primed for psychological programming, you play pre-recorded behavioral mindscripts, and these new success patterns become transferred onto your brain.

I'll include a special report that teaches you exactly how to create your own behavioral mindscripts on everything from success conditioning and weight control to enhancing sexual performance. Or if you wish, use Zygon's pre-recorded library of *MindWare*™ tapes. Whichever method you choose, you'll possess an extremely flexible and powerful tool for rescripting your subconscious and improving your life.

Instant Bulgarian

Plus, you can use this machine for speed learning. Tests at the University of California have revealed the effects of Theta frequencies on learning. During their study a group of 20 students learned 1,800 words of Bulgarian in 120 hours while using Theta stimulation programs. In about 1/3 the normal time they spoke and wrote the new language.

As an additional bonus I'll be sending you a special report on how to set up your own speed learning system to learn foreign languages and new material at lightning fast speed.

\$100 Moodscape™ Library

And if you order your SuperMind™ now (during our special introductory period), you'll receive a third special bonus - FREE. Four very unique *MindWare*™ soundtracks, called *Moodscape*™, enhance your SuperMind™ experience. You simply connect a stereo player to the SuperMind™ unit using the patch cord provided. While the frequency matrix of your SuperMind™ alters your mind-state, the *Moodscape* soundtrack transports your consciousness into a beautiful and unique aural landscape. Because your brain is so "tuned in" by the light/sound frequencies, your mind creates an intense array of mental images. The combination is truly mind-expanding. And remember, all four *Moodscape* (\$100 value) are yours FREE, even if you decide to return your SuperMind™ system for a full refund. And that's only the beginning.

\$500 Free MindWare™ Pak

Because as part of this special promotion I'm including \$500 worth of additional *MindWare* bundled with your SuperMind™ computer. For a limited time the SuperMind™ comes with 4 accelerated language courses, a 22-title Behavioral Mindscripting library, and a "Fantastic Mind Journeys" library to launch your consciousness into new realities.

Speak French, Spanish, German, & Italian Overnight

Using the amazing accelerated language learning system, these four Instant Language courses are bundled with your SuperMind™ computer. Each course works with software built into your SuperMind™ to imprint a super-fast working knowledge of these languages into your memory. Edited to accelerate learning time, words and phrases for speaking in each country are imprinted directly onto your brain cells. No verbs to conjugate or grammar to learn. A \$200 super-value, all four language courses won't cost you a penny.

And there's more...

Super Motivation Library

Turn stress into success, and a loser mindset into a winning one at a touch of a button with the 22-title Behavioral Mindscripting library. By first synchronizing your brainwaves into the optimum mind-state for psychological programming, the SuperMind™ uses these mindscripts to rewire deeply embedded subconscious belief patterns. Eliminate self-sabotaging behavior and implant new success patterns automatically. Normally each title is \$10, but for a limited time I'm bundling this entire \$220 library FREE with your SuperMind™ computer.

And here's something else...

3 Fantastic Mind Journeys

Trigger vivid sensory responses in your brain and transport your consciousness on a journey to other times and places with three mind-blowing experiences. *Aboriginal Dreamtime* takes you to a mystical time when the world was new and magic ruled. *Cetacean Mind Link* puts your consciousness inside a whale and dolphin to experience their

incredible ocean world. And finally the ultimate mind-trip, *Near Death Experience* simulates the 5 astral stages of a journey out of your body, then back again, renewed and enlivened. Three superbly crafted SuperMind™ experiences are \$25 each, adding another \$75 bonus value to your package.

\$17,000 Machine For \$299

I'm super pumped up by this powerful self-improvement tool. Of all the Light/Sound machines I've used, the only one that even comes close to the SuperMind™ is a \$17,000 clinical model.

This powerful brain boosting computer with all its incredible bonuses -

Instant French Free!

Learn 4 foreign languages, rescript self-sabotaging behavior, and send your brain on incredible mind journeys! **ALL FREE!** Details below.



The SuperMind™ bonus bundle package above includes the Behavioral Mindscripting Library, 3 Fantastic Mind Journeys, and the 4 Instant Language courses with workbook, as well as your free-to-keep *Moodscape*™ Library, and Auto-Hypnosis and Speed Learning Audio Reports.

Auto-Hypnosis Special Report (\$25 value), the Speed Learning System (\$25 value), *Moodscape*™ Library (\$100 value), and the incredible *MindWare*™ Bonus Bundle Package (\$500 value), is all yours for only \$299.95.

30-Day Free Trial

And you can try it entirely at my risk over the next 30 days. Take your brain on a mind machine journey into incredible mind-altering experiences, learn foreign languages at the push of a button, and reprogram a loser mindset into a winning one. If for any reason you're not blown away by the experience, send your computer back to me for a full

refund. But no matter what you decide to do, keep the \$100 worth of *Moodscape* as my free gift just for giving it a shot.

To order, simply call my toll free number and ask for the SuperMind™ special offer (Item #405). Or send your check or money order for \$299.95 plus \$15 shipping & handling to the address below. Please allow 4-6 weeks for delivery.

SuperMind™ Special Offer (Item#405).....\$299.95

For Fastest Service Order Toll Free 1-800-925-3263

ZYGON

P.O. Box 97022, Redmond, WA 98073-9722
For Information Please Call (206) 885-9200

\$100 Worth of Mind-Altering "Moodscape" Free!

"A powerful new form of mind expansion," is how one researcher describes the experience. Another calls it "Electronic LSD." *Moodscape* are "software" experiences, (or *MindWare* as we call it) that enhance your SuperMind™ sessions. They transport your consciousness on a powerful meditative journey. One user likened the experience to the memory implant devices in the movie "Total Recall" because it evoked such powerful mental imagery. Your *Moodscape* library includes 4 separate aural landscapes. Each soundtrack uses a special combination of environmental sound effects and musical textures designed to stimulate vivid sensory responses in the brain. Each is a unique experience that seems to change every time you listen to it.



Thunderstorm (\$25 Value)
A storm is coming. You hear the rumbling thunder. Lightning strikes and rain begins to fall. You feel safe and protected, but charged by the powerful forces of nature.



Seashore (\$25 Value)
Gentle waves roll in as the sea gulls dance above you. A cool ocean mist fills the air. A ship passes by far out to sea. A musical texture surrounds you with warmth and love.



Spring Day (\$25 Value)
Bathe in a warm breeze, as the scent of flowers and new grass fills the air. A soothing stream and the sounds of birds celebrate the ecstasy of aliveness.



Savanna Night (\$25 Value)
The night sky is filled with stars. Sitting on an overlook you are watching a vast African plain below come alive. The drumbeats of an ancient rhythm surround you with wisdom and magic.

\$500 Free Bonus Pak!

SUPER MOTIVATION LIBRARY FREE!



22 Behavioral Mindscripting titles rewire deeply embedded subconscious beliefs. By synchronizing your brainwave patterns into the optimum mind-state for psychological programming, then implanting new success patterns, your subconscious automatically creates an outward reality to match these new inner images. The titles recorded onto 11 audio cassettes include:

1) Attracting Prosperity & Wealth, 2) Success Motivation, 3) Eliminate Procrastination, 4) Increase Focus & Concentration, 5) Creativity & Problem Solving, 6) Self-Confidence, 7) Building Self-Esteem, 8) Time Management & Organization, 9) Sales Superstar, 10) Winning Personality, 11) Permanent Weight Loss, 12) Stay Fit/Exercise Motivation, 13) Quit Smoking Forever, 14) Reduce Blood Pressure, 15) Stress Reduction, 16) Mastering Fear & Anxiety, 17) Mind Over Illness, 18) Effective Public Speaking, 19) Super Memory & Learning, 20) Overcoming Shyness, 21) Attracting Love Relationships, 22) Expanding Psychic Powers.

A \$220 value, the Behavioral Mindscripting Library is yours FREE with your SuperMind™ Bonus Bundle Package.

3 FANTASTIC MIND JOURNEYS FREE!



Using a special combination of sound effects and digital harmonics, these soundtracks launch your brain into "virtual reality"-like experiences similar to what we saw Arnold Schwarzenegger experience in the movie "Total Recall".

Aboriginal Dreamtime - launches your consciousness into the remote outback of Australia where you experience a mystical time when the world was new and magic ruled.

Cetacean Mind Link - turns your consciousness into a whale swimming the ocean with a remarkable ease. Your mind links with perhaps the most intelligent species on the planet.

Near Death Experience - you experience the ultimate mind-trip, as your consciousness passes through 5 different levels of awareness on your journey toward the light of peace and love. This simulation then brings your consciousness back into your body, energized and enlivened.

A \$75 value, these 3 Fantastic Mind Journeys are yours FREE with your SuperMind™ Bonus Bundle Package.

4 INSTANT LANGUAGES FREE!



Speak four languages overnight. Instant French, Instant Spanish, Instant German, & Instant Italian use the SuperMind™ computer to stimulate the optimum brain-state for maximum learning. Then the language soundtrack imprints new words and phrases directly onto your brain cells. A second tape included with each course uses a special reinforcement system to lock the language session into permanent memory. There are no verbs to conjugate or grammar to learn. This unique combination of conscious and unconscious learning is a super-easy and fun way to learn. A limited once-in-a-lifetime offer, these courses normally retail for \$49.95 each, but are yours free as part of this special offer. Each course includes 2 audio cassettes, and you get all four Instant Language courses with your SuperMind™ system.

A \$200 value, the Instant Language Library is yours FREE with your SuperMind™ Bonus Bundle Package.

There's
arguably
no better way to
experience the
quaint, cosmopolitan
city of Amsterdam
than by bicycle.

*by Susan Hoppe
Bryan Peterson photographs*

Biking around Amsterdam's parklands is especially enjoyable during the warm weather months when blossoms are abundant and breathtaking.

Editor's Note: Amsterdam is just one of the many exciting World-Vacations packages. See your travel agent for details.

PEDAL POWER



Once you've mastered the negotiation of Amsterdam's streets, you're ready to discover what this magnificent city has to offer.

Amsterdam is flat. Not its atmosphere, the terrain. Little wonder, since it's built in the water on a million or so pilings driven into the bottom of the Amstel River's estuary. The steepest grades are the arcs of hundreds of bridges over its world-famous *Grachten*. These genuinely romantic canals were used as defensive moats through medieval times until the Amsterdamer merchants discovered their superior use for transporting merchandise by barge in the 16th century. Of course, that was before the invention of the bicycle, the vehicle for the "workingman," which is ideally suited to the profile-less terrain of the Netherlands. Because of its flat terrain, Amsterdam is a tenderfoot cyclist's dream of an easy ride. Bicycles are also excellent for discovering the plentiful sightseeing treasures of the Netherlands' capital.

The canal system girding Amsterdam, considered the most vibrant part of the city, is home to approximately 75,000 people.

Surely somebody in city hall knows how many bicycles, called *fietser* (*fiets*, singular) there are in Amsterdam. In calculating an estimate, take into account that nearly every one of the city's 700,000 residents owns a bicycle, and then add to this total the thousands for rent to visitors at several

locations around the metropolitan area. For extra credit, multiply that by the rest of the towns in the Netherlands. *Fietser* are as integral to Dutch life as horses were in the American Old West, and they lend the place just as much ambience.

This is not big news, of course. The Dutch have been

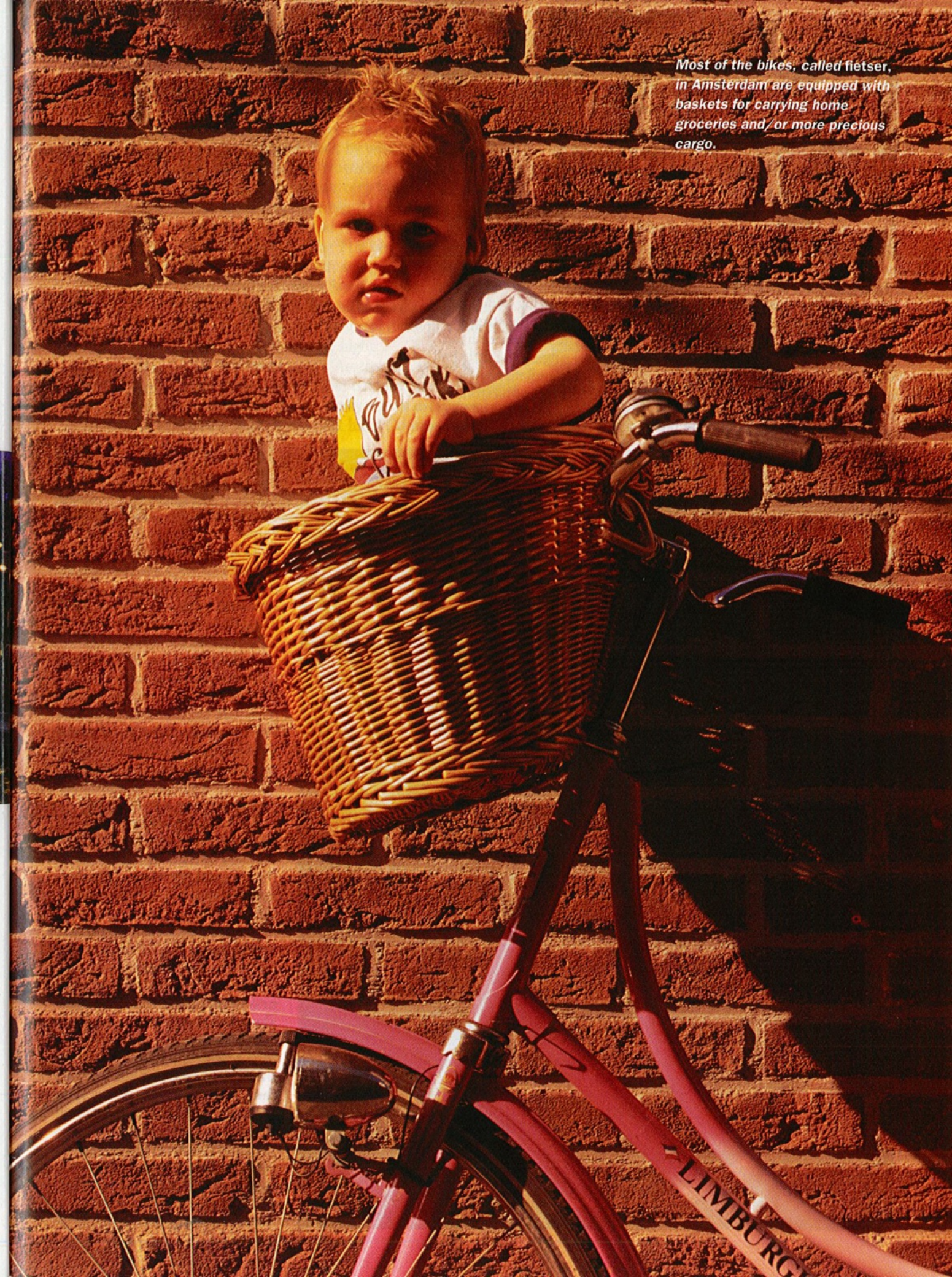


Amsterdam wants to be the first major European city to virtually banish the car from its heart.

devoted to bicycles for a long time. Though busses, trams, cars and motorcycles are also extensively used in the city and beyond, the stands at train stations and park-and-ride stops bristling with bikes attest to the two-wheeler's undiminished popularity.

There are *fietser* everywhere. They can be seen chained to railings, lampposts, rainpipes, mailboxes, trees, in people's skinny stairwells, on their tiny balconies, in their living rooms and virtually every other imaginable location. They even lean against shop windows where disgruntled shopkeepers post signs: "Don't park your *fiets* here, or it will disappear!"

Most of the bikes, called *fietser*, in Amsterdam are equipped with baskets for carrying home groceries and/or more precious cargo.





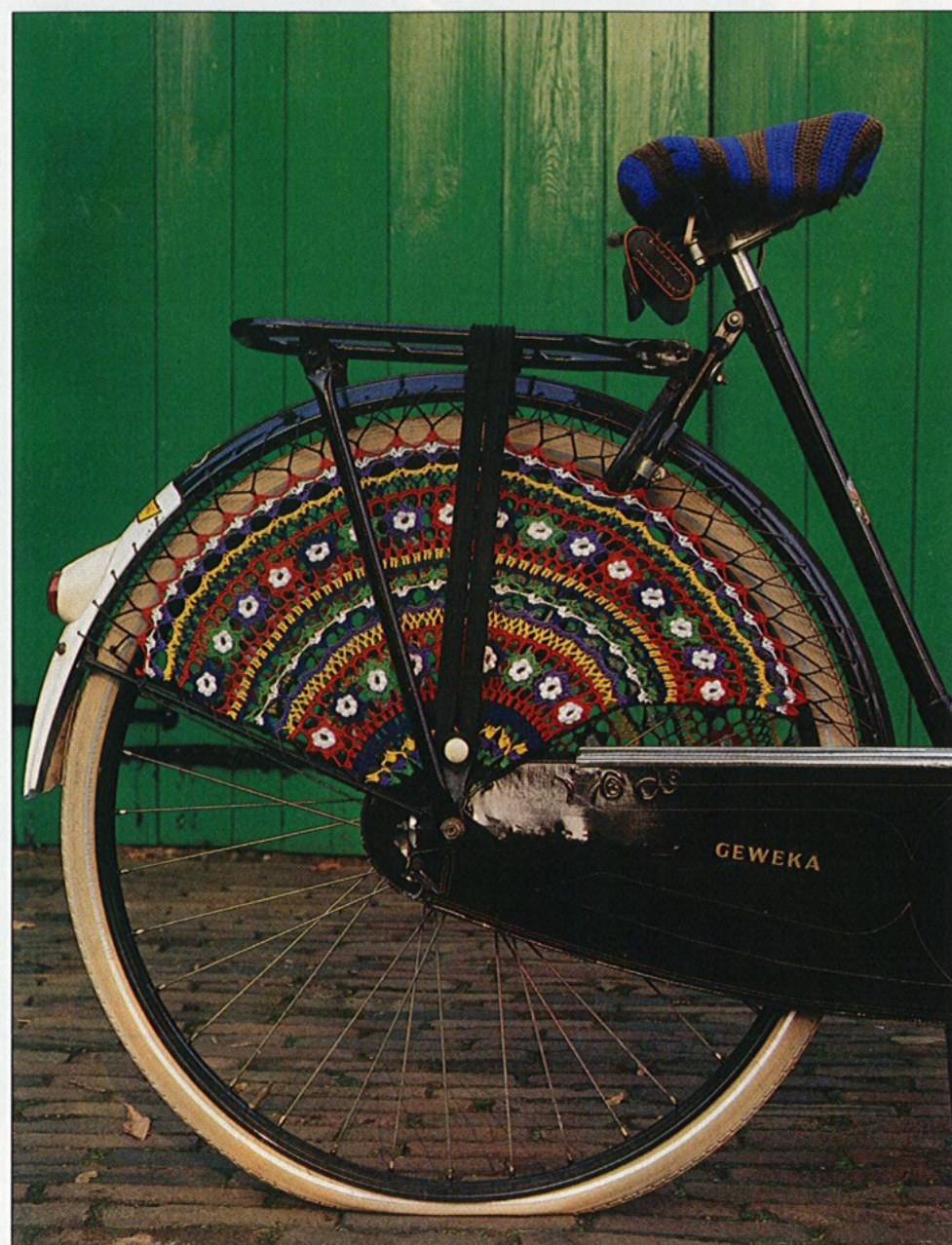
Fietser are as integral to Dutch life as horses were in the American Old West.

utch *fietser* are said to be the most comfortable and sturdy in the world. They certainly are handsome, often sporting deep red, green or blue exteriors, encased gearboxes and bicolored fenders. If you don't bring a bike along with you to Amsterdam, sometime during your visit you'll probably want to rent one and see the city on two wheels. To

truly experience biking in Amsterdam, you'll need to have a considerable number of purchases piled haphazardly in your fender basket by the end of the day, as the working Dutch do.

Before you hit the streets, take a minute to practice hand signals and ringing the little bell on your left handlebar while jiggling around on cobblestones. That cling-a-ling might well be the loveliest sound you'll hear in

(Below)
Decorated
rear-wheel
covers are
said to
indicate the
owner's
number of
children.
This fietser
belongs to a
mother of five.



the city, besides being a most necessary signal. Since all Dutch are seasoned city bikers, they know how challenging it can be to maneuver around parked cars, people and pets in these centuries-old streets. Pedestrians will move aside, but not if you don't ring.

Once you've mastered the negotiation of Amsterdam's streets, you're ready to discover what this magnificent city has to offer. Studying a map is helpful, but not requisite, since you can't really get lost in Amsterdam's old town.

The inner city is laid out like the bands of a rainbow around Dam Square, where the young hang out in colorful, shifting groups, trading entertainment information and tips of hostel vacancies. Lined with trees and the most narrow houses in the world, canals with such grand names as *Keizersgracht* (Emperor's Canal), *Prinsengracht* (Prince's Canal) and *Herengracht* (Lord's Canal) offer an attentive sightseer intimate details of Dutch urban life. A great stroke of luck is to chance upon somebody's moving day; it's as entertaining for the onlooker as it is frustrating for the movers. People laugh, shout and tear out their hair, as their valued possessions are hoisted up with roof-peak pulleys and in or out through the windows in exactly the same way they have been for centuries.

Street-level windows are often barely framed with lacy curtains to allow unhindered (but casual, please) glances into someone's living room or office. Polished brass, engraved nameplates mounted on incredibly smooth, brightly enameled doors disclose who lives inside, or which company does business here. Amsterdam is—and always was—a trader's city, complete with all the trappings of commerce, banking and three-piece suited think-tank. But that's not all.

Amsterdam is a place to fall in love, to patch things up, to take your kids on a fairy-lit night canal boat ride. It's waking to church bells on Sundays, and pigeons cooing to one another. Canal barges toot,

Amsterdam is an old city, incorporated in 1300 A.D. The *Grachten* (canal) area expanded rapidly during the Netherlands' golden 17th century; its trim gray-brick houses were built by wealthy patrician families and merchants. Nowadays, this staid and refined facade conceals only by day the dynamic pulse that earned the city its sobriquet of "Swinging Amsterdam" some years ago.

On the brink of the 21st century, Amsterdam is a grand lady, still fresh and giggly inside, who wears hot pink under her neat, gray suit and doesn't care what the world thinks. She loves to party more than anything and dines in a different exotic restaurant every night.

If you travel to eat, Amsterdam is one big restaurant. Dry weather cobblestone or boatdeck seating under the open sky makes every meal even tastier. The Dutch-East India Company of colo-

nial times brought home a taste for international cuisine and visitors fill the many superior ethnic restaurants to enjoy it. Indonesian, Chinese, Indian, African, Greek, Italian and Portuguese are just a few of the vast culinary delights Amsterdam has to offer. Eat your way around the world on one street and then move on to party Amsterdam-style a few blocks away.

In warm weather, open-air spectacles are viewed nightly at *Leidseplein* and *Rembrandtplein*. These squares fill up quickly after dark. People-packed rows of tables, roofed with umbrellas and strings of lights, line the quadrangle of streets—the stage for musicians, mimes and acrobats, while passed hats jingle with coins at the end of their acts. Beverages and snacks are served by the clubs and bars adjoining the square.

A few days, or nights, are barely enough to get to know this grand lady of cities.



harbor ships hoot—if you think there are a lot of bikes, try to count the boats moving or moored along the canals: flat-bottomed barges, glass-roofed tour boats, motor skiffs, sailboats, rowboats and houseboats. A tempting daydream for otherwise stalwart suburbanites: "Ah, to live on a houseboat in Amsterdam, tend potted flowers and sun myself in others' envy." Romantic? Yes indeed.

Wherever you go, travelers from all over the world are looking, pointing or posing for that snapshot memento of Amsterdam. Most days, tourists find themselves waiting in line at the door of the renowned attractions listed in a multitude of guidebooks. The waiting, however, is a most worthwhile sacrifice as it's in these lines that you have a chance to meet people from anywhere (or, just as likely, locals interested in seeing a new exhibit) and pass the time chatting, exchanging addresses, and perhaps arranging to meet again someplace. Something about this city makes strangers talk to each other easily. Perhaps it's that celebrated, and sometimes notorious, atmosphere of Dutch liberality and



open-mindedness that brings down reserves. Or possibly a simple thing in common: everybody's crazy for Amsterdam.

From avant-garde galleries on the nearest corner and hungry-looking street artists selling wind-mill scenes, to the must-sees in museums conveniently located near each other at *Museumsplein*, Amsterdam is, above all, art; smart and à la carte. One can see somber men, dressed in black, with ruffles about their chins in Old Master portraits of the peo-

ple who built these cities, at the *Rijksmuseum*. At the *Stedelijk* are the Moderns. Yet another *Rijksmuseum* is dedicated especially to Van Gogh's flowers.

The music is equally memorable. It sneaks out of open tavern doors and windows at all hours while truly talented street troubadours charm passersby in all weather. The *Concertgebouw* (concert building) offerings are world-class, while the rock scene always boasts a full, international calendar.

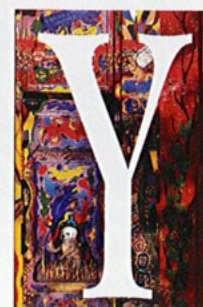
As indicated by a recent referendum, some 53 percent of Amsterdam's voters backed a plan for a virtually car-free city center. Currently, one-third of downtown traffic is bicycles.



The sturdy bicycle, complete with windscreen, children's seats and mom in the driver's seat, is Amsterdam's two-wheel, man-powered version of the mini van.



ished sparklers on dark velvet awaiting a buyer. Also in abundance are haute-couture, in-couture, and literature in countless boutiques and bookstores. There are lots of ways to spend money in Amsterdam.



Because of its flat terrain, Amsterdam is a tenderfoot cyclist's dream of an easy ride.

our greatest pleasure, though, may indeed be riding along the main streets of Amsterdam. The wide, smoothly paved *fietser* lanes will make you want to sign the next petition for having them installed in your town as soon as you get home. Maybe you can get city hall to appropriate funds for those nifty bike traffic lights, too. On the other hand, if you find yourself in the middle of *fietser* rush hour at the

end of the work day, when car traffic jams, but the bikes don't, you just might wish you lived here and wouldn't ever have to go home.

Biking in Amsterdam is a tremendous experience. Just

don't forget to get off your *fiets* now and then, to look at things up close. For that, you'll need a good lock and a free spot to which to chain your bike. Your *fiets* won't be lonely, rest assured. Which brings to mind: if you look at that vast confusion of handlebars and fenders in any of the really big *fiets* parking spots, you might wonder how do their owners find the right one? It's worth the challenge of trying it out yourself. ▼

Amsterdam, with its historic 17th-century inner city and contemporary metropolitan ambience, attracts millions of visitors each year.

As for shopping, Amsterdam has every kind of venue, from flower and vegetable markets and tiny shops, to large open-air markets where one can buy anything from wild hats and "real" antiques, to tulip bulbs to show off at home. A single bulb, worth far more than its weight in gold—or diamonds, for that matter—was once a bride's dowry.

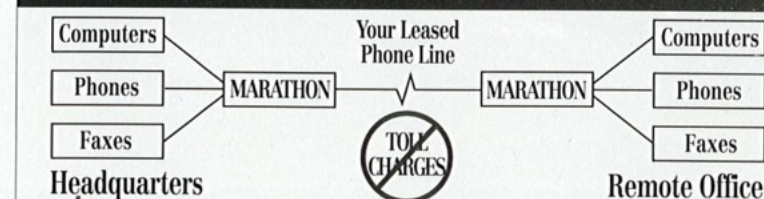
Amsterdam is diamond city, too, and one doesn't have to look far to catch a glimpse of little heaps of freshly cut and pol-

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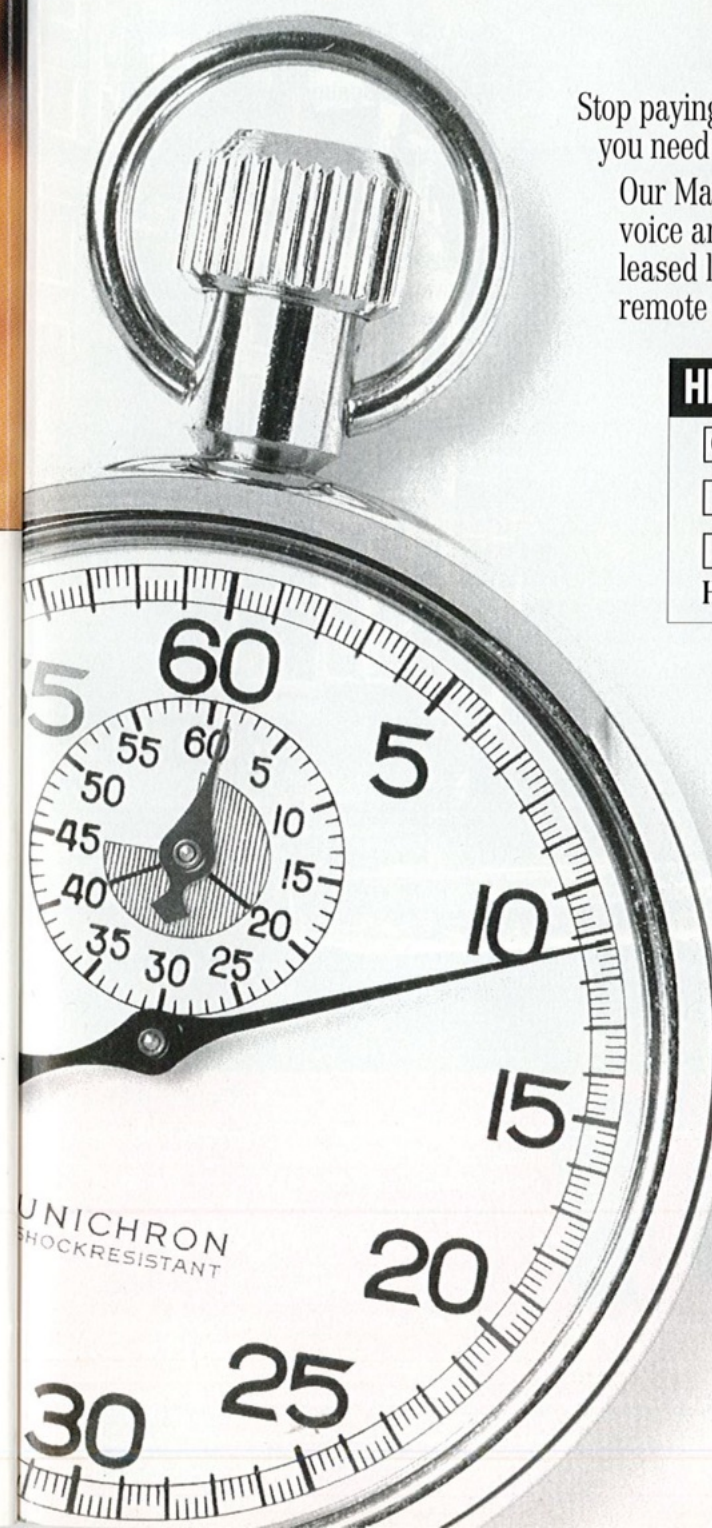
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Grand Prize

Northwest Airlines will fly you and a companion to Amsterdam. Known as the "city for all seasons," it attracts tourists from all over the world. A harmonious yet varied city, Amsterdam is famous for its canals, gabled houses, museums and friendly people. Visitors to the easygoing city will enjoy its historical treasures, while also taking in the metropolitan nightlife, shopping and contemporary cultural offerings.

Win two free round-trip tickets to Amsterdam



NETHERLANDS BOARD OF TOURISM

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- Find the pages with the windmill symbol. If the windmill is on an advertisement, write the name of the product advertised and the corresponding page number on the entry form (abbreviations are acceptable). The entry form is located in this magazine on the Advertiser Information Card adjacent to page 98. If the windmill is within an article, write the name of the article and the page number on which you found it. Please complete the entry form by finding at least 10 windmills (there are more than 10 windmills in the magazine). Hint: 1 symbol has been filled in on the entry form for you already! You only need 9 more!
- Place 29 cents U.S. postage or international equivalent on the card and mail. Be sure to include your full name and address for prize notification. One entry per person. Entries must be received by June 18, 1993, and winners will be notified by June 30, 1993.

OFFICIAL RULES

No purchase is necessary. To enter, complete and send the entry form on the Advertiser Information Card adjacent to page 98 in this magazine. Only one entry per person allowed. Illegible or mutilated entries are void. Entries must be received by June 18, 1993. Winner will be selected in a random drawing on or about June 30, 1993. Grand Prize: one set of two tickets on Northwest Airlines to Amsterdam. Free air travel on Northwest Airlines is subject to the following conditions: class of travel will be coach and is subject to availability by Northwest Airlines. Tickets must be used by winner and are not transferable. All travel must be completed by December 31, 1993. Winner may depart from any city served by Northwest Airlines and must return to that same city. Eligibility: Employees of Northwest Airlines, Skies America Publishing Co. and their immediate families are not eligible. Entrants under the age of 18 are eligible to win, but the prize will be delivered to a parent or guardian. Federal, state and local taxes are the responsibility of the winner. Void where prohibited by law and all federal, state and local rules apply. No substitution for prizes which are not transferable. Winner's name and likeness may be used for publicity purposes. Odds of winning are dependent upon number of entries received. Winner will be notified by mail and phone, and will be required to sign an affidavit of eligibility within 21 days of notification. For a list of winners, send stamped, self-addressed envelope to: "Amsterdam Contest," Skies America Publishing Co., 7730 S.W. Mohawk, Tualatin, OR 97062, by June 30, 1993.

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But most people lack the confidence to learn another language. Why? It's usually because traditional learning methods—involving lots of reading and writing—make it so difficult that it's just too time-consuming.

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Memory Maps. Each lesson is accompanied by unique *memory maps* that build up vivid mental pictures. When the *images* are recalled, so are the words and vocabulary. The illustrated action alongside the foreign language text allows you to absorb the new language *naturally... by association* with familiar actions and events.



The Name Game. Using the principle of "total immersion," there are additional games and activities that get you to use the language in easy, natural and enjoyable ways. One, The Name Game, allows you to recognize up to 25% of foreign language vocabulary from the very first day!



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This spring marked the one-year anniversary of a very special program close to the hearts of the people of Northwest. It was a year earlier that we teamed up with our first AirCares charitable partner, Make-A-Wish Foundation.[®] Through a major awareness, fund-raising and support effort, the people of Northwest and our passengers helped make dreams come true for thousands of seriously ill children. Since then, we've teamed with the Pediatric Aids Foundation, International Guiding Eyes and Kids for Saving Earth. This quarter, we welcome a new partner. And a new opportunity to help improve our world and the lives of some of the people who share it with us. If you'd like to show you care, look for more information on the Northwest AirCares Program in WorldTraveler magazine.



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Changing the odds



One
child
at a
time.

Publisher's Note: Each quarter, Northwest Airlines, through its Northwest Air Cares program, teams with a nonprofit organization in a major corporate, employee and customer charitable support program. Big Brothers/Big Sisters of America and all the Air Cares charitable partners depend on contributions from companies and individuals like you. To make a donation, see the adjacent Air Cares envelope.



CLAIRE LEWIS

Big Brothers and Big Sisters help change the odds by acting as mentors and role models in ONE-TO-ONE[®] relationships with children and youth from single-parent homes.



such as improving

the impact a Big Brother or Big Sister can make in those children's lives.

A mentor, as defined by Webster's, is a trusted counselor or guide. Since the time of Odysseus, parents have sought mentors for their children, not to take their place, but to add the outlook and example of another caring adult friend. And since the turn of the century, Big Brothers/Big Sisters of America has been pioneering mentoring efforts for children at risk...those most vulnerable to the negative effects of their environments.

The heart of the Big Brothers/Big Sisters service is the ONE-TO-ONE[®] relationship-building through the matching of children and youth, primarily those from single-parent homes, with adult volunteers. At the heart of these matches is the welfare and future of the Little Brothers and Little Sisters. Working through a process which connects the Littles, their parents and the Big Brothers or Big Sisters, goals are set, and each match is carefully supervised by a professional caseworker.

Although the individual goals may seem fairly simple,

grades in school, reading more books or developing a more positive attitude at home, the results are cumulative. Over time, the child's self-esteem is enhanced, and through activities with a Big Brother or Big Sister, horizons are opened and bigger goals, such as completing high school and going on to college, may be realized.

With a non-judgmental adult friend as a role model, the child is encouraged to do his or her best, to achieve his or her goals. It's a quiet, gentle process, and yet powerful enough to give a child the strength to take control of his or her own life.

Today, with millions of children growing up in single-parent homes, the need is greater than ever for the posi-

itive impact a Big Brother or Big Sister can make in those children's lives. Big Brothers/Big Sisters of America is the nation's premier ONE-TO-ONE[®] mentoring organization. With nearly 90 years of experience serving children and youth, and more than 500 affiliated agencies throughout the country, Big Brothers/Big Sisters of America continues to work on behalf of children and children's issues, bringing new hope to young lives, and changing the odds—one child at a time. ▼

To help Big Brothers/Big Sisters of America continue to serve children across the country, Northwest has made it convenient for you to donate WorldPerks FlyWrite[™] tickets. Simply sign your ticket(s), write "Big Brothers/Big Sisters of America" in the transferee box and mail to Big Brothers/Big Sisters of America, 230 N. 13th Street, Philadelphia, PA 19107. On behalf of all the Northwest people and Big Brothers/Big Sisters, thank you for your support and generosity.

To commemorate Air Care's one-year anniversary, WorldPerks members who contribute at least \$50 or a WorldPerks FlyWrite[™] ticket to Big Brothers/Big Sisters will earn 500 WorldPerks bonus miles.

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For more information on how to become a Big Brother or Big Sister, check your white pages, or call (215) 567-7000 for the name of the agency nearest you.

Place in the sun

by Richard Blumm

Three hundred years of sitting on your laurels, as ample as they may be, and waiting for the good old days of glory to come back home where they belong is long enough to try anyone's patience, even in Japan where patience is very high up on the list of virtues. No one in Kansai—the term which refers to the Osaka-Kyoto-Kobe-Nara sphere of cities in western Japan—has forgotten that four centuries ago Tokyo was but a blip on an ill-drawn map and Osaka was a booming city of one million people, and that the glory of Japanese art, literature and economics was all centered in the major cities of Kansai. Why much of that glory moved eastward over the years toward Tokyo is quite another story. The fact is, people in Kansai are finally waking up to the notion that without a good bit of prompting on their part, that glory is not about to make its way back to where they feel it belongs. And what does that mean? Well, for one thing, Kansai is getting aggressive, aiming

to get back not a little of its old splendor, and that means that there is a good bit of jockeying for position now taking place between the Osaka sphere and its erstwhile rival to the east, Tokyo.

With its aggressive new outlook, Kansai is focusing and harnessing its considerable energies with the goal of planting itself firmly and forever on the maps of the world as a thriving region with a lot to offer. Channeling those energies, given the distinctive characters of the people who inhabit the various cities of western Japan, hasn't been all that easy, and in fact has taken a lot of finessing, planning and energy.

No small part of the desire to bring the glory back to where it belongs is due to the commonly held—even cherished—belief in Kansai that Tokyo is simply a crass Johnny-come-lately with no roots (it's only 400 years old, after all) and has far too much power for the rest of the country's good. Frankly, there's little chance that the energy of Kansai, as vital as it may be,

In the land of the rising sun, Kansai is going head to head with Tokyo to become a player of international dimensions.

will ever lead to the unseating of Tokyo as the political and social center of the country. But there is a good fight brewing, and just about everyone agrees that while the end may be a foregone conclusion, Kansai will be better off for having fought the battle. Why? Kansai has committed more than \$300 billion dollars (approximately ¥40 trillion) to hundreds of major and minor projects all designed with one purpose in mind—to make the area a player of international dimensions. Think about it. How often have you heard anything about Osaka or Kobe? Yet, combined, these two cities generate more gross national product than the entire country of Canada or Australia, and in fact, together with

Kyoto, are responsible for 2 percent of the world's GNP! These are definitely not grounds for obscurity. Thus, when the long-awaited New Kansai International Airport opens in July 1994, a new era for western Japan will begin and the old days of obscurity will be gone forever.

This new airport is coming none too soon. The present one, Osaka International, is hopelessly overcrowded and has been for years. At one time, it was the world's 11th busiest airport. These days it's far down the list because as others have expanded, Osaka International, which is closed between the hours of 9 p.m. and 7 a.m. (due to noise problems), reached its limit years ago. Built on a man-made island in Osaka Bay,

New Kansai International Airport, set to open in 1994, is unique in that it is being built on a man-made island in Osaka Bay and will be Japan's first 24-hour airport.

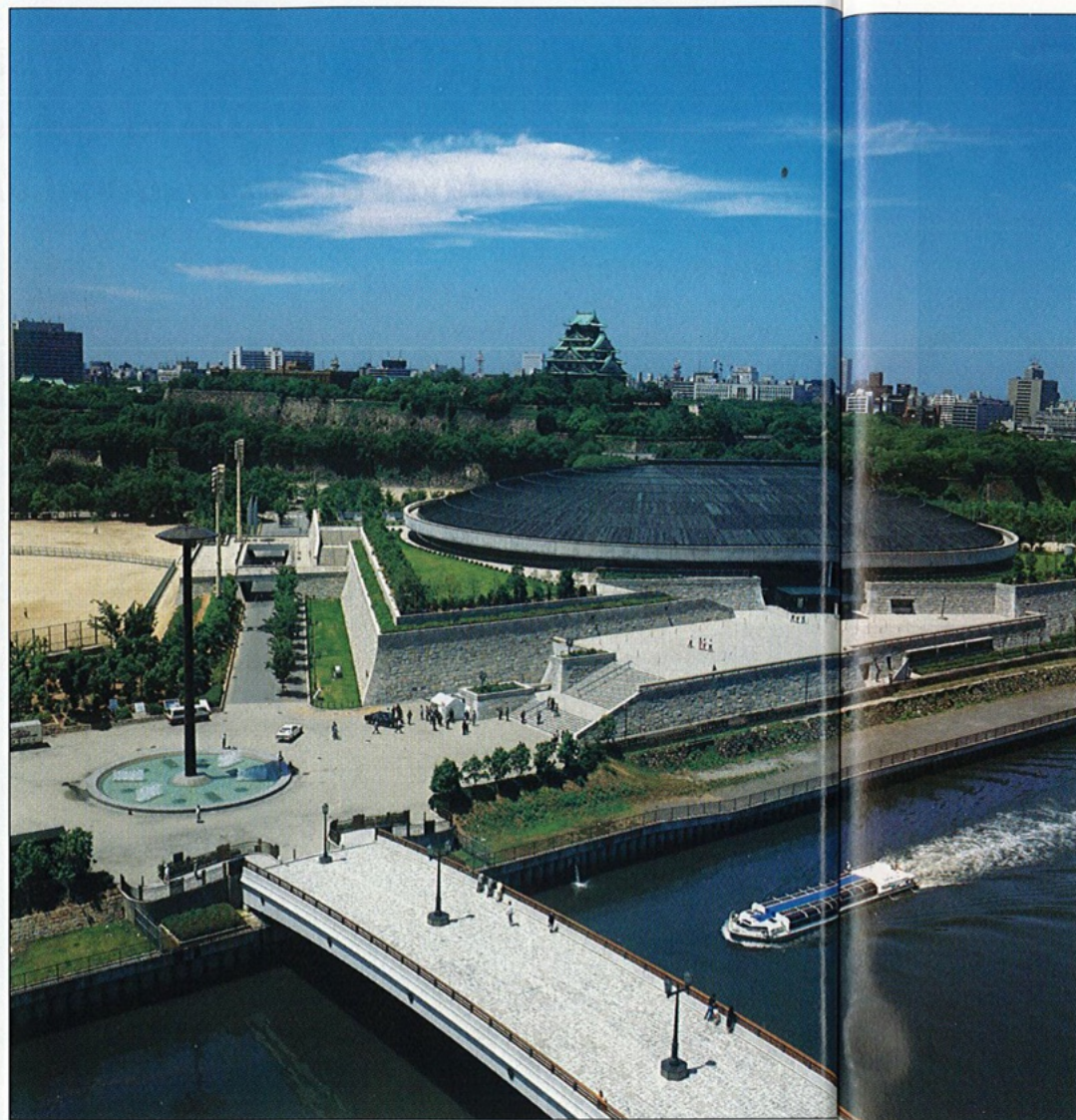


(Above) Nakanoshima Park is just one of the reserves of natural beauty that soften the effects of crowding and booming business in Osaka.

(Right) Osaka Castle, located in the city of Osaka, is historically one of the most famous castles in Japan.

Kansai International will be Japan's first and only 24-hour airport. When it is fully operative, it will be the world's biggest freight-handling airport and one of the largest in terms of passenger usage as well. The entire project, along with the accompanying infrastructure, which includes access roads and freight and passenger facilities, as well as massive on-shore industrial and business developments, is generating a tremendous amount of interest in the area, while at the same time substantially adding to the local economy. Kansai leaders are looking to the airport as being an essential link with the world, especially the world as it gathers around the Pacific Rim. Already, dozens of airlines, long denied access to Osaka, are lining up to bring flights into the new airport. At the same time, there has been a flurry of activity in the hotel industry as new properties open, one after the other.

The question being passed around at the moment is, "With all the new flights, who's going to be filling the seats?" This is not a question to be posed to area residents, unless you don't mind seeing a few jaws hit the floor in incredulous shock. The fact is, whether it's business, pleasure or culture, the Kansai area has something for everyone. Even Tokyoites seem to agree that, although Kansai people talk "different" (the Kyoto and Osaka dialects reflect a certain warmth of character lacking in Tokyo's standardized accent), there is indeed much to see and do in Kansai. The two single biggest draws are the two cities most revered among Japanese:



Kyoto and Nara. Both are ancient capitals and both are steeped in tradition and culture.

If you expect a quiet, reverential, quaint town, you're going to be in for a surprise when you visit Kyoto. Japan's sixth largest city, Kyoto is in many ways just another modern, busy, crowded metropolis that has its share of industry and all the familiar trappings of big city life (subways, heavy traffic, etc.). But Kyoto's greatest asset is its inner beauty which shines through in bursts throughout the city. Turn a corner and you suddenly find yourself in a lovely old neighborhood that is the picture of tranquility. Or on a walk, you'll find yourself in a garden so simple and beautiful that it takes your breath away. On any given day of the year, there is some festival going on. It may be colorful, esoteric, intriguing and mysterious. Stroll through the ancient entertainment quarters; reflect quietly as you view a rock garden and come to your own particular interpretation of what it means; spend an afternoon walking down the path past temples and shrines known as "Philosophers Way" and you'll come away agreeing with the notion that Kyoto is

For decades, even for centuries, Osaka was the engine that pulled Japan along.

indeed special, different, unique and blessed with an intangible quality that demands attention and rewards those who can respond to these demands.

Though most visitors opt to spend time in Kyoto visiting some of the 3,000 temples and shrines, Nara is often ignored, particularly by foreign visitors on tight schedules. But here is a city that is not only much more accessible to visitors (you can walk just about everywhere), it is also the repository of the great Buddhist culture that formed modern-day Japan. In Nara, you'll find massive temples and treasure houses full of ancient art, much of it brought at the command of the emperors during the Nara Period in the 8th century from around the world. Home of the

giant Buddha, to hundreds of free-roaming deer, to some of the oldest religious structures in the country, Nara, by virtue of its small size and its deep-seated spirituality, reaches out firmly to visitors and offers them a personal glimpse of the country's history.

Osaka and Kobe have completely different stories to tell. Ancient as each city may be, they do not draw people for their spiritual values. Osaka is the city of business and the fact that in the last 30 years Tokyo has been nibbling away at its opposition doesn't sit well with many people here. Until the 1950s, so important was Osaka to the running of things in Japan, that the first duty of a newly selected prime minister was to go to Osaka to pay his respects to the barons of business. For decades, even for centuries, Osaka was the engine that pulled Japan along. Back in the 1600s when Osaka Castle was built and the city was the center of the country, the great leader Toyotomi ordered artisans to set up shop around the castle walls and inspired the beginnings of industry with his laissez-faire attitudes toward business. The city eventually

spawned many of the great names in business as well as finance: Nomura, C. Itoh, Marubeni, Kawasaki, Minolta, Sanwa, Sumitomo, Daiwa and many others.

Osaka is the center of Japan's burgeoning pharmaceutical industry, an industry that is increasingly on the front lines of biotechnological developments, and because of this, most of the world's major drug companies have their Japanese headquarters in Kansai. Other famous Osaka companies include Matsushita Electric, the world's foremost maker of consumer electronics, and Sanyo and Sharp, two more big names in electronics. Many of Japan's retail leaders have their roots in Kansai, too: Takashimaya, Daimura, Hankyu, Sogo and Daei, to name a few.

After years of concentrating on developing its industrial base, Osaka has now turned its attention to making the city an attractive place to work and live. There's a tremendous face lift going on now and the city has commissioned redevelopment activities of unprecedented dimensions. Everywhere one turns are new parks, new developments, museums and river-side malls. Just north of the city, a brand-new

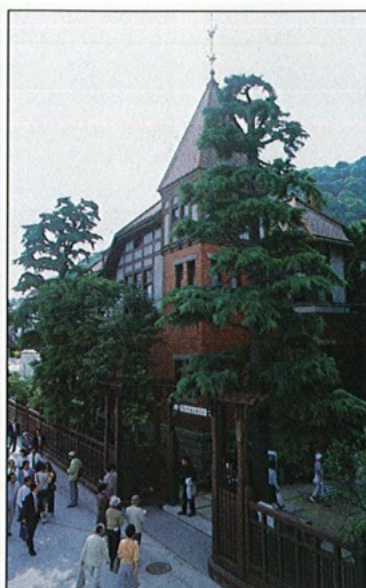
Kobe's unique character stems from its open arms to foreign settlement. Street names, schools, clubs and other organizations all reflect the city's international flair.



international school has opened its doors to service the needs of the growing foreign community of Osaka. As the center of Kansai, Osaka is leader of the movement to boost the fortunes of the area and is spiriting the entire region on to greater things.

(Right) The Royal Princess cruise ship makes a stop at Kobe Port.

(Far right) The Kitano Foreign Quarter in Kobe is named for the many foreigners that have settled there. Some of the historic homes are open for tours.



Editor's Note: Northwest has the most nonstop flights of any carrier between the U.S. and Osaka, with 747 service from Honolulu, Los Angeles and New York City. Northwest also provides the only nonstop flights between Osaka and Sydney.

Northwest WorldVacations makes it easy to visit Kyoto and the Kansai region. Visit Nijo Castle, Golden Pavillion Temple and Kyoto Imperial Palace. Complete packages including air fare from the West Coast start at \$1,095 per person.* Call Northwest, or see your travel agent for details.

*based on double occupancy

As Kobe is so close to Osaka, many western media simply refer to the two cities as the single entity called Osaka-Kobe. But despite their physical proximity, the cities are remarkably different. While Kobe reveres the spiritual essence of Kyoto and Nara and pays due respect to the dynamo that is Osaka, the city has some very distinctive qualities to it. Perched dramatically between the Inland Sea and the Rokko Mountains, Kobe reminds many of similar cities built on hills in other parts of the world (San Francisco is sometimes referred to locally as the Kobe of America).

Much of the credit for the city's appealing ambience must go to the long and enduring relationship Kobe has fostered with its resident foreign population as well as its experience as Japan's busiest port. Back in the 19th century when Japan's doors were initially opened, three cities were designated as suitable for foreign settlement: Nagasaki, Yokohama and Kobe. Nagasaki was too isolated and Yokohama was too wild, but Kobe fit the foreign bill perfectly, and for the last 120 years, Kobe has welcomed—indeed encouraged—foreigners to settle on its slopes and along its shores. The foreign influ-

ence is everywhere, from the names of streets (Flower Road, Hunter Slope, Sunset Boulevard) to the venerable foreign quarter in the Kitano hills with its old clapboard mansions. Today, Kobe is home to a vibrant international community whose infrastructure, from its schools, clubs and volunteer groups, to its myriad self-help organizations, has become the model for cities around the nation which are trying to broaden their international horizons.

No one, not even the most slap-happy Osaka optimist, will deny that Kansai is no longer the center of the Japanese universe. But the fact is, nothing, not even Tokyo times two, can diminish the glow of its history, character, energy, and its hard-earned laurels. While it may not be the political or economic center of the country, Kansai can very well claim to be its heart. This realization, coupled with the massive infusion of funds and ideas aimed at giving Kansai a solid place on the world's map and a firm grip on its future, means that the area holds the promise of something for everybody: tourist, businessman, scholar and resident. And, as of today, everyone is being invited to come and see for themselves. ▼

Opening to Kansai

Determined to further spread the word about Kansai, the Osaka Chamber of Commerce and Industry (OCCI) is sending a 15-person trade mission on a promotional tour to the U.S. The group, which has the backing of the American Chamber of Commerce in Japan, the U.S. Consulate of Osaka, the Japan External Trade Organization (JETRO), the Osaka Prefectural Government, and the Osaka City Government, will visit New York, Chicago, Los Angeles, San Francisco and Washington, D.C. with the express purpose of encouraging Americans to invest and do business in the Kansai district.

Various seminars and events are planned in conjunction with the tour which will last from May 4 to 16. Publicity of the trip is being coordinated by McCann Erickson Hakuhodo in Osaka and its public relations affiliate in the U.S., Edelman Public Relations. For further information about specifics in the U.S., please call the information hotline, 1-800-OCCI-177.

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WorldScape

Quips, Quotes, News and Happenings

by Beverly Dirks
and Julie Beals



Landscape of the spirit

74

The work of one of America's early and most original artists, Augustus Vincent Tack (1870-1949), has been organized into a full retrospective by The Phillips Collection.

Though Tack made his living as a portrait artist, painting such

luminaries as Helen Keller, Dwight Eisenhower and Harry S. Truman, he was also one of the first American artists to move from realism into abstraction.

The exhibit will be on display at The Phillips Collection in Washington, D.C., through

August 22 and is scheduled to appear in three additional museums across the U.S. For more information, call (202) 387-2151.

"Landscape of the Spirit" is an exhibition currently on display at The Phillips Collection in Washington, D.C.

.....
"Women may be the
one group that
grows more radical
with age."
.....

Gloria Steinem

Sound of music

The Ted Mann Concert Hall on the University of Minnesota campus will be filled with the sound of music earlier than planned. Though slated to be completed in June, the concert hall was actually completed in April, thus allowing for a May opening, with the invitation dedication concert on May 1 and open house May 2.

Overlooking the Mississippi River, the concert hall displays superb craftsmanship. The Ted



The Tedd Mann Concert Hall, completed last month, is located on the University of Minnesota Campus.

Mann Concert Hall is so named after the California resident whose \$2.5 million pledge helped the School of Music achieve funding from the Legislature in 1990. The

new concert hall is expected to attract regional and national education music conventions and professional meetings as well as provide free educational programs for the community.

Recycling: America moves on

by Syd Melbourne, Dofasco, Inc.

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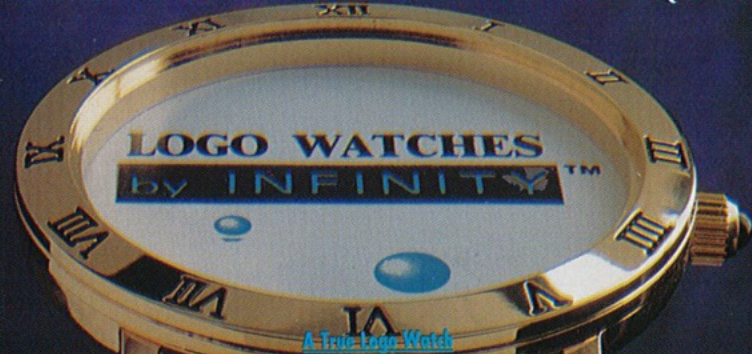
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many people, you picture it stacked in a junkyard at the edge of the city, rusting away.

While it may be crushed and stacked for awhile, nearly all of today's decommissioned vehicles will take on new lives in the consumer products of tomorrow. According to a recent study by the Arthur D. Little Center for Environmental Assurance commissioned by the American Iron and Steel Institute, more than eight million passenger cars are taken out of service and scrapped in North America each year. More than 90 percent of today's scrapped automobiles are recycled through an established infrastructure for automotive recycling that includes more than 204 shredders in the United States and Canada.

Steel is the single most recycled material in today's automobiles. Thanks to its magnetic personality, virtually all of the iron and steel in a decommissioned car is recovered and reused.

Luxury car or economy compact, the journey from junkyard to furnace is the same for nearly every vehicle. Typically, when a car enters the recycling process, it is stripped of all reusable or resalable parts, such as doors, fenders, suspension components, windshields and others. Gas tanks, batteries and fluids also are removed and disposed of in environmentally sound manners. The car then is crushed flat and shipped to the shredding facility.

There, it is loaded onto a conveyor and reduced into easy-to-handle pieces of shredded material. The shredded steel is separated magnetically from the nonmagnetic metals and the nonmetallic materials commonly known as "fluff." Once separated, the shredded steel is shipped to steel mills to be remelted into new steel products. Through this process, about ten million tons of shredded iron and steel—an amount equal to the output of two average-size steel mills—is recovered and recycled each year.

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A car is loaded onto the conveyor of a shredder.
More than 200 shredders of this type exist in the U.S. and Canada.

steelmaking. This is because new steel made with iron and steel recovered from the automotive shredding process is chemically and metallurgically equivalent to steel made from iron ore. And because the iron atom has no memory, steel can be recycled over and over and over again.

Steel continues to play a major and positive role in reducing the solid waste stream generated by scrapped automobiles. Selling the steel scrap back to the steel mills provides shredder operators with a valuable source of revenue that helps pay for the proper disposal of the automotive waste, primarily fluff, that is not recycled.

The next time you're driving down the road, think about your first car. Parts of it may be closer than you think.

Syd Melbourne is chairman of the Environmental Panel of the Automotive Applications Committee of American Iron and Steel Institute.

Boston: Direct Connect

The Greater Boston Convention and Visitors Bureau has created the first North American toll-free, one-stop shopping and reservation service in the country. By allowing visitors to call one number, listen to a series of options, and connect directly to whichever hotel or service they need for vacation planning, "Boston-By-Phone" eliminates

the hassle of waiting for printed visitor information by mail and having to dial each hotel, restaurant, sight-seeing tour, entertainment, shop and visitor attraction.

The toll-free number, (800) 374-7400, which went into effect late last month, is available 24 hours a day.

Chicago Blues Festival

Chicago is known to many as the "Blues Capital of the World." Appropriately, this year's season opens with the lakefront's most successful musical event, the Chicago Blues Festival, bringing together blues legends from the Mississippi Delta and Chicago's Maxwell Street.

Chicagoans and visitors of the city can again look forward to a sensational lineup of talent in this free, city-sponsored concert that runs from May 28 through 30. For more information on this and other Chicago festivals, call (312) 744-3315.

Gods, Guardians, and Lovers

India is a country steeped in mystery and beauty, with a long history of, among many things, art, religion and architecture.

Through August 15, visitors to the Asia Society in New York City can explore this history via "Gods, Guardians, and Lovers: Temple Sculptures from North India, A.D. 700-1200," an exhibi-



Seventy elaborately carved stone sculptures make up an exhibit currently at New York's Asia Society.

tion of 70 elaborately carved stone sculptures of deities, celestial beings, devotees and protective guardians. The exhibition focuses on the period of

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at its peak. For more information, call (212) 288-6400.

Indy 500

On May 30, more than half a million fans will be on the edge of their seats as they watch the world's top IndyCar drivers tear around the track in the historic Indianapolis 500. Now in its 77th year, the race will draw such racing



The 77th Indianapolis 500 will take place May 30 at the Indianapolis Motor Speedway.

greats as defending Indy 500 champ Al Unser, Jr., 1992 PPG Cup Champion Bobby Rahal and the ever-popular Emerson Fittipaldi. The race will be held at the Indianapolis Motor Speedway in Speedway, Indiana.

Clay Stomp

The term "clay stomp" probably won't be found in any dictionary you might pick up, but its meaning is pretty self-explanatory. It refers to a method of mixing clay, whereby people blend dry clay with water by "stomping" or mixing it with their bare feet. It tends to bring stompers together as, to make the motions of their feet effective, they must link arms.

From May 24 to 27, artists and musicians from around the world, along with volunteers and participants, will gather at Northern Arizona University in Flagstaff to clay stomp for global peace and friendship. World Claystomp 93 will result in a 10 foot by 80 foot ceramic mural which reflects the artists' vision of world peace. The mural will be fired in NAU's renowned Tozan Noborigama Kiln

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man with both feet
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Franklin Delano Roosevelt

Preakness Celebration

For months, Maryland has been preparing for its biggest annual party. The second jewel of thoroughbred racing's Triple Crown, the Preakness Stakes, inspires this 10-day, state-wide festival of more than 100 recreational, educational and cultural activities known as the Preakness Celebration, which will run from May 7 through 15.

Highlights will include the Amoco Fireworks Spectacular; a weekend-long Hot Air Balloon festival; the AT&T Schooner Race; a celebrity golf tournament; the Triple Crown Ball; Miss Preakness Scholarship Pageant; Bud Light Nights, a week-long block party in downtown Baltimore; and the Preakness Fun Festival.

Other featured events include the Pimlico Special, a high-stakes race featuring Triple Crown alumni, the 41st Annual Potomac Hunt Steeplechase Races, the Pee Wee Preakness (toddlers on hobby-horses), a frog hop, the Piglet Stakes (pigs wearing racing silks

waddling to the finish line), a crab race and more. The festivities will culminate on Saturday, May 15, with the 118th Running of the Preakness Stakes, at Pimlico Race Course in Baltimore.

For more information on Maryland Preakness Celebration '93, call (410) 837-3030.

City of the Gods

Teotihuacan, Mexico's first urban state, dated from B.C. 150 to A.D. 750. With a population of more than 150,000 people at its height, it was as populous as Athens and covered a larger area than Rome. Teotihuacan's history, art and culture are frequently confused with those of the Maya and Aztecs.

Today, Teotihuacan is the most visited archaeological site in Mexico, yet much about it remains a mystery. Now, the first exhibition ever to be presented on the art of Teotihuacan may clear up some of that culture's mystique. From May 26 through October 31, "Teotihuacan: City of the Gods" will be on view at the M.H. de Young Memorial Museum in San Francisco. More than 200 objects, many of them never or rarely before available for public viewing, will be on display. For more information, call (415) 750-3614.



"Teotihuacan: City of the Gods" will be on view at the M.H. de Young Memorial Museum in San Francisco from May 26 through October 31.

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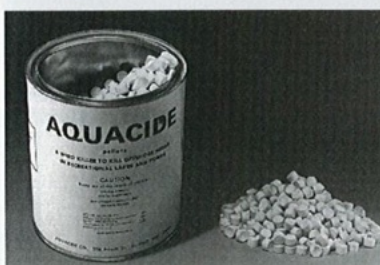
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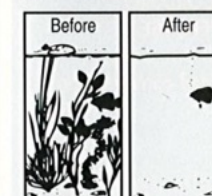
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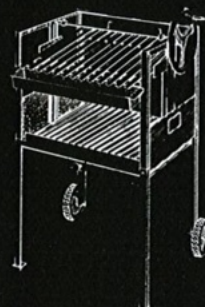
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Black and White Ball

The San Francisco Symphony Black and White Ball has quite a tradition. The first of these extravaganzas was held in 1956 and continued until the mid-60s when, as



Davies Symphony Hall is part of a seven-block area that will hold the ever-popular biannual San Francisco Symphony Black and White Ball.

one commentator put it, "it was canceled, on account of weirdness."

But in 1982 the tradition was brought back, and after the 1983 Ball, it was decided to schedule it every other year.

The biannual San Francisco Symphony Black and White Ball is scheduled this year for Friday, May 14. The extravagance of the event includes 16 dance stages in eight locations within the Civic Center, a seven-block area of San Francisco that includes City Hall, Davies Symphony Hall, the War Memorial and the plazas around these buildings. More than 600 entertainers from more than 45 performing groups and approximately 15,000 party-goers are expected to attend.

Ticket sales benefit the San Francisco Symphony. Call (415) 431-5400 for ticket information.

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W.C. Fields

TECHNOLOGY UPDATE

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With these new wireless speakers, you won't have to. Now you can listen to music anywhere in or around your home without lugging around heavy equipment or stringing wires.

Imagine listening to your favorite CDs, records, tapes, radio station, or TV show anywhere in your home. Imagine stepping into the shower, pool, or hot tub and having a self-contained wireless speaker right there with you—without risk.

State of the art sound. These wireless speakers will work with any stereo. Any TV. Any VCR. And wait till you hear how they sound—the deep, rich bass, the crystal clear highs. You'll get the perfect volume for any room because each one has its own volume control on/off switch. These wireless speakers are also self-amplified, so they can't be blown out no matter what your stereo's wattage.

Patented technology. These incredible speakers use a patented technology to broadcast wirelessly through your home's walls, floors, and ceilings. In fact, at the annual Consumer Electronics Show they were dubbed "one of the most exciting new products of the '90s."

Are wireless speakers right for you?

These remarkable speakers are so adaptable that everyone could use one. Especially if you're concerned about:

- **Convenience.** You have a great stereo system in one room, but you want your music closer to you.
- **Value.** You want to get your money's worth out of your stereo equipment, tapes and CDs by listening to them more often and in more places.
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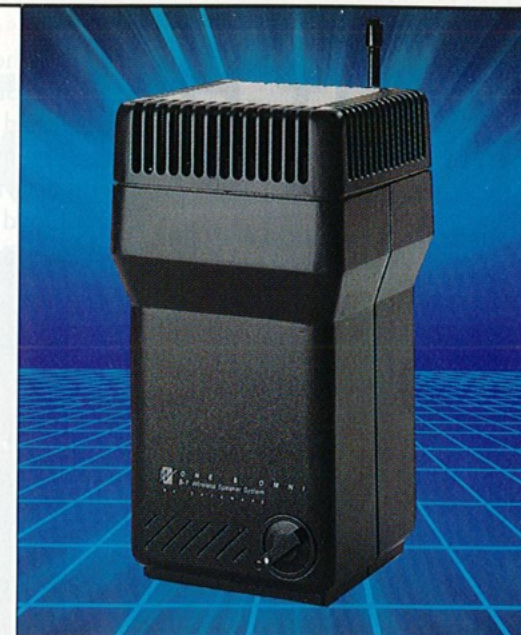
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your speakers. Each speaker has a built in receiver so no wires are needed!

You'll get a complete 150-foot range, giving you great sound no matter how large your home. And because this system uses radio signals unlike "line of sight" infrared systems, you'll get static-free transmission...even through walls!

A single transmitter can broadcast to an unlimited number of wireless speakers. The speakers with their built-in receivers and amplifiers can then provide music from your sound source anywhere around your home—even outside!

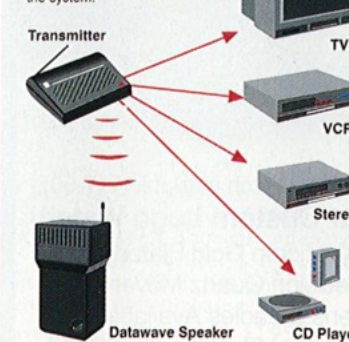


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Housewalk

The Frank Lloyd Wright Home and Studio Foundation was established in 1974 as a not-for-profit organization to acquire and preserve the Oak Park home of Frank Lloyd Wright as a birthplace of



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The Frank Lloyd Wright home and studio is a National Historic Landmark.

American residential architecture. The Foundation's 19th annual benefit housewalk, Wright Plus, will be held Saturday, May 15.

Ticketholders will be able to view the interiors of eight private residences and two public buildings in the Frank Lloyd Wright Prairie School of Architecture Historic District in Oak Park, Illinois.

The Foundation also offers daily 45-minute tours of the architect's first home and studio, which is now a National Historic Landmark, and of the adjacent Prairie School Historic District.

For Wright Plus tickets or tour information, call (708) 848-1500.

Have a safe trip

For people with medical problems, traveling means more than just packing your bags and leaving on a jet plane.

Heart disease and other chronic conditions require that travelers tote along their lifestyle, including all of the precautions and common sense used at home.

Here are some tips for travelers with medical problems to ensure a healthy, safe trip:

- Travelers with chronic medical conditions should consult their physicians before taking any extended trip.

- Research your destination; Third World countries, for example, may not have sufficient medical facilities or expertise, should you have a problem. Buy enough medication for the duration of your trip because some locales may not offer your prescription.

- All medications should be carried with you in a carry-on bag and not checked through because of the possibility of lost or diverted luggage.

- In case of an emergency, take your doctor's phone number. Your physician, knowing your background and medical history, may be able to give specific recommendations for treatment.

- Immunization against some serious illnesses such as malaria and yellow fever may be required for some destinations. Information about immunization and proper preventive medications to take with you also can be obtained from your doctor.

- Regardless of any chronic medical condition, it is important to avoid the stress of severe gastrointestinal illness such as dysentery. In regions with poor water sanitation, drink bottled water or boil water and don't use ice cubes. The eating of raw fruits and vegetables also should be avoided. Ask your doctor for any preventive antibiotic or treatment before your trip begins.

Many considerations for travel are specific to an illness. The following are brief tips, but consult your physician for further details:

- Cardiac disease. Avoid places with high altitudes such as the Rocky Mountains, Alps or Andes; these higher altitudes have a lower oxygen level, and this lack of oxygen places greater stress on the heart.

- Respiratory illness. Carry antibiotics in case of infection.

- Diabetes. If you will experience time zone changes, remember to plan meal and insulin schedules accordingly. Increase the frequency of your self-testing of blood sugars to guard against problems.

by Dr William Taylor, New York University School of Medicine
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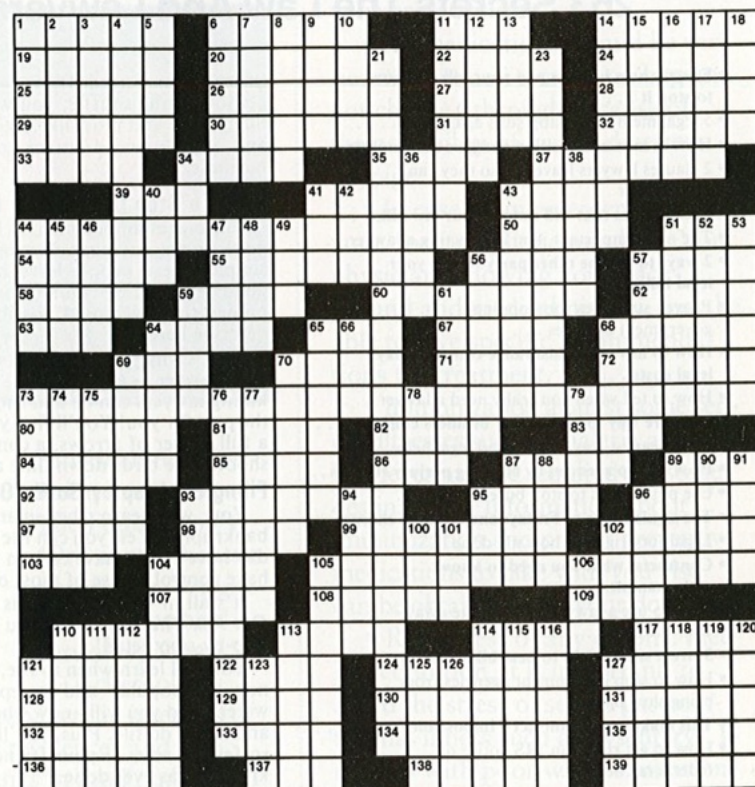
- 1 MAYenne
pancake
6 Wants
11 Bath, e.g.
14 Snipe's habitat
19 Navigational system
20 "The Terrible" czar
22 MAYapple, e.g.
24 Emulate
Isocrates
25 Impofo
26 Viennese violinist
27 Employer
28 "Separate Tables" actor
29 Choir members
30 Acrimonious
31 Potion portion
32 Adolescent period
33 Famed queen or horse
34 Fashion
35 Neptune and Pluto
37 Musagetes
39 — Pasha, The Lion of Janina
41 "Then — of warm, sea-scented beach": Browning
43 Crucial time in 1944
44 Two MAYors of N.Y.C.
50 Pelion's supporter
51 Triumphs for a QB
54 Atahualpa's subjects
55 Urals locale
56 Ethiopian Christian
57 Enjoy a quid
58 Summer quenchers
59 Tiny chorine
60 Pyrenean principality

- 62 Turkish province
63 MAYday's cousin
64 Sheet of stamps
65 D.D.E.'s command
67 Capstone
68 Prink
69 — Prés, memorable Flemish composer
70 Ovid topic
71 Mother of Hera
72 One's chips
73 MAYs
80 Bucolic
81 Moiseyev movement
82 Tricklet
83 Assn. begun in 1948
84 GaMAY, e.g.
85 Foxx from St. Louis
86 Cleaver's "Soul on —"
87 Large barge
89 License plate
92 Mike of baseball
93 Summaries
95 Chemical suffix
96 Diet
97 Herriot's colleagues, for short
98 Keelbills
99 A "Juarez" star and family
102 "Stormy Weather" composer
103 Curve
104 Cherbourg cherub
105 MAYa, e.g.
107 J.F.K. and L.B.J.
108 Hard
109 Ending for gate or boot
110 Direction for Dorothy MAYnor

Down

- 1 Spotless
2 Psychologist
3 Kin of Calliope
4 Cape MAY
5 Remnants
6 Place of oblivion
7 Dodge
8 Deux or valet
9 Set
10 Tangent's relative
11 Quake and shake
12 MAYari mazuma

- 113 "Friendly" pronoun
114 Prefix for trust or thesis
117 Director Richter: 1888-1976
121 Bart or Belle
122 St. Philip —, famed Italian priest
124 Drowsy one
127 Sandal part
128 Bygone
129 MAYten or MAYeng
130 Shock
131 Hawk's haunt
132 Popularizer of "Mule Train"
133 Radiator sound
134 Participated in a pep rally
135 Tarts thief
136 Almond willow
137 Between A.S.T. and C.S.T.
138 Podetia
139 Ancient Briton's chariot



- 13 Olympian once imprisoned in a jar
14 Guitarist from Madrid
15 What Shelley called himself
16 "Myrrha" composer
17 Off. worker
18 Female lobsters
21 MAYo
23 MAYonnaise, e.g.
34 Maureen O'Sullivan daughter
36 City on the Allegheny
38 Trattoria offering
40 "— Girls," 1957 Gene Kelly film
41 Bond rating
42 W.W. II weapons
43 Whistlers outside hotels
44 A concern of a seamstress
45 Within: Comb. form
46 Coups for Connors
47 Relative of krypton
48 A 1984 movie
49 Askew
51 Blackmailer's weapon
52 Flaw
53 Posh
56 Cactus fruit
57 General LeMAY
59 Bridge bid
61 Rosa in "David Copperfield"
64 Dramatist of Shakespeare's day
65 Encloses tightly
66 Craggy hill
68 Cry of disbelief
69 Hangings
70 Private lines
73 Peloponnesian native
74 These may be dangerous
75 Characteristics
76 MAY
77 Gray matters?
78 Muscular contraction
79 Cashmere or kersey
87 Word on a galley proof
88 Ending for macro or micro
89 Steatite, e.g.
90 Field
91 Actor in "Quo Vadis"
93 Natives of Nyborg
94 So much, to Verdi
95 Hostel
96 DisMAYs
100 Luther's "— feste Burg..."
101 Fernando V, e.g.
102 Whackswork?
104 Queen's attendant
105 Most pallid
106 Father of Phinehas
110 Statue in Rockefeller Center
111 Circle parts
112 One of the Joliot-Curies
113 Lock
114 Mature
115 Site of games honoring Zeus
116 It has its tricks
118 Wall decoration
119 Dewy-eyed
120 Jehu's delight
121 "Star Wars" pilot
123 Great Lakes port
125 Ilmenite and cuprite
126 Soprano Clamma —
127 Pete's follower

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Puzzle solution on page 99

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HEALTH & FITNESS

Healing touch

by Jane Simon
Brett Patterson photographs

Twenty-five years ago, Dr. James Whitaker had a sneaking suspicion that sports medicine was nothing more than a gimmick. He knew orthopaedics, the established branch of surgery dealing with the bones, joints and muscles, was here to stay, but what was this questionable subspecialty bearing the label of sports medicine?

"My original feelings in the 70s were that it was somewhat of a facade because early clinical research papers were oftentimes retrospective, not particularly scientifically designed, and more anecdotal with a lot of dogma and no data. I think sports medicine has moved away from that now because people have proven that appropriate rehabilitation translates into more predictable return to play. There currently is a true marriage between basic science and most sports medicine programs."

Whitaker is an orthopaedic surgeon in practice at the Kansas City Bone and Joint Clinic. He was an orthopaedic consultant for the Kansas City Chiefs Football Club for 13 years and for the NBA former Kansas City Kings for eight years. He also acted as an orthopaedic consultant to the U.S. Davis Cup Tennis Team in 1991. He serves as team physician for the Rockhurst High School Football team, a position he's held since 1976. Add to that his assistant clinical professorship at both the University of Kansas Medical Center and the University of Missouri at Kansas City, as well as his position as Chief of Orthopaedics at the Research Medical Center and you

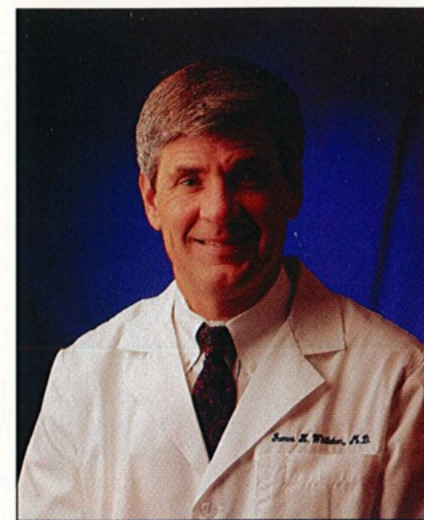
Sports physician Dr. James Whitaker helps injured athletes get back into their game in no time.



(Above and right) Orthopaedic surgeon Dr. James Whitaker specializes in sports medicine.

have someone well versed in sports medicine and who has seen a lot of changes in the field.

"Sports medicine doctors basically were just doctors who saw a lot of athletes, felt comfortable



dealing with them and weren't awestruck or intimidated by them," says Whitaker. "It has been very interesting for me to see how the medical profession has viewed association with athletes. In the 50s and 60s, it was viewed as somewhat unethical in the eyes of some medical practitioners to be on the sidelines of sporting events. Today, association with athletic teams almost conveys a certain amount of prestige and competence. The field of sports medicine has grown tremendously, and I really feel this is in great part due to the American public's obsession with sports and wellness. I think the increase in leisure times as well as the advent of arthroscopy has certainly further fueled this field of sports medicine."

Whitaker's own entrance into sports medicine began right after college. One of seven children, Whitaker participated in just about all sports while growing up. He was an all-star football player in grade school, an all-state half-back in high school and an all-conference defensive back and captain of the University of Missouri Tigers in 1966. He played in the Sugar Bowl, received an NCAA post-graduate scholarship and also played in two post-season all-star football games before being drafted into pro football during the first year of the combined AFL-NFL draft. "I had a difficult decision between professional football and medical school," recalls Whitaker.

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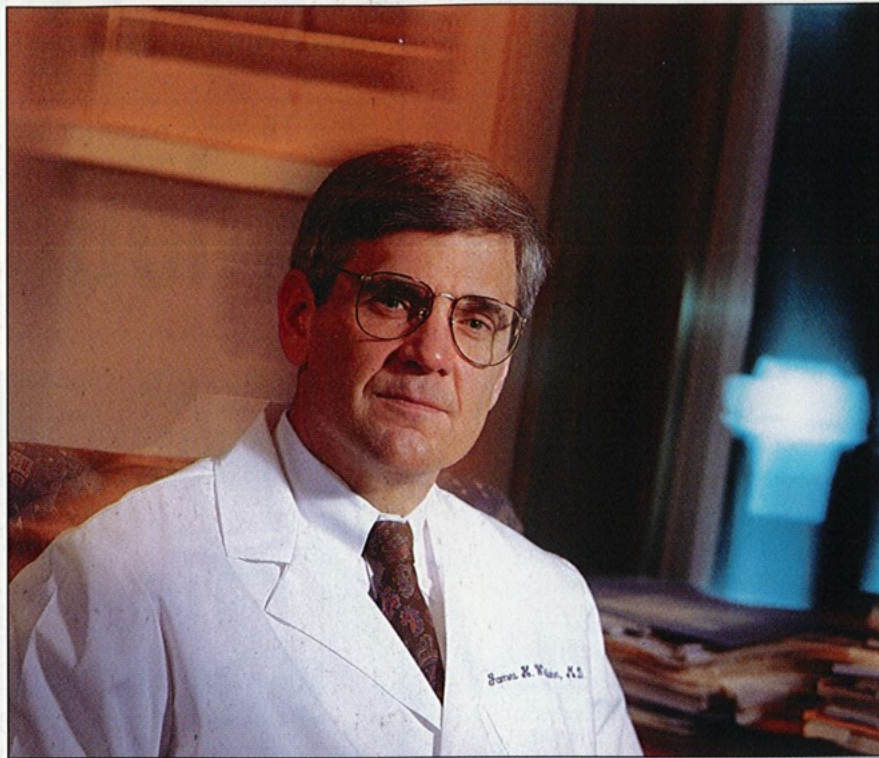
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He made the choice of going to Missouri Medical School where he graduated with honors. He was "initially attracted to internal medicine, but eventually shifted my emphasis to orthopaedic surgery because it was more fulfilling with both the hands-on exposure of a surgeon, as well as being able to return to athletic competition as a sports medicine doctor."

Whitaker trained in orthopaedic surgery at the University of Kansas and then took an upper extremity fellowship at Indiana University, before going into private practice in 1976. The same year, he also became team



Whitaker has watched sports medicine grow since his entrance into the field in 1976.

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physician for the high school he and his three brothers had attended.

Consulting with different sports teams means understanding the nature of each sport. "The specific injuries that occur in the various sports are fascinating to me," says Whitaker. "It's so individual. It's like in the equestrian field where you have horses that can jump, but can't sprint. In the skiing field, you have skiers who are great downhill racers, but can't jump. In every field there is a sub group within the big, broad field and the same is true in sports. Soccer players are an interesting bunch with a unique set of

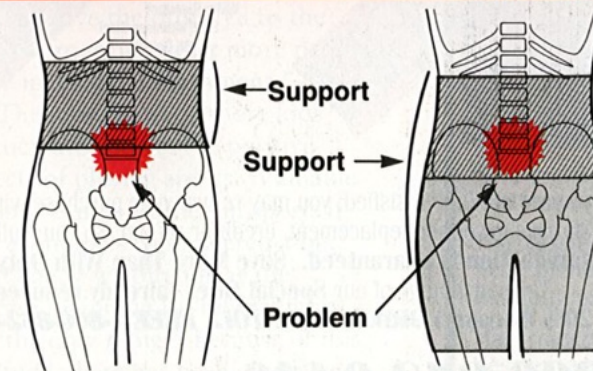
injuries. The terminology for injuries in soccer is totally different than of a football player who has a similar injury, and you need to recognize the difference as a treating doctor. The two injuries might be the same on paper, but they're treated differently depending on the sport. For example, the likelihood of a football lineman using a brace for a knee ligament injury is substantial. The likelihood of a soccer player using a brace is about zero. You have to understand that. You can't treat every injury, even though it's the same, in an identical manner. Individual sports will often call for differ-

ent treatment measures for the same injury. As the team doctor, you learn that only by being there in the training room or on the sidelines. The players won't respect you as a doctor if you don't know this. That knowledge comes from being on site. I like all the sports and I like the one I'm doing at that time the best."

But if Whitaker has seen an improvement in the field of sports medicine in general, he's somewhat discouraged by the advent of big bucks into professional and college sports.

"My views are a bit radical and aren't particularly original. There

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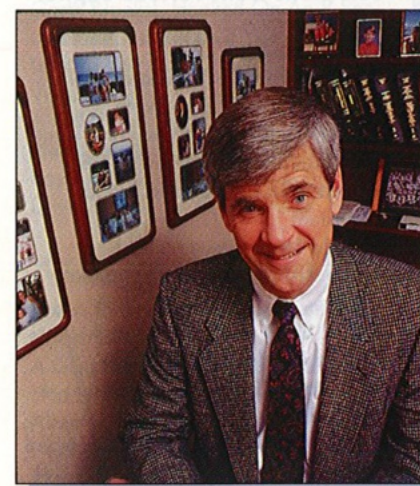
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HEALTH & FITNESS



A former all-star football player, Whitaker turned down a pro football career in favor of medical school.

needs to be a restructuring of the economy in terms of where the big winners are," he says. "They need to share those funds in a more equitable fashion with other schools. And the pros, instead of paying \$20 million to one player, ought to get together and say, 'This is how much we're going to pay our number-one draft choice.' If they have \$20 million to spend, they should take \$2 million of it and give it to the number-one player, and give the other 18 to the youth programs to let more people play in a safe environment."

This way, he says, more kids participate and get the positive effects of playing sports. Valuable lessons can be learned in sports if the economics were altered a bit.

"Today we often hear the phrase, 'winning isn't everything, it's the only thing.' Because of this attitude, there has been extensive exploitation of the athletes not only in the classroom, but also with drug abuse type problems. I feel that this win-at-all-cost attitude needs to be replaced with the old statement, 'It's not whether you win or lose, but how you play the game.' This appears to be somewhat of a trite statement, but I feel it is crucial that this emphasis change."

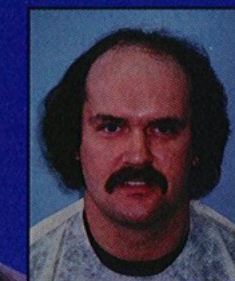
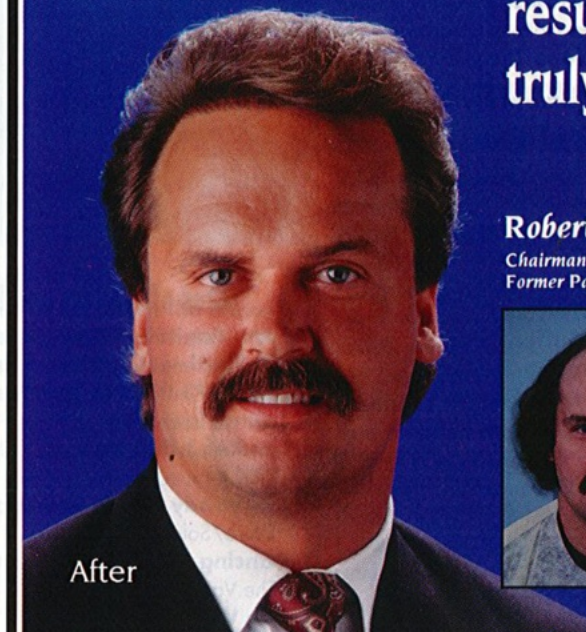
But whatever the headaches, Whitaker finds the rewards

immense. "It's very gratifying," he says. "Take a high school athlete who has the potential to go on and play college athletics, but who has sustained a major injury. The athletes and their families feel that he or she will never make the goal of playing major college athletics or pro athletics after that. Then you do the corrective surgery, the sequential exams and the mandatory rehabilitation. It's very gratifying to see that person then go on to

play at the next level or above. I guess the gratification is to see how what looked like a disaster turn out well, to see that they can rise above what seemed to be a career-ending injury and keep on getting better. It's just a real treat to watch the players keep going. It's one of the things I look forward to in my life and I've seen it enough to know that it can be done." ▼

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2-4-6-8 Motorway/Tom Robinson Band
Chant No. 1 (Don't Need This Pressure On)/Spandau Ballet
C30, C60, C90 Go/Bow Wow Wow
I Eat Cannibals/Total Coelo
Shiny Shiny/Haysi Fantayzee

Joe Cocker

From the new Capitol release, "The Best of Joe Cocker," an hour of his classic hits.

Unchain My Heart, You Can Leave Your Hat On, When The Night Comes, Up Where We Belong, Now That The Magic Has Gone, Don't You Love Me Anymore, Shelter Me, Feels Like Forever, Night Calls, Sorry Seems To Be The Hardest Word, Civilized Man, With A Little Help From My Friends

Rites of Rhythm and Blues

From Capitol's CD produced for the Rhythm and Blues Foundation 1993 Pioneer Awards:

Tramp/Lowell Fulson
Land of 1,000 Dances/Wilson Pickett
Everybody Needs Somebody To Love/Solomon Burke
Dancing In The Street/Martha & The Vandellas
Gee Whiz/Carla Thomas
Fools Rush In/Brook Benton
Tears On My Pillow/Little Anthony & The Imperials
Ain't Nobody's Business If I Do/Jimmy Witherspoon
Shake, Rattle and Roll/Big Joe Turner
Wine, Wine, Wine/Floyd Dixon
That's My Desire/Hadda Brooks
Tuxedo Junction/Erskine Hawkins & His Orchestra
Friday Is My Day/Z.Z. Hill
Mustang Sally/Wilson Pickett
Got To Get You Off My Mind/Solomon Brooks
Nowhere To Run/Martha & The Vandellas
Goin' Out Of My Head/Little Anthony & The Imperials
Reconsider, Baby/Lowell Fulson
Tired, Broke, And Busted/Floyd Dixon

Classic Rock

Selections from various Capitol artists:

These Dreams/Heart
Your Mama Don't Dance/Poison
I Like To Rock/April Wine
Better Be Good To Me/Tina Turner
Too Much Passion/Smithereens
When Will I Be Loved/Linda Ronstadt
Jungle Love/Steve Miller
Once Bitten, Twice Shy/Great White
Good Girls Don't/The Knack
Closer To Home/I'm Your Captain/Grand Funk Railroad
Plain Jane/Sammy Hagar
World Where You Love/Crowded House
Fresh Air/Quicksilver Messenger Service
Go All The Way/Raspberries
Talk To Ya Later/The Tubes
Abacadabra/Steve Miller
Rock And Roll Never Forgets/Bob Seger

Rock Of The 50s & 60s

From the Capitol CD titled "Spring Break":

This Diamond Ring/Gary Lewis & The Playboys
Blue Suede Shoes/Johnny Rivers
Sea Cruise/Billy "Crash" Craddock
Nobody But Me/The Human Beinz
Willie And The Hand Jive/Johnny Otis
Be-Bop-A-Lula/Gene Vincent
I Hear You Knockin'/Smiley Lewis
Spooky/Classics IV
Time Won't Let Me/The Outsiders
Gimme Some Lovin'/Spencer Davis Group
For Your Love/Ed Townsend
Papa-Oom-Mow-Mow/The Rivingtons
I Get Around/The Beach Boys
Summertime Blues/Eddie Cochran
Do Wah Diddy/Manfred Mann
This Magic Moment/Jay & The Americans
Stormy/Classics IV
I'm Walkin'/Fats Domino
Surf City/Jan & Dean
California Dreamin'/The Beach Boys

Country Spotlight

Listen to an hour of Liberty Records' star, Chris Ledoux from his CDs "Watcha Gonna Do With A Cowboy" and "Western Underground."
Call Of The Wild, You Can't See Him From The Road, Little Long-Haired

Outlaw, Making Ends Meet, Watcha Gonna Do With A Cowboy (with Garth Brooks), Hooked On An 8 Second Ride, I'm Ready If You're Willing, Look At You Girl, Cadillac Ranch, Western Skies, County Fair, Riding For A Fall, Thank The Cowboy For The Ride, Cadillac Cowboy, This Cowboy's Hat, Shot Full Of Love, The Last Drive-In, Workin' Man's Dollar

Country Highlight

From Ricky Lynn Greg's self-titled CD:

A Good Habit Is Hard To Break, If I Had A Cheatin' Heart, Alright Already, Bring On The Neon, No Place To Let Go, You Can Feel It
From Palomino Road's self-titled CD:
Why Baby Why, It Works Both Ways, That's Where I Draw The Line, The Best That You Can Do, Dead End Saloon
From Curtis Wright's self-titled CD:
What's It To You, Phonographic Memory, If I Ever Love Again, I Can't Stand To Watch My Old Flame Burn, I Don't Know How Love Starts, If I Could Stop Lovin' You

Classical I

From the Angel/EMI's CD "The Artistry Of Christopher Parkening":

Prelude For Lute, Fugue From Vin. Sonata No. 1, Prelude From Cello Suite No. 1, Courante From Cello Suite No. 3, Chaconne, Two Renaissance Pieces For Lute, Preludio In The Style Of Weiss, Scherzino From

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Homenaje/Pablo Milanes
Gandinga, Sandunga y Mondongo/Los Amigos
Capullito de Alela/Emiliano Salvador
Looking Up (Mirando Arriba)/Irakere
Dancing Wet/Los Van Van
The Best Dancer Wins/Los Van Van

World Music II

Listen to an hour of John Tavenner's wonderful New Age sounds from the CD "The Whale And Celtic Requiem" on Apple Records.



Catavina, Danza Pomposa, Estudio No. 3 In A Major, Melancolia, Andante Catabile, Cuna, Gymnopedie No. 1, Gymnopedie No. 2, Gymnopedie No. 3, The Girl With The Flaxen Hair, Pastourelle, Pavane Of The Sleeping Beauty

Classical II

Listen to the London Philharmonic Orchestra, conducted by Klaus Tennstedt, perform Gustav Mahler's "Symphony No. 9."

All classical selections chosen by Philip Brunelle, artistic director for the Plymouth Music Series of Minnesota, from the Angel/EMI catalog.

Capitol Jazz I

An hour of jazz from the Renee Rosnes Trio's CD "Without Words" from Blue Note Records:
You And The Night And The Music, Little B's Poem, Estate, I've Got You Under My Skin, In A Sentimental Mood, Jitterbug Waltz, Dear Old Stockholm, Solar, Misty

Capitol Jazz II

An hour of jazz from Bireli Lagrene's CD "Standards" from Blue Note Records:

C'est Si Bon, Softly, As In A Morning Sunrise, Days Of Wine And Roses, Stella By Starlight, Smile, Autumn Leaves, Teach Me Tonight, Donna Lee, Body And Soul, Ornithology, Nuages

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How High The Moon/Les Paul & Mary Ford
Wheel Of Fortune/Kay Starr
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Oh Baby Mine/The Four Knights
Young At Heart/Frank Sinatra
Unchained Melody/Les Baxter
Lisbon Antiqua/Nelson Riddle
Memories Are Made Of This/Dean Martin

True Love/Bing Crosby & Grace Kelly

The Poor People Of Paris/Les Baxter

Fever/Peggy Lee

The Peter Gunn Theme/Ray Anthony

Only You (And You Alone)/Franck Pourcel

That Old Black Magic/Louis Prima & Keely Smith

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I Am Woman/Helen Reddy

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12

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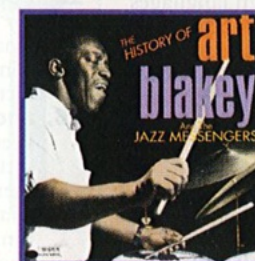


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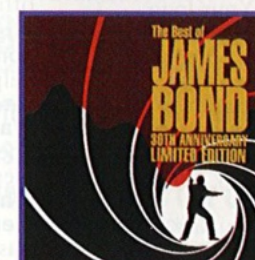


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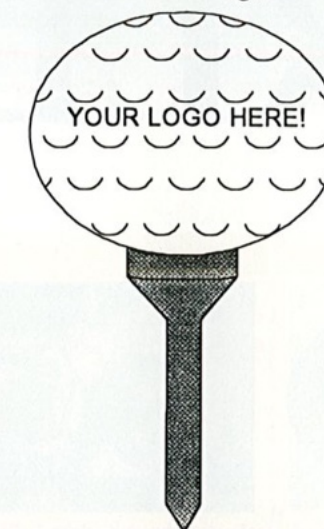
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• Westbound and Southbound
Hoffa
Scent Of A Woman (2)



A Few Good Men

Drama/Edited/118 minutes
Things don't turn out quite as expected when a young, inexperienced, second-generation Navy lawyer is appointed to defend two young Marines standing trial for the murder of a member of their platoon during an unsanctioned disciplinary action. Cast: Tom Cruise, Demi Moore, Jack Nicholson



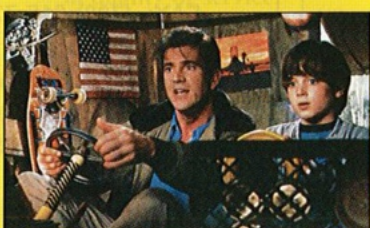
Sommersby

Drama/Edited/120 minutes
Returning home after the Civil War, a man comes armed with ideas for revitalizing the economy of his depressed hometown, and brings romance to his once bitter marriage. Cast: Richard Gere, Jodie Foster



Home Alone 2: Lost in New York

Comedy/Edited/120 minutes
Kevin McCallister hits the Big Apple, but he's not alone—the notorious Wet Bandits are in New York too, still smarting from their last encounter with the precocious boy, and plotting larceny on a grand scale. Cast: Macaulay Culkin, Joe Pesci, Daniel Stern



Forever Young

Drama/Edited/104 minutes
A brave young test pilot who is struggling to cope with a tragedy involving the woman he loves gets a second chance to ask the most important question of his life. Cast: Mel Gibson, Elijah Wood, Isabel Glasser



Lorenzo's Oil

Drama/Edited/135 minutes
The true story of a courageous couple who, facing impossible odds and racing against time, challenge the skepticism of the medical community in order to save the life of their ill son. Cast: Nick Nolte, Susan Sarandon, Peter Ustinov



A River Runs Through It

Drama/Edited/120 minutes
Two brothers and their minister father are bound by their love for fly fishing and the river that in many ways shapes their lives. Cast: Craig Sheffer, Brad Pitt, Tom Skerritt



Toys

Comedy/Edited/113 minutes
A whimsical toy maker must save his father's toy factory from the clutches of his demented uncle, a recently retired general. Cast: Robin Williams, Michael Gambon, Joan Cusack



The Mighty Ducks

Comedy/Edited/103 minutes
When an aggressive lawyer is arrested for drunk driving, he's given a community service assignment coaching a pee-wee hockey team. Cast: Emilio Estevez, Joss Ackland, Lane Smith



Hoffa

Drama/Edited/118 minutes
The turbulent career of Teamsters Boss Jimmy Hoffa is followed through four decades—from his passionate struggle for power to his final enigmatic fall. Cast: Jack Nicholson, Danny DeVito, Armand Assante

ホッファ

ドラマ
太平洋線西行き／南行き
恐慌時代のアメリカ。景気の悪い世の中で、死にもの狂いで働いても賃金は上がらない。そんな時、トラックドライバーの労働組合を結成し、歴史上最も強力な組織へと導いた男がいた。

荷法

戯劇片
西飛和南飛太平洋航班
故事描述了卡车司機老傑米・荷法跌宕起伏的四十年生涯——從他對權力的狂熱追求直至最終莫名其妙的墜落。



Leap of Faith

Comedy/Edited/110 minutes
Reverend Jonas Nightengale and his touring revivalist ministry rake in dollars promoting miracles and wonders in a road show. Cast: Steve Martin, Debra Winger, Lolita Davidovich

リープ・オブ・フェイス

コメディ
太平洋線東行き／北行き
人々の信仰深さを利用してぬけぬけと金儲けしてしまう、自称「福音伝道者」。彼の説教は人々の心を動かし、歌声は病氣や心の傷まで癒してしまう??インチキだらけのこの男、本性がバレるのはいつのことやら。



The Distinguished Gentleman

Comedy/Edited/112 minutes
After getting elected to Congress, a small-time con artist pulls the hustle of his life on his new colleagues. Cast: Eddie Murphy, Lane Smith, Sheryl Lee Ralph

Ein Ehrenwerter Gentleman

Komödie/Atlantikflüge in östlicher und nördlicher Richtung
Nach seiner Wahl in den amerikanischen Kongress dreht ein kleiner Gauner bei seinen Kollegen das grösste Ding seines Lebens.

Monsieur le Depute

Film comique/Vols de l'Atlantique vers l'Est et le Nord
Après son élection au Congrès américain, un arnaqueur de petite envergure prépare une formidable escroquerie dont ses nouveaux collègues vont pâtir.

エディー・マーフィー ホワイトハウス狂騒曲

コメディ
太平洋線東行き／北行き
お得意のベテンでうまく国会代議士の座を獲得してしまったインチキ芸術家「トーマス・ジョンソン」。図々しくもホワイトハウスで花咲かせようとするが...

鶴立鶏群的人

喜劇片
東飛和北飛太平洋航班
當一個無足輕重的冒牌藝術家當選為國會議員後，他把他一生的騙術全部運用了他的新同事身上。

忠誠的跳躍

戲劇片
東飛和北飛太平洋航班
一向受人尊重的喬納斯・南丁格爾和他的旅行傳道牧師組織了一次路邊展覽，其目的是為發展魔術和奇跡而捐款。



Scent of a Woman

Drama/Edited/120 minutes
A blind, retired military officer hires a struggling student to be his guide for a weekend of fine cuisine, beautiful women and chauffeured limousines in New York. Cast: Al Pacino, Chris O'Donnell

Der Duft der Frauen

Drama/Atlantikflüge in westlicher und südlicher Richtung
Ein blinder, pensionierter Militäroffizier stellt einen armen Student als sein Führer ein für ein Wochenende mit gutem Essen, schönen Frauen und Limousinen mit Chauffeur in New York.

Parfum de Femme

Film dramatique/Vols de l'Atlantique vers l'Ouest et le Sud
Un officier aveugle à la retraite embauche un étudiant fauché pour lui faire office de guide lors d'un week-end new-yorkais de cuisine raffinée, de belles femmes et de limousines avec chauffeurs.

セント・オブ・ウーマン

ドラマ
太平洋線西行き／南行き
アルバイトで盲目の元軍隊士官の目となりウィークエンドを過ごす一人の貧乏学生。気性の激しいこの元士官が、実は心の優しい一人の人間であることに気がつき、彼から様々なことを学ぶ。

女人眼裡的風景

戲劇片
西飛和南飛太平洋航班
一位退休的盲人軍官雇用了一個為生活而掙扎的窮學生，作為他週末暢遊紐約時下餐館、尋花問柳以及叫豪華交通車的顧問。

In-flight
Television

Northwest
Travel Report

Helpful tips on how to get the most out of your next trip.

ENTERTAINMENT
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A peek at upcoming films and box-office celebrities.

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Profiles of successful business leaders.

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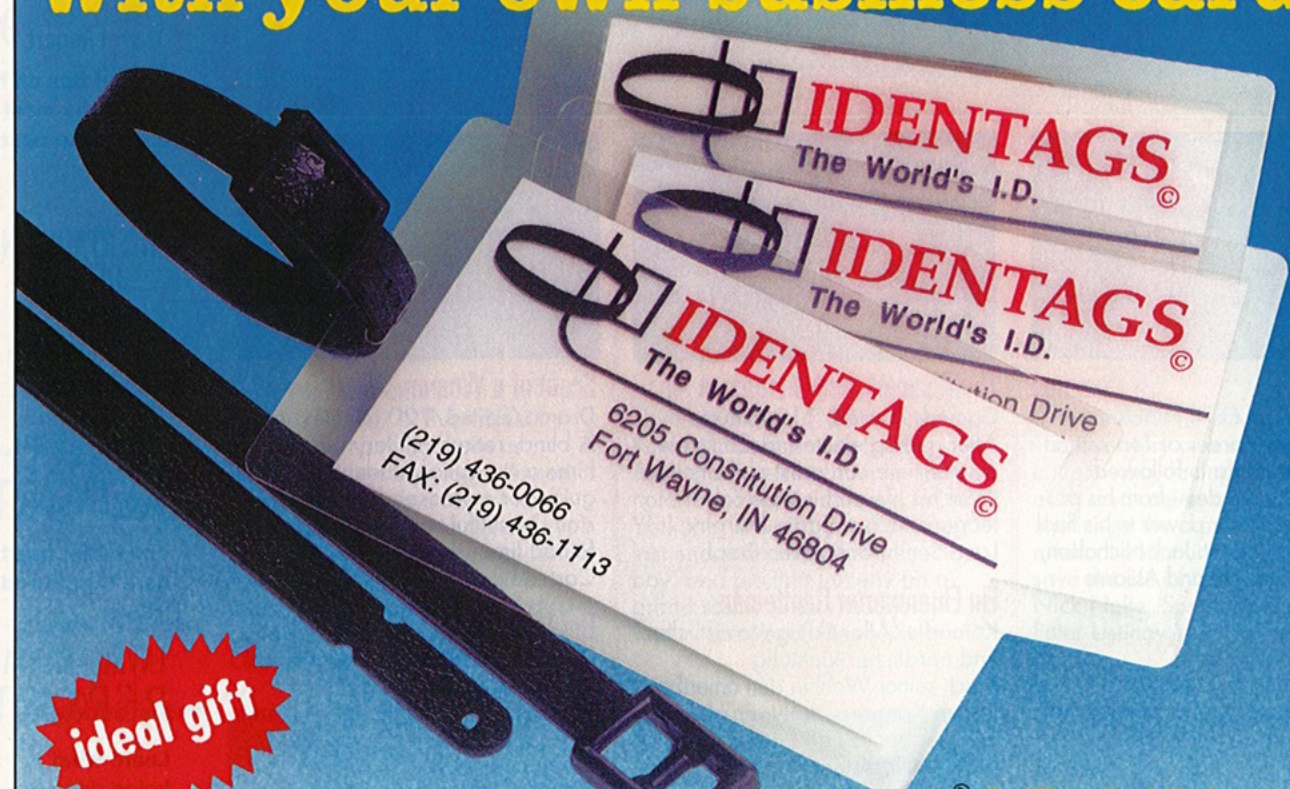
Living Room
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What's new on home video.

SCIENCE AND
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REPORT

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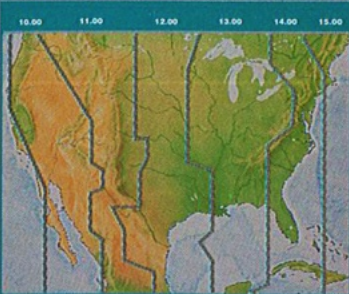
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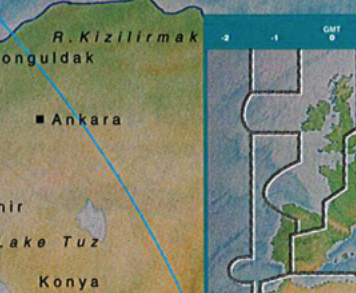
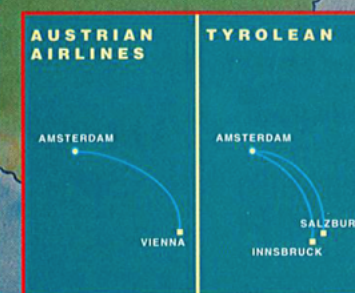


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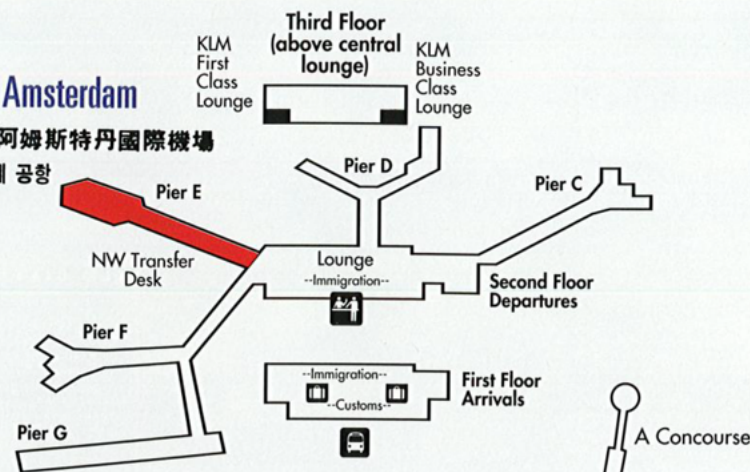
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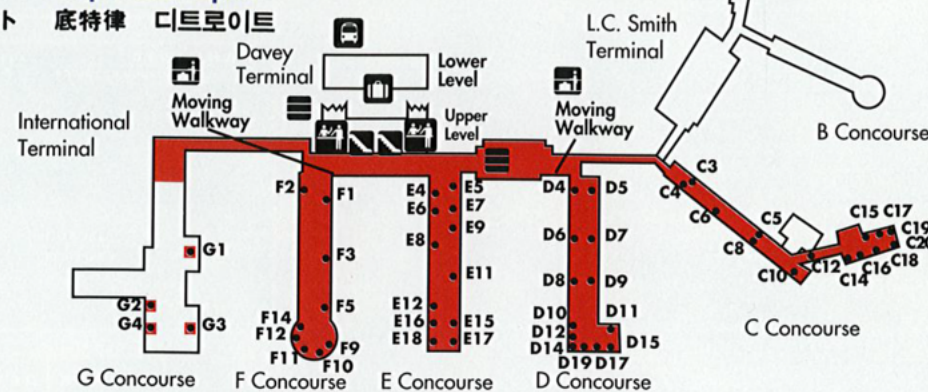
アムステルダム国際空港 阿姆斯特丹國際機場

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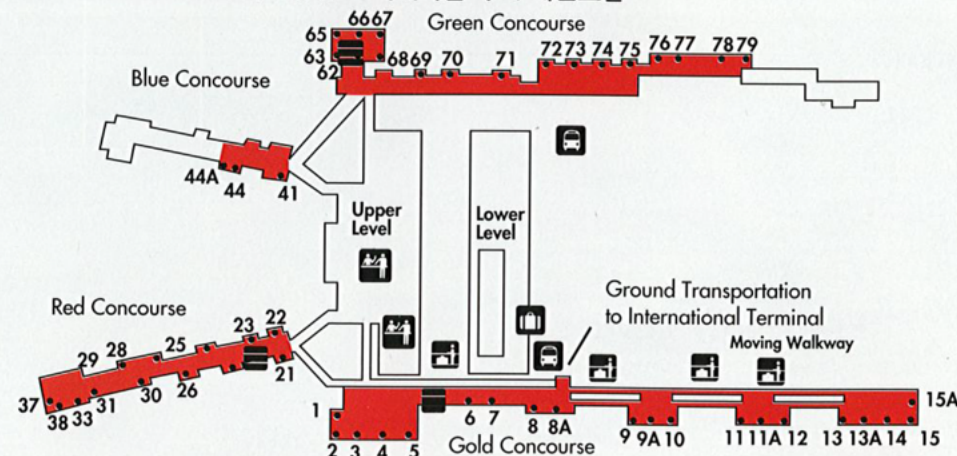
Detroit Metropolitan Airport

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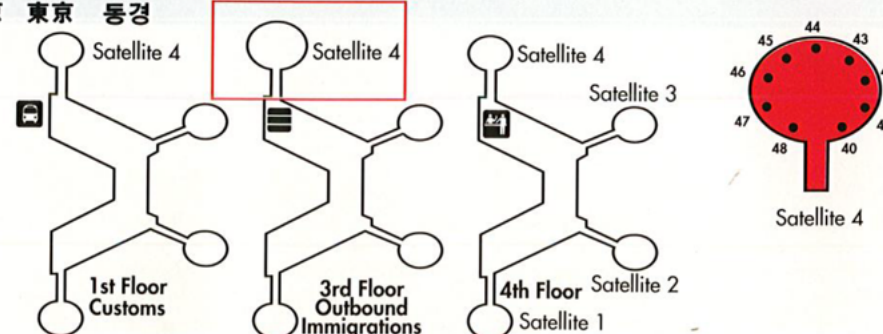
Minneapolis/Saint Paul International Airport

ミネアポリス/セントポール 明尼阿波利斯/聖保羅 미네아폴리스/세인트폴



Tokyo International Airport

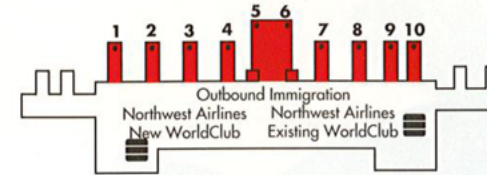
東京 東京 동경



Kimpo Airport, Seoul

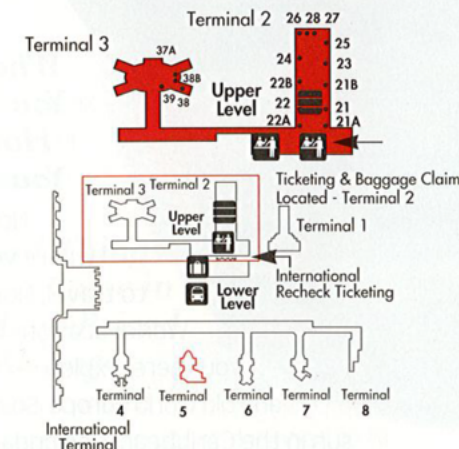
「金峰(ソウル)国際空港」金甫(漢城)國際機場

김포(서울) 국제 공항



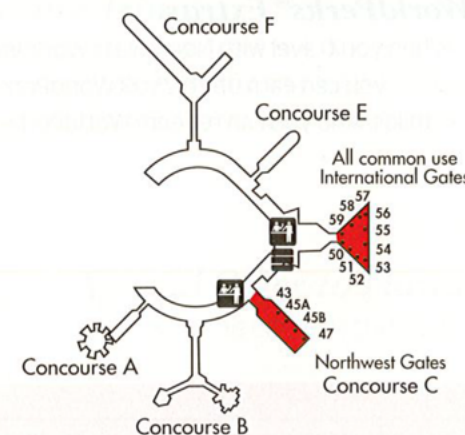
Los Angeles International Airport

ロサンゼルス 洛杉磯 로스앤젤레스



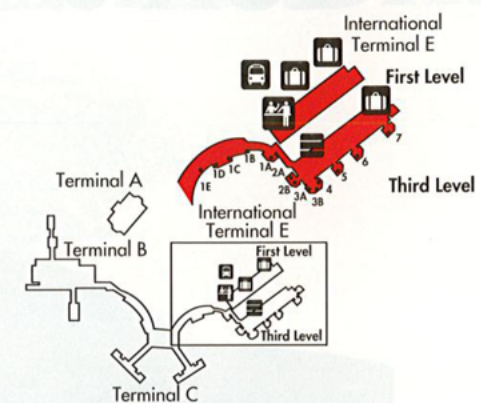
San Francisco International Airport

サンフランシスコ 舊金山國際機場 샌프란시스코



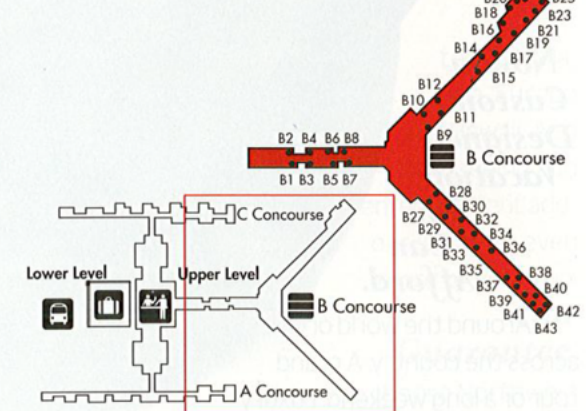
Logan International Airport, Boston

ボストン 波士頓 보스턴



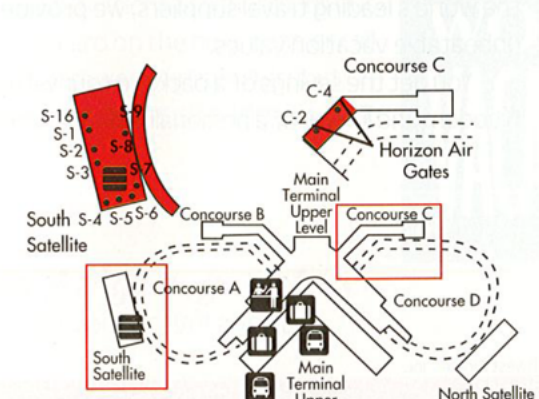
Memphis International Airport

メンフィス 曼菲斯 멤피스



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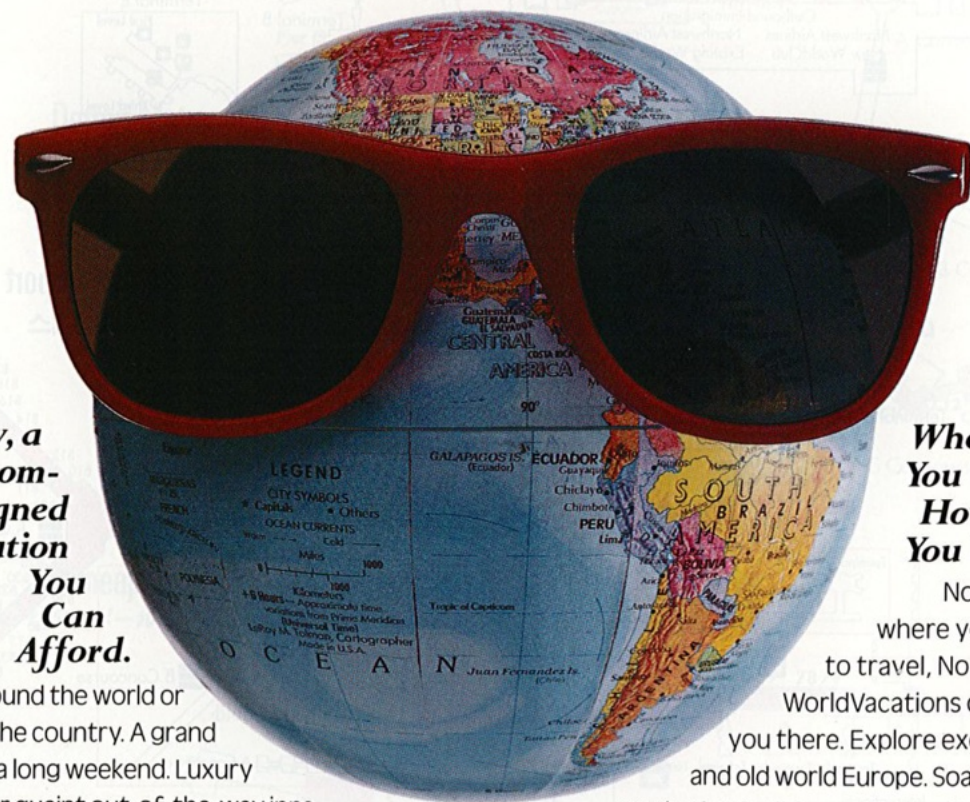
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